

ANOTHER STARTLING OTTAWA CASE, A LETTER FROM MR. S. A. CASSIDY

Following the Report of G. H. Kent's Cure of Bright's Disease By Dodd's Kidney Pills, an Ottawa Paper Calls Attention to Another Remarkable Cure.

(From the Ottawa Citizen.)

A representative of the Citizen recently learned of a remarkable cure of a well-known resident of Ottawa, who has suffered for years with a terrible affliction. The well-known affliction was stone in the kidney. The Citizen representative called on Mr. Cassidy to verify the reports of his recovery and found them to be true. He is the proprietor of the Blou Hotel, Metcalfe street.

He is known by almost everybody and is liked as generally as he is known. His hostility is between the main entrance to the Parliament buildings and the principal thoroughfare of the city, and is not to be wondered at that he has more than a nodding acquaintance with the gentlemen who hold the destiny of this country in their hands.

When old residents of Ottawa are in a remissive mood and talk of the good old sporting days, they always associate the name of Sam Cassidy, who took an active part in sport 20 years ago. He was a fast runner and jumper of local renown and took an active part in all lines of sport. To-day he is forty years old, and tips the scales at 250 pounds.

The intimate friends of this robust man have known that for the past ten years he has been a sufferer from a disease that has afflicted mankind since he was first created. At the initial stage of the disease he was taken with violent cramps in the left side of his stomach, and the best skilled physicians could afford him very little relief. The attacks were of about two weeks' duration, and when he left his bed he was reduced in flesh and was almost a physical wreck. Some years ago an eminent physician diagnosed his disease as "Stone in the Kidney," but even after the diagnosis the physicians were unable to effect a permanent cure. To-day he is a well man. He has found a remedy that has banished the disease—a remedy that has cured where medical aid was ineffective.

Dodd's Kidney Pills and Mr. Cassidy feels so elated over his release from the excruciating suffering that he has given the following statement over his own signature to a well-known Ottawa newspaper man:

Ottawa, Aug. 8, 1901.

Dear Sir,—I want you to publish anything I have suffered for years from the kidney. My friends all know I have been a martyr to this disease for years. They know that I have consulted the best physicians in the city and trying every kind of remedy I could think of, I was unable to get better. Some time ago a friend of mine told me that Dodd's Kidney Pills would cure me. As a last resort I tried them and first year in a great many that I have not been confined to my bed more severe suffering than I have in the kidney, and I feel the greatest gratitude to Dodd's Kidney Pills, for they have cured me. Anyone who has suffered need suffer no more.

S. A. Cassidy
Ottawa, Canada.

BEAUTY TALKS FOR WOMEN:

A Professional Gives a Few Hints on Preserving Your Appearance.

WHAT CALVE SAYS.

A Little Advice by the Singer to Her Sisters.

There is no reason, in my opinion, why American girls should go abroad for the cultivation of the singing voice. If I were an American mother, I should have my daughter's voice trained in this country. I am a New York professor who showed in their singing the master's perfect method and absolute knowledge of our art.

Practice every day regularly and systematically if you wish to make progress. Remember that careless, slipshod so-called study is worse than no study.

Learn to breathe properly. Take your breath deliberately. The moment you begin to sing, the tones are inaudible and you will acquire the habit of audible gasping for breath, which is painful to your audience and destructive to your voice.

Never practice with high vocal or a tight stock about the throat. Many persons have remarked the tendency to sing to wear at all times gowns at so that the throat is free.

I should feel choked if I were to discuss the straining bodies worn by fashionable women. A singer must make fashion subservient to her art. Tight shoes, tight corsets, tight girdles, or even tight sleeves will impede circulation and ruin your vocal cords.

Stand erect when you practice or sing or your ears, with the weight of your body on the balls of your feet.

Remember that the strength required to produce the tone must come from below. Use the other muscles only to hold the tone.

Hold your chest high and your back straight. Put your hands behind your back and then fill your lungs. See that fine expansion of the chest and ribs. Now a deep breath, and now the tone—any note you choose. Not loud—soft, sweet and pure.

