difficulties, in returning us in safety, and suffering none to hurt us. I remember in the night season how the other day I was in the midst of thousands of enemies, and nothing but death before me: It was then hard work to persuade myself, that ever I should be satisfied with bread again. But now we are fed with the finest of the wheat, and (as I may say) with honey out of the rock: Instead of the husks, we had fatted calf: The thoughts of these things in the particulars of them, and of the love and goodness of God towards us, make it true of me, what David said of himself, Psal. 6. 6. I water my couch with my tears. Oh the wonderful power of God that mine eyes have seen, affording matter enough for my thoughts to run in, that when others are sleeping mine eyes are weeping.

I have seen the extreme vanity of this world: One hour I have been in health, and wealth, wanting nothing, but the next hour in sickness, and wounds, and death, having nothing but sorrow and affliction. Before L knew what affliction meant, I was ready sometimes to wish for it. When I lived in prosperity, having the comforts of this world about me, my relations come, and my heart cheerful, and taking little care for any thing; and yet seeing many who preferred before myself under many trials and afflictions, in sickness, weakness, poverty, losses, crosses, and cares of the world, I should be sometimes jealous lest I should have my portion of this life; and that scripture would come to my

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