

Constipation is the root of many forms of sickness and of an endless amount of human misery.

Dr. Morse's Indian Root Pills,

thoroughly tested by over fifty years of use, have been proved a safe and certain cure for constipation and all kindred troubles. Try them.

25c. a box.

Government Inspection of Food

The Meat and Canned Foods Act as amended this year seems to be working well and this Province is now participating in the benefits which the Act provides to the export meat trade.

The Act provides that all animals for slaughter in any establishment for slaughtering or other purposes shall be inspected before they enter the part where the slaughtering is carried on.

Meat prepared for food packed in cans or receptacles is subject to inspection during the whole course of packing and after all the requirements are met the packages are marked by the inspector.

Shiloh's Cure quickly stops coughs, cures colds, heals the throat, relieves the chest.

Washington Judge Pays Tribute to British Columbia Product. Vancouver, B. C., Nov. 2.—The premier prize of \$1,000 at the first Canadian national apple show was awarded to Kelowna, B. C.

Pain in Heart

"For two years I had pain in my heart, back and left side. Could not draw a deep breath or lie on left side, and any little exertion would cause palpitation. Under advice I took Dr. Miles' Heart Remedy and Nerveine. I took about thirteen bottles, am in better health than I ever was, and have gained 14 pounds."

MRS. LILLIE THOMAS, Upper Sandusky, Ohio.

For many years Dr. Miles' Heart Remedy has been very successful in the treatment of heart troubles, because of its tonic effect upon the heart nerves and muscles.

Price 50c at your druggist. He should supply you if he does not send price to us, we forward prepaid.

DR. MILES MEDICAL CO., Toronto.

Joker's Corner

MAKING A MISTAKE IN 'CHARMING WOMAN.'

The Cleveland man's old college chum out in Chicago had written that his wife and little boy were going through there on their way east to visit her mother.

Naturally, the Cleveland man wrote back that he would be delighted. He had never met his chum's wife, as the marriage had taken place since the two men separated, but the description in her husband's letter seemed sufficient to identify her and her offspring.

"The youngster's a chubby little cuss with sandy hair about like mine," the letter said, "and as for my wife, well, all you have to do is just pick out the nicest little woman of twenty-five or so that gets off the train, and if she has with her the sandy-haired youngster he's mentioned, and is rather slender with dark hair, it's a safe bet she's the one."

So the Cleveland man went down to the station and waited for the Chicago train to pull in. Among the first passengers to alight was a charming wholesome-looking little woman of perhaps twenty-five years, slender, well-groomed, and good to look upon. She carried a small attache case in one hand, and with the other clutched a small sandy-haired boy.

"This certainly is an easy one," thought the Cleveland man, who was to meet the woman and child. "No chance to go wrong here."

As the woman and youngster squeezed through the exit gate, he took out his hat and walked over to meet them. He knew his old friend wouldn't have married a girl without a sense of humor, so he began jauntily: "Well, my orders were to meet the most charming looking woman that got off the train, so—"

He was cut short by the girl's indignant look the woman gave him. "Why, my dear girl," he resumed, smiling, "can't you guess who I am? I'm—"

"You're a low wretch trying to take advantage of a woman traveling without escort," she put in. "But, madam, Frank wrote me that—"

"I don't know any Frank. I oblige with my hand were here, though, to give you the thrashing you deserve. If you speak another word to me I shall call a policeman."

The Cleveland man saw several people looking at him and thought the woman might make a scene if he tried to explain. So he lifted his hat once more and turned away in considerable confusion. On his way out he heard several people talking under their breath, using such phrases as "fresh masher," and the like.

When he got home he found waiting for him a telegram from his Chicago friend, saying that his wife had found it necessary to go straight through to the east without stopping at Cleveland, after all.

HOW HE GOT HIS WAY

"Charlie, dear," said the young berth, "I have decided on a name for the baby. I shall call her Imogen."

Charlie seemed to be lost in thought for a moment. He didn't like the name, but if he opposed it his wife was sure to have her way.

"That's nice," he said, presently. "My first sweetheart's name was Imogen. She'll take it as a compliment."

"Huh! Well, we'll call her Mary, after my mother," came the quick reply.

BUSINESS CAUTION

Marshall Field III., according to a story now going the rounds, bids fair to become a very cautious business man when he grows up. Approaching an old lady in a Lakewood hotel, he said: "Can you crack nuts?"

