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NOVEMBER 3, 1890.

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HOUSEHOLD HINTS.

MASHED POTATOES WITH EGGS—Before removing mashed potatoes from the stove beat the white of an egg with a pinch of salt until very light. After the potatoes are taken up in the dish smooth them over, and spread the beaten egg on them, just as you would frosting on a cake, and hold a very hot inverted stove-lid over them for a few seconds, or until the egg turns just the least bit yellow.

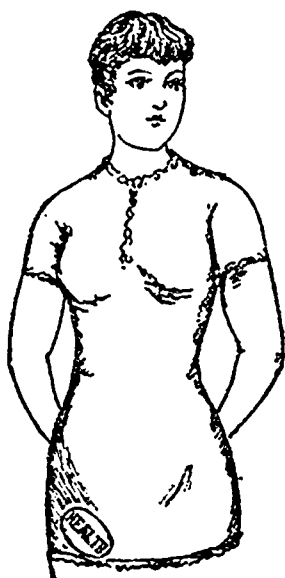
CLEANING DECANTERS.—To clean glass bottles and decanters, break up a few egg shells (that have not been cooked) into the article to be cleaned and put in a little cold water. If greasy, take warmish water with a little sal-soda. Shake well and rinse out with plenty of clear, cold water. Let them drain thoroughly. This is the method used in the south of France. To take out stains, put into them spent tea leaves and shake them up and down rinsing thoroughly.

WHITE MOUNTAIN ROLLS.—Four cups of flour, one cup of milk, one-quarter cup of butter, two tablespoonfuls of sugar, one-third cake of compressed yeast, half-teaspoonful of salt, white of one egg beaten stiff. Have the milk warm. Add the butter melted, warm but not hot, salt, sugar, yeast and the flour. Mix well, then the white of the egg, the last thoroughly mixed in with the hand. Let them rise over night. In the morning roll into shape, cut and fold over or make into any other form. Bake in a quick oven after they have stood one hour.

COCOANUT CAKE. Half a pound of grated cocoanut, three-quarters of a pound of crushed lump-sugar, six ounces of butter, the beaten whites of five eggs, two tablespoonfuls of rose-water or a flavouring of vanilla, a little grated nutmeg (this may be omitted when the flavour is not liked). Cream the butter and sugar, beat until very light, add the rose-water, then the cocoanut, beating it in as lightly as possible; finally, whip in the whites of the eggs lightly. Bake at once in a buttered dish; or, if preferred, in little shells. Sprinkle powdered sugar over the cake when cold.

GERMAN PUFF.—One pint of milk, four eggs, one quart of flour, three tablespoonfuls of butter; beat the yolks and whites separately; warm the milk, add to it the butter. When the milk is cool stir in the beaten yolks. Stir this slowly into the flour, which should be sifted and put in a pan or mixing bowl; add salt to taste; then stir lightly the whites, beaten stiff, into the mixture. Butter a bread-tin, fill half full, and bake in a quick oven. When it is done, turn it out and send to the table hot. This is to be eaten with some kind of sauce.

IMITATION LEMON CREAM.—This will be found useful when cream is not to be had. Put the thin peel of two lemons into half a pint of boiling water, and when it has stood a little dissolve half a pound of loaf sugar in it. When nearly cold add three eggs, the yolks and whites well beaten together, and the juice of the lemons. Strain this into a stew-pan and stir until well thickened. After taking from the fire stir occasionally until cold, then mix into it a quarter of an ounce of gelatine, soaked and dissolved in half a gill of water also nearly cold.



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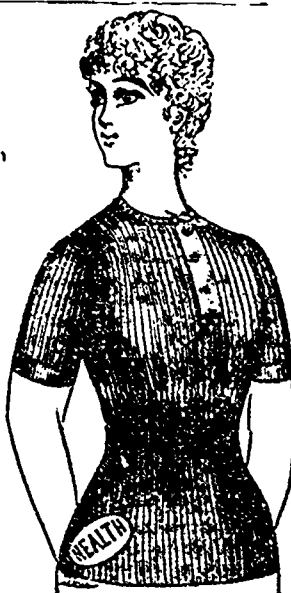
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