

venomous creatures. The distilled water is available for these purposes, yet more weakly, but the spirit is much more powerful than the herb itself. Mint in any form must not be taken in too great quantities, as it tends to make the blood thin and waterish, and turneth it into choler; therefore, choleric people must abstain from it. It is a speedy and very safe remedy for the bite of a mad dog, being bruised with salt and applied to the wound. The powder of it being dried and taken after meals helps digestion, and those that are spleenetic. Taken in currant jelly it helps women in sore travel in child bearing. It is good against gravel and stone in the kidneys and the stranguary. Being smelled unto, it is comfortable for the head and memory. The decoction gargled in the mouth cures sore mouth and gums, and stinking breath. Mixed with rue and coriander, in equal quantities, as a gargle, causes the palate of the mouth to return to its place, when down, Mint exhilarates the mind, and is therefore proper for the studious, used in moderation. If mint is placed in milk for a while no butter can be made from it afterwards. Wounded people should refrain from the use of mint.

PHRENOLOGY AND PHYSIOGNOMY

Interprets the character and dispositions of persons and by it their errors are pointed out, and the means of a reformation easily seen. The difference in character, opinion and looks are portrayed, showing that we can control our thoughts and feelings. By physiognomy we can easily trace the appearance of insanity and of idiocy, also the intelligence of which a man is possessed. For instance how quietly and yet quickly will one person judge of another, even on first seeing one another, especially between lovers. Though some laugh at the idea of the appearance of the face, eyes, and nose, furnishing any guide to an estimate of character, yet we reckon largely on those signs in every day business. A good deal may be learned by a beginner in phrenology and physiognomy by comparing the form and size of the whole head with the favorite occupations of the individual. It is known that certain parties are naturally endowed with particular faculties. Some are from