"No, dear," the old lady replied. "I lost all my teeth ages ago."

"Then," requested Marshall Field, extending two hands full of pecans, "please hold these while I go and get some more."

THE DIFFERENCE.

Flek—"I have a beautiful edition of Mendelssohn's 'Song Without Words' for two dollars."

Mrs. Newrich—"Indeed! How much is it with the words?"

HER NEED.

Lady—"No, I don't want no lace nor no brushes."

Pedler—"Here you are, madam. Grammar for Beginners, only six pence."—"Tut. Tut."

How About Your Manners

There are people in this world who seem to think that manners are nothing more or less than artificialities that have been foisted upon us by capricious critics posing as self-appointed social censors.

A more erroneous theory than this it would be difficult to imagine. We do judge one another by our manners—the outward and visible signs of refinement—no matter what our position in life may be.

A man who has attained a commanding place in the social world may be financially strong enough to play the part of a boor, but the man who has his way to make cannot afford to emulate him.

To carry a lighted cigar or cigarette into another man's office, tempting the gods to strike, and strike hard. Many men who smoke outside of office hours object to their place of business being soiled by the presence of a half-smoked cigar.

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Importance of Regular Attendance at School

In its general bearing on the success of the school the evil of irregular attendance is more serious than that of absolute non-attendance, says an exchange. It is true that a source of weakness to society, and may become a source of positive danger; but they do not stand as a hindrance in the path of those who attend the school regularly.

For those advancement teachers and parents are making every effort. But the child who comes irregularly to school not only suffers in his own person and character the consequence of his irregularity, but he indicates a serious wrong on the teacher, and the community at large, which is taxed to maintain the school. His irregularity hinders the progress of every other member of his class, wastes the time of the teacher and pupils alike, and demoralizes the general tone of the school.

The following paragraphs are taken from a circular letter sent by the School Board of Halifax to every parent in that city. School trustees and teachers might do much to counteract this great evil of irregular attendance by sending a similar circular to every parent in their respective districts:

1. There is so much work to be done, and the time so short, that every good teacher plans to have her pupils make some advance every day. At home she prepares for next day's lessons, at least for those which seem to be the most important. Every new lesson is really learned, for new work naturally arouses interest, which is favorable to a deep and lasting impression.

2. In many subjects it is impossible to understand today's problems without a clear knowledge of yesterday's work. The pupils, therefore, who were absent yesterday must, to a great extent, fall in today's work. They will be continually laboring under a disadvantage, and soon fall behind. Leave a pupil with a tenth brick from a foundation, and you have a very insecure building. Leave out every fourth chapter from a good novel, and you may find the interest gone. The pupil who frequently loses a day from school is likely to lose much in reading, spelling, geography, and such subjects, but he will fall entirely in grammar, arithmetic, and geometry.

3. Occasional absence from school is apt to produce an indifference which soon grows into a dislike of school and school studies. Irregularity and tardiness are habits, moreover, which are serious hindrances to success in later life.

4. Irregularity is an injustice to teacher. She has today explained to her class clearly and in the most interesting manner possible the rule for the addition of fractions. To-morrow she has to go over a second time for Willie and Annie, and the day after a third time for John and Sarah, otherwise they would have no chance of keeping with the other classes, or perhaps she has gone to much trouble and expense in getting up an experiment, or in collecting specimens for a nature lesson, and feels that all her pupils should be present to get the benefit.

5. Irregularity is a serious wrong to the punctual pupils. They are kept back in their studies while the teacher's time is taken up helping those who have been absent. The general advance of the whole department is hindered. A few tardy stragglers are capable of throwing a marching regiment into disorder.

LAST OF GREAT EASTERN CREW

Omaha, Neb., Nov. 12.—John A. Lynch, said to be the last survivor of the Great Eastern, which laid the first Atlantic cable, died yesterday, aged eighty-two.

A Dangerous Job.

What is the most hazardous job in Canada? A rather interesting question. Mining has its dangers, railroad accidents are numerous every year, but neither of these occupations are attended with so much peril as lumbering, according to the view of a British Columbia newspaper.

The British Columbia man who has done the investigating says that more lumberjacks are killed every year in his province than men in any of the so-called "extra-hazardous trades." This fact is not generally known because obituaries of these victims appear but seldom in the newspapers. News from the logging camps buried in the bush does not get out regularly. When a big tree knocks a man out, there is no reporter on the scene; sometimes it is weeks before word of the accident is received.

