BIX

FIVE MINUTE SERMON nigh, indeed, to reward us, for that reward begins, in this world. It be-

THIRD SUNDAY OF ADVENT

GOD'S PRESENCE OUR SAFEGUARD

"The Lord is nigh. Be nothing solictour," (Phil, iv, 5, 6.)

to such an extent that they scarcely have a thought left for Almighty God.

This is a great mistake, and a far FREEDOM OF CREED IS greater evil than we imagine. Take it as a worldling, worry spoils the happiness and joy of this life, ruins our health, and is a cause of unhap-piness and discord in a family. And piness and discord in a family. And over-solicitude results in nothing. "The expectation of the solicitous shall perisb," says the wise man. (Prov. xi. 7.) But regarded from a religious point of view this anxiety is an inault to Almighty God. He is the Provider, the Ruler, the Disposer. e must be ready to take things as we must be ready to take things as He sends them. Is He not the Fath. er to see after and provide for His children? So this too great solici. Irish prelate stated that not only are hard broken to the state of ford's her to see after and provide for His children? tude betokens doubt and fear of God's goodnessand His providence. It is just the very opposite of that which St. hands of Protestants, but that they Peter bids us do; "Casting all your care upon Him, for He hath care of you." (1 Pet. v. 7.) are being used by the latter for clothing are bestowed, and work-

And this worldly solicitude is detrimental to, yea, subversive of all earn some money, are opened, for piety and devotion. At times we Protestants first and Greek Schishave all known what it is to try and matics next, while Catholics are say our prayers when overwhelmed with anxiety, doubts, and worries. The Evil One simply revels in the the Protestant prayers in the workmyriad distractions that beset the shops. prayers of the worried soul. There can be no recollection. no devotion. can be no recollection, no devotion. Preparation for Confession, seems to increase the trouble. We are dis-couraged, we put it off, and our fre-quent Communions fall away. We quent Communions fall away. We had thought that they would be such a consolation to us when we came to die ; but, alas ! how easy it is to abandon the good habit.

We must leave things to God. Too much worldly care will ruin us, for piety and devotion cannot co-exist with it in the same heart. If we must be solicitous, then let us be so licitous for our soul. "Keep thy-self and thy soul solicitously, care fully." (Deut. iv. 9.) Or, as the prophet tells us: "I will show thee, O man, what is good, and what the Lord require th of thee: Verily ... to walk solicitous with thy God" (Mich. vi. 8)-to walk mindful of God's Presence, mindful that He is regarding us, mindful that in all we do, we seek His honor, glory, and good pleasure. This solicitude is interview with Sir Sykes, as follows: not worried and fretful, but is calm and blessed with the peace of God, which keeps our hearts in Christ Jesus our Lord.

And we are encouraged and helped to this keeping our soul and walk-ing with God solicitously by the remembrance that "the Lord 18 mga, These words have a special signifi-cance at Christmas time—"the Lord number of the significance of the liberation Palestine by the British Arm under Gen. Sir Edmund Allenby. solicitous and worthy of Him when He come

The Lord is nigh, yes, to hearken to our supplications and the cry of our heart. How blessed to believe and remember that! "You shall call upon Me... and you shall pray to Me, and I will hear you. You shall seek Me, and you shall find shall seek Me, and you shall find Me." (Jer. xxix. 12, 13.) that appear under his halle, at the the East.

The Lord is nigh to succour us. "Wherefore it behoved Him in all served through the entire campaign with the 3rd Battalion of the Yorkbiethren, that He might become a merciful and faithful high priest be-fore God, that He might be a pro-titution for the sine of the neorle fore God, that He might be a pro-pitation for the sins of the people. For in that, wherein He Himself the British forces in the present War. hath suffered and been tempted He is able to succor them also that are

CONSTANT PAIN gins, indeed, as soon as we really and genuinely start to walk solicit-ously with God; for the peace of God then dwells in and guards our hearts. That peace of God is the token that the Lord is nigh. Oh, what a con There are many, otherwise very good people, my dear brethren, who spoil their lives by over-much solici-tude, anxiety, and worry. Not that they allow wordly cares and family matters to absorb all their interest to such an extent that the scareal The Tortures of Dyspepsia Corrected by "Fruit-a-tives" "For two years, I suffered tortures from Severe Dyspepsia. I had

FRUIT OF CONQUEST

SAYS NOTED ENGLISH CATHOLIC AUTHORITY

PROTESTANT FUNDS

ernment.