Practice on the vowel sound of "o" as in blue.

Remember you must never take breath in the middle of a word. You must learn to control your breathing so that you will always be supplied with sufficient breath to carry you to the termination of a musical or poetic phrase.

Practice your scales quietly, gently, never forcing the voice. Up and down, up and down as far as the tone goes only, without effort. Gradually you will find the compass increasing. Regular, systematic practice and you will in a few months, perhaps a few weeks even, discover that you have added a new note, a note higher or a note lower than ever before—or both.

Always at distinct pronunciation and enunciation. If your audience cannot understand the words you are singing you will never get its real sympathy.

Sing the words just as you would speak them—near the front of the mouth. And that reminds me that good teeth are indispensable to enunciation and the production of the voice; therefore, if you have any dental deficiencies they should be remedied at once.

It has been proved that the cavity of the mouth is always nearly perfect in great singers, and that upon its perfection the beauty of the vocal sounds greatly depends.

It is better to practice fifteen minutes several times a day, especially for a beginner, than an hour or even half an hour at a stretch.

Avoid the tremulousness of your diaphragm. Some young singers are not robust and the diaphragm is between the tremulous and the robust is mercurial and aggressive and

the trill, which is beautiful and belongs to our art.

Don't be deluded by the notion that anything can take the place of the scales and exercises. Success is hard work. There is no easy road to the laurels of the singer.

The girl who is to have a career must have something more than a good larynx to make a great singer. She must have the genius for work which is only given to those whom the gods have destined for great heights. And she must have a good ear and the artistic temperament.

Frequently a girl has a voice and no temperament. Again, she has the temperament and the voice is insufficient. But more can be accomplished by the girl with the temperament and less voice than by the young woman with tones of tremendous volume and sweetness who is devoid of temperament. Therefore, the girls with small voices must not be discouraged, for proper training will work wonders in increasing the voice.

Give me a girl with voice and temperament, and good health and capacity for real work—ah, then there are no heights she may not reach!

I have done quite enough preaching, I feel, and for the first lesson too? The Italian has a proverb: "Pazienza, pazienza! Roma non era fatta nel giorno" ("Patience, patience! Rome was not built in a day"). Remember, my little American singer has learned her art in a day, and every one of them has had to learn. I have suggested to you in this little lesson.

—Emma Calve.

ADVICE TO MOTHERS.

How to Keep the Baby Healthy and Happy—Avoid the So-called Soothing Medicines.

Every mother is naturally solicitous as to the health of her children, but not everyone treats their little troubles in the right way. The so-called soothing remedies are still used altogether too much, although physicians have preached against them for many years. The fact that they put children to sleep is no sign that they are helpful. On the contrary, soothing drugs are dangerous and distinctly harmful. At the slightest sign of ill health or disorders, give the little ones Baby's Own Tablets. This medicine is purely vegetable, and is guaranteed to contain no opiate or poisonous soothing stuff. For indigestion, sour stomach, colic, constipation, simple fevers, diarrhoea, the irritation accompanying the cutting of teeth, there can be no better, no safer remedy than this.

Baby's Own Tablets are a sweet, pleasant little tablet, which may be given to the youngest infant, and which may be given to the oldest child. Mothers who have used these tablets cheerfully testify to their benefit. Their little ones have derived from them. Mrs. R. L. McFarlane, Bristol, Que., says: "In my estimation, Baby's Own Tablets have no equal as a medicine for little ones. In cases of children's ailments I would not be without them on any account, as they keep the baby healthy and happy." Druggists sell them, but if you cannot get them conveniently, send 25 cents direct to us, and we will forward a box by mail prepaid. The Dr. Williams' Medicine Co., Brockville, Ont.

Every mother should have one of these little books on the care of infants and young children. Sent free for the asking.

SOZODONT Tooth Powder 25c

ARE YOU PIGEON-TOED?

A Photographer's Little Talk on Female Defects.

