

of the Dispensary, the vacancy thus created has been filled by the election thereto of Dr. E. K. Paton, late House Surgeon of Sheffield (Eng.) Infirmary. These elections took place at the annual meeting of the corporation, which was held on the 7th May, when the Institution was announced to be in a prosperous condition. Nearly 6,000 patients were prescribed for during the past year.

Dr. Colin Sewell, lately of Montreal, and Dr. David Leslie Phillip, of Brantford, have been elected corresponding members of the Medico-Chirurgial Society of Montreal.

The following appointments have recently been made in the Medical Faculty of Bishop's College: Dr. J. Baker Edwards has withdrawn his resignation of the Professorship of Chemistry, and Dr. George B. Shaw has been appointed Lecturer on Chemistry. Dr. A. Latour has been named Assistant Demonstrator of Anatomy, and Dr. Wolfred Nelson Curator of the Museum.

Dr. Colin Sewell has sailed for England *en route* for Australia.

Dr. R. T. Godfery, a graduate of Bishop's College this season, is at present in London continuing the study of his profession.

Dr. Whiteford, of Belleville, McGill College, 1873, sailed on the 17th May for England, for the same purpose.

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### Reviews.

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*Florida and South Carolina, as Health Resorts,*  
—by WILLIAM W. MORLAND, M.D., of Boston.  
Boston JAMES CAMPBELL & Co., Publishers.

This small pamphlet although it contains some information, and some useful hints, is altogether too discursive. The question of "expatriation of invalids," as it is termed by the London *Lancet* is one of very great importance. There is no doubt but that very often, a careless, hasty opinion is given, which banishes the invalid from the comforts of home and the sympathy of friends, and which a little more care and thought on the part of the Physician would have prevented. It is not every case of pulmonary disease which is to be benefitted by change and each requires thoughtful consideration of the surroundings awaiting the patient in the proposed temporary place of his sojourn. Our author says "It is worse than useless for those who have not means to be well cared for to leave their homes—the invalid cannot rough it."

Florida is first spoken about, and it has several well known resorts, among them Jacksonville and St. Augustine. One of their great drawbacks has been the wretched character of the food obtainable and the equally bad manner in which it is cooked. He says "what class of invalids should go to Florida?" Consumptives undoubtedly—with a due discrimination of cases—not those whose days are numbered. Then many with Bronchial affections. More especially are the cases of comparatively dry, irritating cough, and uncomfortable throats, benefitted by the soft air along the St. John River. Many go to St. Augustine—but our experience compels us to say with far less advantage, sometimes with positive harm. The immediate proximity of the sea is the difficulty."

He says "However delightful it may be to feel the crisp, fresh breeze coming in from the sparkling, sunlit ocean, over which one gazes with such delight, from the shores down to whose margin the quaint old town has crept, and lazily dreams away its tropical existence—there is danger. We have observed marked aggravation of symptoms in bronchitic patients who had come from Jacksonville, or farther, to St. Augustine. A few days, only, sufficed to show the necessity for immediate return—a favorable result justifying the action. There are many other affections, however, which the more bracing air of St. Augustine would suit far better than the mild, relaxing climate of the interior of Florida. Persons suffering from that nervous or general debility previously alluded to—loss of tone and vigor—or from the so-called "breaking down" from overwork; and doubtless from a variety of other ailments—would do well by sojourning for a time in the oldest town of the States—sauntering among orange-groves, or through gardens fragrant with full-blown roses in March—floating out upon the bright waters, to the signal disturbance of the shoals of pelicans and other sea-fowl which so picturesquely fill the coves and inlets.

AIKEN, South Carolina, is alluded to, but as we have just received a separate pamphlet about this place, we pass it over for the present.

Nassau, New Providence comes in for a brief notice. The climate he considers to be delightful, and peculiarly suited to phthisical patients from November until the middle of February—just the period, when variableness of temperature in Florida renders it undesirable and even unsafe for invalids to go there. With this view, therefore, the proper course for patients would be to go first to Nassau, remaining during the period indicated; thence by steamer, running fortnightly, to Havana, where a day or two will