Protestant Americans.

formation volunteered

help me. But as soon as I started taking 'Fruit-a-lives', I began to The presence of the British Eccle improve and this medicine, made siastical Mission in Chicago centered of fruit juices, relieved me when considerable attention upon variou everything else failed." phases of the conquest of the Holy Land by the Allied Armies. Msgr. MRS. HUDSON MARSHBANK. 50c. a box, 6 for \$2.50, trial size 25c. Stapleton Barnes, of the Commiss At all dealers or sent postpaid by had brought to his attention while in Fruit-a-tives Limited, Ottawa. months ago by Cardinal Logue. The Irish prelate stated that not only are

The Turk gave way to the Egyptian and the Egyptian to the French. "Sometimes Palestine was taken by one race from another race; by one religion from another religion; by one imperial power from another imperial power. But now we have seen happen to Palestine what has never happened before. It has not been conquered, nor has it been inrooms where women and girls can vaded, as the term is generally under-stood. With the free consent of its whole population, a consent which I may say has been given without a single exception, it has been occu-

AFTER EATING

ST. MARTIN'S, N.B.

constant pains after eating; pains

I tried doctors, but they did not

in my mouth.

pied by the forces of civilization and iberty in the name of freedom and Megr. Barnes stated that the funds dispersed for this relief in Palestine humanity "And that is why I say that it is not the final achievement of the are administered independently, with

no connection with the British gov Crusades. Nor is the liberation of Palestine an imperialistic victory, Moreover, the moneys dispersed for such relief are collected in nor is it a national triumph America and contributed mainly by Though it has in it something of those things. Coincidental with the arrival in "It is not a victory of one creed

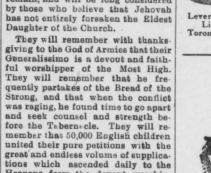
Chicago of the British Ecclesiastical Mission, was received a special over another creed, of one race over another race, nor of one government interview which was given in London to the correspondent of the New World by Col. Sir Mark Sykes, Bart., over another government. It is the fulfilment of the Crusades in so far as the essential purposes of the Cru-sades have been accomplished. That is that the Holy Places are safe and M. P., who directs the eastern affairs of the British Government. Sir Mark Sykes was, according to inreligious freedom is guaranteed. "The clearing out of the Turk from formation volunteered by Msgr. Barnes, requested to join the Eng-Palestine is a matter of great satis-faction to both Christians and Jews. lish delegation in its visit to this country, but pressing affairs of state This satisfaction is equally shared by prohibited this at the last moment. every Moslem, for each one of his holy places is preserved inviolate, and every wakf, that is, a plous be-quest made by devout Moslems for charitable purposes is non-security. Mr. H. C. Watts, London corresponinterview with on the should be added a state of the second state Moslem is now able to plead his cause in court before a judge who Sir. Mark Sykes was speaking about the significance of the liberation of understands his language. Armies "The Palestine Arab, whether he is

a Christian or a Moslem, now enjoys a freedom that was unknown to him Sir Mark Sykes speaks of the eastbefore ; his liberty is safeguarded in every way. It Saladin were alive today, he would have been found ern question from his own personal knowledge. He has travelled exten sively in the Turkish Provinces of riding at the right hand of Gen. Allenby, like those noble Emirs who recently entered Damascus, riding in company with the British forces.

"The most significant thing about the victory of Gen. Allenby is that it is at once the realization of the ideal of Judas Maccabaeus, of Khaled, the In the Boer War, Sir Mark Sykes Sword of God. and of Godfroi de Bouillon. The essential things these three great heroes strove for have been realized in this crowning vic-tory of Gen. Allenby. It brings to pass the realization of the ideals that Palestine should afford not only a national home for the Jewish



the night of their nativity. They were without foundation outside of sign of its pretection ishing quickly after use. the overwrought imagination of those who embodied them in speech. Nevertheless, now that the smoke of battle is cleared away, a few things remain, and will be long considered Limited, Ont. Lever Brothers 0 Toronto.





THE CATHOLIC RECORD

(Heb. ii. 17, 18.) Recall tempted." tempted." (Hep. II. 17, 16,) Recard those words; He is able to succor us when we are tempted, because He Himself has been tempted and has Mark was asked whether the present Himself has been tempted and has suffered. Let us bless the Lord and thank Him that He is nigh to succor

The Lord is nigh to console us. Our human nature, our shortcom-ings, are a source of distress to us We fail, as it were. many a time. so unaccountably that we lose heart and grow despondent. We need Turk has not been driven out because he is an unbeliever, but simply because he is the Turk. consolation and comfort to keep on the way, to keep up to our task, our duty. If we were alone, we should British armies," Sir Mark said, " duty. If we were alone, we show and give up the good endeavour. But remember we are the Lord is nigh to connot alone. The Lord is nigh to con-sole us; He is waiting to be asked. "My soul shall rejoice in the Lord, "My soul shall rejoice in the Lord, and shall be delighted in His salva-tion. . . . Lord, who is like to Thee 2" (Ps. xxiv. 9, 10.) "Give joy to the soul of the servant, for to Thee, O Lord, have I lifted up my soul. For Thou, O Lord, art sweet to The and the servant is marky to the soul of the servant is marky to the soul a servation of the servant is all the servant is all the servant is all the servant is all the servation of the servant is all the servant is a and mild, an i plenteous in mercy to all that call upon Thee. . . . "It has changed hands before, but and mild, an i plenteous in metry all that call upon Thee. . . . Thou art great, and dost wonderful things; Thou art God alone." (Ps. Ixxxv, 4.10) "It has changed hands before, but the conditions were entirely different. In the Babylonian times the land was invaded, the Jews driven into write and when the days of their

"The Lord is nigh unto all them that call upon Him. . . . He will do the will of them that fear Him; He will hear their prayer and save them." (Ps. cxliv. 18, 19.) "The Lord is night the save and when the days of their allowed to return. That process of changing hands meant that the main was driven out from its father."