"Those pictures," said the photographer, turning over a pile of portraits of women, were taken ten years ago. That was the goo-goo eye period, these, "pointing to some displayed in a frame, "were taken this year. This is the human form divine period. Then my customers made the most of their faces. Now they are more inclined to travel on their shapes.

It is simply a change of fashion which they settle for themselves. The beauty arena has been enlarged. It is now extended so that it takes in pretty much the whole figure. But I will venture to make this prediction, that in a few years, when full-length portraits are being made, there will be some of women standing up will be popular. There will be a change in the style of skirts.

"It may be different with photographers who have studios and can therefore charge high prices. They have some advice about posing. I have only a gallery, and at gallery prices customers do their own posing. They pick out what they think are their most effective points, and then come here and show them off while I photograph them.

A few years ago, as you see, their ideas were run by their faces. Now their ideas run by their feet. The body has to be slightly in order to bring out pretty curves and graceful outlines. In favor of the new fashion it may be said that it sometimes gets into the picture more character and better effects than when merely the face and part of the bust were shown.

"If you will look at these pictures you will see that while many customers insist on displaying their forms, almost without exception they draw the line at or just below the knee. In this picture of the girl sitting on the arm of a chair, one foot is seen dangling from the air, but in a majority of instances the feet are in eclipse. I think the prevalent fashion of the short rainy day waiving skirts reveals the reason.

"If as you walk along the street you observe the feet of the women which may be seen under the short skirts you will be amazed by the statistics of women who are pigeon-toed. From my own observations I am inclined to believe that two out of three women have their feet turned in, or at any rate set at an angle widely different from that prescribed by the rules of beauty. The feet and ankles are well-shaped, the ankles round and pretty, but the woman in most cases has a flat foot, or a foot of some other one foot, or more, or more, or both, will be seen to be set on at an impossible angle.

"Inasmuch as I have noticed the prevalence of this defect only since short skirts have been generally worn, I cannot guess whether it has always existed, or whether it is a result of modern conditions; but it is mighty certain that women's photographs showing the feet won't be popular so long as so many of the sex are pigeon-toed."

C. C. RICHARDS & Co.

Dear Sirs,—A few days ago I was taken with a severe pain and contraction of the cords of my leg, and had to be taken home in a rig. I was unable to get up, and was a friend told me of your MINARD'S LINIMENT, and one hour from the first application, I was able to walk, and the pain entirely disappeared. You can use my name as freely as you like, as I consider it the best remedy I have ever used.

CHRISTOPHER GERRY, Ingersoll, Ont.

The Judge Was Compassionate.

A certain judge who once presided over a criminal court was famous as one of the most compassionate men who ever sat upon the bench. His softness of heart, however, did not prevent him from doing his duty as a judge. A man who had been convicted of stealing a small amount of money was brought into court for sentence. He looked very sad and hopeless, and the court very much moved by his contrite appearance, gave him a very lenient sentence. "Never! Never!" the judge asked, "impudent!" Instead of the prisoner, bursting into tears, "Don't cry, don't cry," said the judge, condescendingly, "you're going to be now!"

Minard's Liniment Cures Garglet in Cows.

AUSTRALIAN SLANG.

The Vernacular as Spoken on the Other Side of the World.

The Australians have more slang phrases than the Americans, says the Baltimore Sun. Their most common exclamation is "My word!" It takes the place of "Alas!" in French, "Ach Gott!" in German and "Oh Lord!" in United States. Among other slang phrases are the words "screw," for "silly," or "incomplete," and "putting on side" for "putting on airs." If a man is assaulted by highwaymen and robbed, he is "stuck up," and if he has no money whatever, it is common to say he has "not a bean." "Good iron" is an expression of incredulity at a preposterous story. People ask you to "hang up your horse" instead of "hit him or take him in." If a person fails "he is gone bung" and if he is well off, "he is pretty well on." We use the expression "on the job" or "on the go." The Australian says he is "on the wallaby." When a man acts foolishly, we sometimes say "he is off his base," with the Australian girl does not print; she "bawls waiting" and she keeps her delaying in "titivating." An Australian dubs a "toll," a tramp is a "swagman" or a "sundowner." Lug-gage is always called "swag," and the common word for food is "tucker."

