

HEAT FLASHES, DIZZY, NERVOUS

Mrs. Wynn Tells How Lydia E. Pinkham's Vegetable Compound Helped Her During Change of Life.

Richmond, Va.—"After taking seven bottles of Lydia E. Pinkham's Vegetable Compound I feel like a new woman. I always had a headache during the Change of Life and was also troubled with other bad feelings common at that time—dizziness, nervous feelings and heat flashes. Now I am better than I ever was and recommend your remedies to all my friends."—Mrs. LENA WYNN, 2812 E. O Street, Richmond, Va.

While Change of Life is a most critical period of a woman's existence, the annoying symptoms which accompany it may be controlled, and normal health restored by the timely use of Lydia E. Pinkham's Vegetable Compound.

Such warning symptoms as a sense of suffocation, hot flashes, headaches, backaches, dizziness, nervous feelings, timidity, sounds in the ears, palpitation of the heart, spots before the eyes, irregularities, constipation, variable appetite, weakness and inquietude, and dizziness.

For these abnormal conditions do not fail to take Lydia E. Pinkham's Vegetable Compound.

TO TURN OUT THOUSANDS OF VESSELS

NEW YORK, July 1—Rising from the barren sand lots of New Jersey here today is Uncle Sam's first wooden ship-building plant. From this place, where an army of laborers hammer, dig and build carefully, efficiently and speedily, will emerge the first of America's fleet of a thousand 3,000 ton wooden boats. Their job will be to carry food to Allied Europe despite the Kaiser's submarines. From lumber mills somewhere in the south a mountain of dressed and measured timber is rolling northward on flat cars to this spot. A great yard for its reception is being rushed to completion and will be ready when the supply arrives a few days hence.

As fast as government engineers and construction experts of various kinds and a battalion of laborers can do it, these 56 flat, gray faced acres are being transformed into a miniature city whose population's only task will be to turn out ships. Two thousand men will be employed.

A comprehensive system of flood lights is being installed, and the plant will run 24 hours a day.

The keels of the first two wooden ships will be laid early this month, if all goes well. These twin submarine breakers should slide off the ways ready for service by mid-November. Keels for two more vessels will be laid every two weeks after the first two until the unit of ten for this plant is in full course of construction.

Mr. F. C. Wade visited his home at Belleville recently.

THE CANADIAN OUTPOSTS ADVANCED ON FRONT OF MILE AND A HALF WITH LITTLE OPPOSITION

CANADIAN HEADQUARTERS IN FRANCE, July 2—On the sector of the front to the west and south of Mericourt during the past two nights our outposts have been advanced almost a thousand yards along a front of over a mile and a half, practically without opposition from the enemy. There has been on this part of the plain a wide stretch of "No Man's Land" between the trench systems of the opposing armies. Encounters between patrols occasionally have taken place out there, but the territory was not effectively occupied either by the enemy or ourselves.

To the west of Lens in the sector north of the River Souchez, where there had been almost continuous artillery duel since Thursday, varied by infantry thrusts, affairs have settled down a bit this afternoon. The cannonading has become less violent.

In a former despatch I spoke of the splendid valor of the British troops engaged in these operations. Later information indicates that in the fierce house-to-house fighting which has been the chief feature of the advances, they enhanced their already high reputation.

The Dominion Day sports were most successful. The weather was that of a cloudless July day. There were baseball and football championship games, tugs of war and foot races between teams representing the various divisions. A Pierrot show in the open drew a great audience. It was a flawless day, but for the absence of girls and ice cream.

BRITAIN CUTS IN HALF PROPOSED TOBACCO TAX

LONDON, July 2—Discussing the finance bill in the house of commons today, Andrew Bonar Law, chancellor of the exchequer, announced that from July 16 the increased tax on tobacco, instead of 22 pence, as proposed in the budget, would be only eleven pence.

GENERAL SWEETZER IS COMING AFTER CANADIAN RETURNED OFFICERS.

Boston, June 30—Acting Adjutant-Gen. E. LeRoy Sweetzer left today for a Canadian city, where he will try to arrange for a visit state of returned officers of the Canadian overseas contingent.

General Sweetzer desires to have such officers as instructors of officers and non-commissioned officers of the National Guard at a training school to be held at the Wakefield rifle range.

HUSBAND NUMBER 5

London, Ont., 30—Mrs. MacFarlin, arrested here yesterday with her husband, Sergeant MacFarlin, who recently enlisted in Windsor, admitted to Inspector Reynolds of the Immigration department, Ottawa, that MacFarlin was her fifth husband, the other four now living in the United States. The pair were remanded for a week. They are charged with violating the immigration regulations.