Home DYEING

Save Money and Dress Well. Try it! Simple as Washing with DYOLA.



JUST THINK OF IT! Save Money and Dress Well. Try it! Simple as Washing with DYOLA.

One reason why women don't want to dye is because they haven't time to spare from the servant problem.

Every father knows he never was such a driving idiot in his youth as his son is, and the son hugs himself in the mild delusion that he never will be such a lack number as his dad is.

FIGHTING SAM IN COMMAND.

Col. Hughes, M.P., Has Developed Into a "Regia" Soldier. Col. Sam Hughes has of late years practically become a professional soldier, though nominally but a colonel of the 45th Provisional Battalion of militia.

Under appointment from the Minister of Militia, he has been attached to the staff of Major-General Sir John French during his recent visit to Canada, and at the Quebec Tercentenary two years ago he was similarly attached to the Canadian general staff which was associated with the present King, Lord Roberts and Sir Reginald Pole Carew in the great military review. His military fame has arisen chiefly since the South African war of ten years ago, when, despite a seasonal controversy with Major-General Hutton which defied all British military conventions, he did very useful work for Lord Kitchener in the latter's cleaning up operations which were some degree performed by irregular forces.

A native of Durham county, he has been a military officer since 1874, and has been a lieutenant-colonel of the 45th Provisional Battalion. Of this regiment he became lieutenant-colonel in 1897. He has been many other things. Like his brother, James L. Hughes, he started out as a pedagogue, and many are aware that for ten years from 1877 to 1887 he was teacher of English Literature at Jarvis Street College Institute, then the only High School in the city of Toronto. Many a Toronto boy in his last thirties or early forties recalls with pleasure and amusement the lively mode that Sam, as they all called him, conveyed instruction in the beauties of our British speech. In 1887 he branched into journalism as editor of The Lindsay Warbler, but he has made this calling subordinate to a political career, and some years ago abandoned newspaper work altogether. In Victoria many a scheme has been framed up to defeat Sam Hughes, but the counting of the ballots has always left him at the top of the heap. Besides being a soldier, journalist, and politician, he has a great athletic career as a staminate. He was the national game of lacrosse often eight for the good old days when the Hughes brothers, Sam and Sam, and big Ross Mackenzie used to show them a game that had some "inroads" to it in 1870. Col. Hughes won the one-mile amateur championship of America with the sculls, but he never followed up his career as a scullman. Altogether, "Fighting Sam" is a man after Roosevelt's own heart.

The Power of Conscience.

The power of a guilty conscience was illustrated in a Toronto store the other day. A customer entered, somewhat the worse of liquor, and asked the cashier for the loan of a dollar. Being an optimist, the clerk complied with the request. Some days passed, and at the borrower's desk did not put in an appearance, the clerk began to feel that his money was gone, never to return.

One day a strangely familiar face appeared before him. He hesitated, hesitated, then drew forth the required amount, and his departure. The next day another man entered the store with a very depressed air and halting speech.

"Here is that dollar I borrowed from you the other day when I was a little the worse of wine," he said, with an insinuating smile. The clerk put his hand to his forehead. "So you are the man?" he muttered at length, scanning the visitor's features.

"Yes," admitted the guilty one, unconscious of the plight of the clerk. "After I departed, the clerk had some qualms about the unfortunate who had been accused of being intoxicated and had been obliged to pay a dollar for his admission. He was ultimately found and the dollar was returned to him, but he failed to explain what he had been doing on the memorable day when he paid it over."

South Africa's First Peer.

The first peer to be created since the declaration of the federation of South Africa is Sir John Henry de Villiers, who now becomes Baron de Villiers. He is a Chief Justice of Cape Colony, had the historic task of administering the oath of office of Viscount Gladstone, the first Governor-General of South Africa. Previously he held the post of Attorney-General of Cape Colony for thirty-seven years with satisfaction to Boer and Briton alike. He was largely due to his efforts, as well as to those of General Louis Botha, that South African federation was achieved. He is of Huguenot-Boer descent, and was born at the Cape in 1842. At the age of twenty-three he was called to the Bar, and he became Attorney-General of the colony in 1874. He held the post continuously until his recent elevation to the bench as Chief Justice of the new federation. In 1894 he took part in the first Intercolonial Conference, which was held in Toronto, as representative of Cape Colony. In 1908 he was present at the Quebec Tercentenary Celebration as representative of South Africa.