Minard's Liniment Cures Distemper.

A QUEER ORCHID.

One of the rarest and most wonderful orchids known is a native of the isthmus of Panama. The early Spanish settlers there named it Flor del Espiritu Santo (Flower of the Holy Spirit), and those who have seen it readily understand why. It grows in marshy places from a decayed log, or sometimes from the crevice in a rock. The leaf stalk reaches several feet in height, and the flower stalk, which grows from the bulb, bears twelve or fifteen buds.

The flower is pure white, and is shaped something like our jack-in-the-pulpit. Inside the flower, right in the heart of it, is a perfect image of a dove, with drooping wings, snowy breast, gold tinted head and crimson beak in a perfect imitation of a dove. No effort of the imagination is necessary to see the resemblance. It is a perfect image, exquisitely beautiful in tint, and giving off an odor that no perfume could imitate.

The Spaniards named it "The Flower of the Holy Ghost," and regarded it with superstitious awe, but the English, more superstitious still, worshipped it like an idol, and would not let the ground on which it grew to be touched.

Minard's Liniment Cures Colds, etc.

Millionaires of the World.

At least one-half of the millionaires of the world are Americans. In a list of noted rich men who are reported to be worth \$25,000,000 or more there are included forty-four Americans, twenty citizens of Great Britain, nine Australians, four Germans, four Frenchmen, three Russians, three South Africans, three Spanish-Americans, one Italian, one Spaniard, one Belgian and one Chinaman.

There is more Catarrh in this section of the country than all other diseases put together. For a great many years Catarrh has been a local disease, and prescribed local treatment, pronounced it incurable. Science has proven Catarrh to be a constitutional disease and therefore requires constitutional treatment. Hall's Catarrh Cure, manufactured by F. J. Cheney & Co., Toledo, Ohio, is the only constitutional cure on the market. It is sold directly to you for ten cents a bottle of dollars for a family or to cure. Send for circulars and testimonials.

Address F. J. CHENEY & CO., Toledo, O. Sold by druggists, 75c.

Hall's Family Pills are the best.

Malaria From Plant Lice.

If malaria is conveyed by mosquitoes it is probable that other insects may play a like part. A French physician records that a certain family had a member who for years was subject to frequent attacks of malaria, and that three children in the family were seized with the disease directly after some gleaners were brought into the house. The malaria germ was found in lice on the plants.

Minard's Liniment Cures Diphtheria.

GOOD RULES.

If There Was Any Hope of Enforcing Them.

The San Francisco Board of Health at a meeting the other day, adopted the suggested sanitary regulations of Dr. Baum, Chairman of the committee on health, and the matter in charge. The restrictions are very severe, and will apply to every barbershop in the city. Health inspectors will visit the shops regularly and report to their superiors any violation of the rules, which are as follows:

The place of business, together with all furniture, shall be kept at all times in a clean condition. Floors or workwood should not be swept or brushed dry, but must be swept up with an antiseptic solution, preferably with a solution of carbolic sublimate, 1 to 1000.

Cupboards must be kept with wide openings, without any beveled or rough edges, and should contain water, and when cleaned must be disinfected with any of the herein recommended antiseptic solutions. Mugs and shaving brushes shall be sterilized by immersion in boiling water or by dipping in five per cent. formalin solution, after every separate use thereof.

Combs must be kept clean and rubbed like brushes.

Razor straps must be kept clean and never wiped off with hand or blown upon with breath before using.

A separate clean towel shall be used for each person, and barbers shall not blow away with their breath any hairs after cutting. Every brush which must be sterilized, as the hair brushes are.

Barbers shall keep their finger nails short and clean. Alum or other material used to stop the flow of blood shall be so used in powder form and applied on a towel.

The use of powder puffs is prohibited. Instead use clean towels or absorbent cotton.