He will be at their prayer and save them." (Ps. cxliv. 18, 19.) The Lord is nigh to hearken to us, to succour us, to console us—yea, and nigh to reward us. Before we well know that we have cast off worldly cares and anxieties, that we souls" and "walk solicitously with God," the end will be here. Life is very brief. If seems only one con-tinued good beginning. "Be yon patient and strengthen your heart, for the coming of the Lord is at hand." (Jas. v. 7, 9.) The Lord is

NO NEW CRUSADE

The Turk had just been cleared the Hebrew national ideal. "Another result of the clearing of the enemy from Palestine will be that the way is open for the spread of the Arabic civilization, which in occupation of the Holy Land by the British forces could, with any degree ancient times radiated science, art of accuracy, be said to be the final and literature from its capital achievement of the task the Cru-saders set out to accomplish. His Damascus from the Pillars of Hercules to the Wall of China. answer was emphatic, and negative. The war is not a Crusade, and the

"Christendom sees in the event victory for those elements which were represented by the orthodoxy of Heraklaeus, the enthusiasm of St. Bernard, and the devotion to the

"The liberation of Palestine by the Gospel of Wiclif and John Bunyan. The Englishman feels a national pride when he considers that the great event has been brought to pass by an Englishman, with the consent and approval and co-operation of every one of our Allies, on behalf of the whole of merkind means, briefly, is that the Holy Land has changed hands in circumstances entirely different to any that have the whole of mankind.

"The Irishman, too, has his share in the pride of this achievement, when he learns that the keystone in the arch of Turkish resistance was broken by the Infantry corps under the command of that gallant Catho lic Irishman, Maj. Gen. Bulfin, who might have been seen kneeling at the midnight Mass in the Church of

national home for the Jewish ople, but also a spiritual focus for Heavens from the devout worship pers before 10,000 French altars.

They will remember, and write it in their books, that representatives of Germany signed the armistice on the eleventh day of November-the Feast of their very dear and much cultivated St. Martin of Tours. They will not forget that this great patron was himselt a soldier, and as such, even though translated to the King-

dom of Peace, he is necessarily in-terested in the wars of his country. They will tell their children how the great St. Martin once made use of his sword in discharging the office of Christian charity and that before he himself had been admitted to the company of the elect.

Company of the elect. The children of France will learn that once upon a cold and gusty day, the young soldier met a beggar with-out the gates of Amiens, and drawing his sword he divided his military cloak and gave half of it to the shivering stranger. They will learn that when night had closed on the city the Lord appeared to the young pagan and pronounced his approval of the noble deed that he had per-

formed in favor of the unknown beggar: "Martin, while yet a catechumen, has clothed me with his cloak.'

The age of overt miracles has passed away; but the Lord, He is God, and He is Almighty, and He

It's rubbing soap on Blankets that shrinks and stiffens them How to wash blankets

-And using ordinary soap to wash them

That was the old way of washing, and it was ruinous for woollens.

Wool fibre consists of tiny overlapping scales like the scales of a fish. When you rub or twist woollens, when you use ordinary soaps containing alkali or other strong cleansing agents, these tiny scales shrink and interlock, and your woollens become stiff, matted and shrunken.

With Lux there's no rubbing. Only sousing in the rich, pure lather, and gently pressing the suds through the soiled parts. Lux comes in delicate flakes, which dis-solve instantly in hot water and whisk up into a wonder-ful lather. Lux is so pure, that it won't shrink even the delicate wool fibres.

Wash your blankets this year the Lux way! Have them

Now to wash Diankets Use two tablespoonfuls of Lux to a gallon of water. Dissolve in *boiling* or *cery hot* water, whisk into a thick lather, then put the blankets in, and stir with a smooth stick. Let them soaktill the water has cooled enough for the hands to bear with comfort. Then squeeze the suds through the blankets. Do not rub.

Diankets. Lo not rub. Rinse three times in clear water of the same temperature that you washed the blankets in. Dissolve a little Lux in the last rinsing water, bul do not beat into a lather. This leaves the blankets softer and fluffier. Do not tubil. Put through a loose wringer, or squeeze the water out. Dry is the

squeeze Dry

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