

## After Once Experiencing

—the comfortable, well-fed feeling, and easy poise of the nerves that generally follow a few weeks' regular use of

# Grape-Nuts

and Cream

One does not easily forget it.

The exceptional flavor and crispness of Grape-Nuts were never better than now.

**"There's a Reason"  
for Grape-Nuts**

Sold by Grocers everywhere

IT'S a clean shave  
and a quick one  
when you use

# COLGATE'S

## SHAVING LATHER

STICK - POWDER - CREAM

No "rubbing-in" with the fingers is necessary—and you have your choice of method—Stick, Powder or Cream. Always a plentiful, softening lather—always a comfortable shave with Colgate's

Send us 4 cents in postage for a generous trial size of any one.

COLGATE & CO. <sup>3209</sup>

Dept. P  
Drummond Bldg., Montreal

It's a long, long, way to  
anything better than

# Mackintosh's Toffee

Ask for Mackintosh's  
the Toffee of Quality.

THE SEASON'S SPECIALS—

**Allied Toffee**  
**Toffee de Luxe**  
**Tipperary Toffee**

Made in England by

JOHN MACKINTOSH Ltd., HALIFAX

Represented by

**W. T. OTT CO., Inc.**

32-34 Front St. West, Toronto

A Sample sent on Receipt of 7c.



*Taylor's*

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BIRD  
PERFUME**

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"THE PERFUME  
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MEDALS 38 AWARDS  
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