The use of sponges is prohibited. Every barber's shop shall be provided with running hot and cold water.

All wash basins must be connected with sewer and properly trapped. No person shall be allowed to use any barber's shop as a dormitory. Every barber's shop shall be cleaned thoroughly and immediately after serving each customer.

The use of finger bowls is prohibited.

Needles, tweezers, forceps and other instruments must be disinfected in boiling water or 3 or 5 per cent. carbolic solution immediately after using and thoroughly disinfected by passing quickly through a gas or alcohol flame. Scissors and clippers to be treated likewise.

Barbers are warned from attempting to treat skin diseases, barbers' itch, etc., and should advise their customers to consult a physician.

These rules shall be placed in a conspicuous place in the shops.

WANTED

We buy Butter, Eggs, Poultry and all kinds of Farm Produce. Write us when you have any to sell. Check sent as soon as we receive the goods.

Samuel L. Lewis & Co.
Commission Merchants
LONDON

"C.R.C."

RUBBERS

BEST FITTERS **BEST WEARERS**

THE CANADIAN RUBBER CO.

PALMISTRY

Every line in your hand has a regular position, with a name and meaning.

The Line of Fate, The Line of Life, The Line of Head, The Line of Heart

and many other equally important marks and signs.

They tell you many interesting and useful things. Properly read they are aids to success in every walk in life. If you wish to learn something about yourself, write for FREE BOOKLET, giving full information on this interesting subject. Address

NORTH AMERICAN SCHOOL OF PALMISTRY

P. O. Box 225. HAMILTON, CAN.

CURSE OF DRINK

IF ANY MEMBER OF YOUR FAMILY DRINKS, the curse of drink can be removed permanently by giving Sarsaparilla. Failure impossible. Free sample. Address SAMUEL KENNEDY CO., 13 Jordan Street, Toronto, Ont.

CURED SECRETLY

ISSUE NO. 46, 1901.

Help... Nature

Babies and children need proper food, rarely ever medicine. If they do not thrive on their food something is wrong. They need a little help to get their digestive machinery working properly.

SCOTT'S EMULSION
OF
COD LIVER OIL
WITH HYPOPHOSPHITES & LIME & SODA

will generally correct this difficulty.

If you will put from one-fourth to half a teaspoonful in baby's bottle three or four times a day you will soon see a marked improvement. For larger children, from half to a teaspoonful, according to age, dissolved in their milk, if you so desire, will very soon show its great nourishing power. If the mother's milk does not nourish the baby, she needs the emulsion. It will show an effect at once both upon mother and child.

all druggists. SCOTT & BOWNE, Toronto, Canada.

COLLECTING AGENCIES.

WE HAVE THE MOST PERFECT AND effective system for collecting debts in Canada, United States and Europe, without using offensive methods to your debtors; reasonable charges; call, write or phone Main 27, and one of our representatives will call on you. The International Mercantile Agency, James Building, corner Yonge and King streets, Toronto.

V.A. FARMS \$3 PER ACRE AND UP. Easy payment. Catalogue free. Geo. E. Crawford & Co., Richmond, Va.

FOR SALE—300 ACRES, NEAR HURON, Ont. Cultivated: 70 acres fruit, 100 acres corn, 100 acres wheat, 30 acres pasture. Will be sold in one parcel or in part on easy terms. Geo. F. Fisher, Huron, Ont.

Mrs. Winslow's Soothing Syrup should always be used for children teething. It soothes the child, softens the gums, cures wind colic, and is the best remedy for diarrhoea. A Twenty-five cent bottle.

FRUIT FARM FOR SALE—ONE OF THE finest in the Niagara Peninsula at Winoona, 10 miles from Hamilton on two railroads, 120 acres in all, 35 of which is in fruit, mostly peaches. Will be sold in one parcel or divided into lots of 15 to 20 acres to suit purchasers. This is a decided bargain. Address Jonathan Carpenter, P. O. box 400, Winoona, Ontario.

The camel can go two weeks without taking a drink, but it would make some men hump themselves to abstain for two days.