GERMANS THINK DEFEAT IS COMING

CANADIAN HEADQUARTERS IN FRANCE, Tuesday, July 3—via London (By Stewart Lyon, Special correspondent of the Canadian Press). Accumulating documentary evidence corroborated by statements of fighting men along this front who come into daily contact with the enemy, gives the impression that the German Army is now rapidly deteriorating.

Up till the beginning of the April offensive there was still general confidence among prisoners that Germany would win this year. This was the basis of that decent self-respect which forbids that a soldier lay down his arms so long as he has even a slim fighting chance. Now it is an unvarying testimony that recognition of coming defeat has taken much of the giger out of the rank and file of the enemy, and has even caused the arrogant Prussian officer to carry his haughty head less thoughtfully.

Prisoners taken during the past few days no longer care to conceal their satisfaction at being captured. None of them is greatly interested in terms of peace. They concede that Germany must in the end accept whatever conditions are imposed by the Allies. A German non-commissioned officer captured during the present operations, said that the cheerful bearing and high morale of the men of the 11th of the German troops of 1917.

This change in sentiment among the enemy soldiers has not been brought about by a lack of food or of war material. The rations of the Germans lack variety, it is true, but are undoubtedly sufficient to keep them in good physical condition.

The scarcity of artillery ammunition has been emphasized in enemy documents recently captured, but for important actions there seems to be as yet no lack. The decrease in the activity of the enemy artillery is chiefly of the sort known as "harassing fire," in which shells are directed on roads, trenches, villages and other positions where human targets are supposed to be gathered. In repelling attacks and in preparing the way for counter-attacks the German artillery is still formidable. Other weapons most used by the enemy are machine guns and bombs. Prisoners captured immediately after they had concluded a course of instruction said that bayonet exercises are no longer taught in the training of men for the enemy line. Recruits are instead trained in the use of the various sorts of bombs.

REDUCES THE NECESSITY OF SIGNAL CORPS

A one man portable wireless outfit, weighing but twelve pounds, recently invented by Guglielmo Marconi, and now being used with great success on the Italian front is America's for the asking, Marconi announced. The apparatus is capable of sending or receiving messages a distance of two or three miles. The invention reduces the necessity of signal corps in the dangerous front line trenches.

BRINGS RIVAL DOWN, HIS OWN MACHINE FIRE

AMSTERDAM, July 2—The Frankfurter Zeitung reporting the death of the German aviator Riessinger, who had previously accounted for four adversaries says that during his last flight he succeeded in setting fire to his British opponents machine, but the latter seeing he was unable to escape death rammed Riessinger's airplane and both airmen fell to earth.

JAPAN MAY SEND FLEET TO THE ATLANTIC

TOKIO, July 3—If necessary, Japan may send a fleet to the Atlantic, said Tomosaburo Kato, Minister of the Navy in the Diet today. The Minister was replying to the criticism of the Opposition that the dispatch of Japanese warships to the Mediterranean was not required by the terms of the Anglo-Japanese alliance, and was merely for the benefit of the Entente, and not for Japan.

M. Kato declared that the Government was justified in its decision to send a fleet to the Atlantic. The decision was justified in co-operating with the Allies to bring about the defeat of Germany.

Rev. F. H. Bone will preach at Sheffield Mills on Sunday afternoon, July 1st at 3 o'clock.

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Packed in original
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The accurate weight of LANTIC SUGAR in original packages is a great help in preserving as it enables the work to be done without weighing the sugar. For strawberry preserves in light syrup use 4 quarts of berries to a 2-lb. carton of LANTIC SUGAR. For richer preserves increase the proportion of sugar according to taste.

PRESERVING LABELS FREE—Send us a Red Ball Trade-mark cut from a bag or carton and we will send you a book of 54 ready gummed printed labels.

2 and 5-lb. Cartons—10, 20 and 100-lb. Sacks

Atlantic Sugar Refineries, Limited
Power Building, Montreal

WASHINGTON, July 2—President Wilson promulgated the regulations to govern exemption from service in the new national army of the United States. This marks another step in the preparation for the mobilization of the new army and will permit the local and appeal exemption boards to organize immediately for their important work.

CANNED SALMON ORDER IS REINCEDED

LONDON, July 2—Robert P. Skinner, the American consul-general was informed today that Great Britain had recinded the order prohibiting the importation of canned salmon from the United States and Canada. Fifty per cent of the amount imported in 1916 of this commodity will be permitted to come it.

GAUTHIER'S IDEA OF THE COMPULSORY BILL

ST. HYACINTHE, July 2—"The government's Military Service for Victory Bill when it comes up in committee in the house of commons on a third reading, will be fought to the limit," declared L. J. Gauthier, M.P., addressing a meeting of his electors here today. The bill, Mr. Gauthier declared, will never be enforced.

During his speech, Mr. Gauthier asserted that it was the wish of politicians of the conservative party to have rebellion in the province of Quebec, so that the English provinces would return the Borden government to power to hold this province in leash.

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