Electric Beans Are a Natural Remedy for Nerve, Stomach and Liver Disorders.

Once upon a time disease was thought to be due to direct influence of evil spirits and magic was invoked to cast it out. Science has taught us wisdom. The evil spirits still exist we call them "Disease Germs," and they must also be cast out. They lodged in the stomach or intestines biliousness with its aches and pains, or in the fact seventy-five per cent of the ills that affect the human race, is the result.

Electric Beans are the approved remedy for driving out disease germs. Their action is quick and thorough. All common ailments from Annapolis mucous membranes to healthy action and cleanse and invigorate the whole digestive tract. Be prepared for emergencies by always keeping a box in the home.

See our booklet of remarkable, true testimonials. Test this remedy at our risk, if it is not satisfactory we will cheerfully refund the money paid for it.

Electric Beans can be had at all stores and drug stores in Bridgetown or direct from us at 50 cents per box. THE ELECTRIC BEAN CHEMICAL COMPANY, LTD., Ottawa, Ont.

To Our Advertisers

If you want to stay in business stay in the advertising field. No matter how much business you are doing, keep up the energy that makes it.

You might as well cut off your leg because you are running well in a foot race as to cut off your advertising because your business is too good.

You might as well tell the insurance man that you are so healthy you will drop the policy for a few years as to stop advertising because the orders are piling up.

"Don't need to" is the eventual preliminary to "Can't do it."

The only man who doesn't need to advertise is the man who has retired from business.

The only policy holder who doesn't need to pay his premiums is dead.

WARM FOR WINTER

I-I-4 Flannelette Blankets

Ladies' Underwear, Vests, Drawers, and Combinations.

Ladies' Flannelette Skirts and Nightgowns.

Children's Vests and Drawers.

Infant's Bear Coats, Caps, Tuques and Booties.

La Tosca Twills, Velvet Robes Kimona Goods.

GEORGE S. DAVIES Union Bank Building

PHOTO SNAPS PORTRAITS ON POST CARDS, 60c. per dozen. Retouched \$1.00 a Four High Grade Photographs \$1.00 These are the best values ever offered.

P. R. SAUNDERS Jeweller - Optician - Photographer, Bridgetown

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J. J. RITCHIE, K.C. Keith building, Halifax. Mr. Ritchie will continue to attend the sittings of the Courts in the County. All communications from Annapolis clients addressed to him at Halifax will receive his personal attention.

O. S. MILLER BARRISTER, Real Estate Agent, etc SHAFER BUILDING, BRIDGETOWN, N. S. Prompt and satisfactory attention given to the collection of claims, and other professional business.

O. T. DANIELS BARRISTER, NOTARY PUBLIC, Etc. UNION BANK BUILDING, Head of Queen St., Bridgetown. Money to loan on first class Real Estate.

Leslie R. Fair ARCHITECT Aylesford N. S.

Dr. F. S. Anderson Graduate of the University Maryland PAINLESS EXTRACTION By Gas and Local Anesthesia Crown and Bridge Work a speciality. Office: Queen Street, Bridgetown. Hours: 9 to 8.

DR. C. P. FREEMAN DENTIST Hours: 9 - 1 and 2 - 5 RUGGLES BLOCK - Queen Street BRIDGETOWN, N. S.

Undertaking We do undertaking in all its branches. Hearse sent to any part of the County. J. H. HICKS & SON Queen St., Bridgetown, Telephone 46 J. M. FULMILLER, Managers

NOTICE On and after Oct. 25th all kinds of repairs for Frost and Wood's Machinery made at Edward Craig's Blacksmith Shop, persons wishing to purchase any power or any kind of Machinery made by Frost and Wood can buy of Mr. Craig or the undersigned.

ISAAC C. WHITMAN Agent. Round Hill Oct. 25th 1910.

To Let The Hall over Monitor Office, formerly occupied by the Foresters. Audience room with two side rooms. Wired for electric lighting. Heated if desired. Suitable for business offices. Apply to M. K. PIPER.

ALL DAMAGE is covered by a good fire insurance company; the damage by fire, by water, by smoke and by firemen in their efforts to extinguish the flames. The man who IS COVERED by insurance has little fear of fire.

If you have forgotten your insurance, permit us to remind you of it. As a sensible man you will thank us for the suggestion and instruct us at once to WRITE YOU A POLICY

The Acadia Fire INSURANCE COMPANY, W. D. Lockett, Agent.