

If You Would Be Well You Must Keep Your Kidneys Well.

Help them to work freely. Help them to flush off all the body's waste and impurities.

Doan's Kidney Pills Are for this purpose only.

Have you suspected your kidneys as the cause of your trouble? If you have backache, swelling of the feet and ankles, frequent or suppressed urine, painful urination when urinating, specks floating before the eyes, great thirst, brick-dust deposit in the urine, or anything wrong with the urinary organs, then your kidneys are affected.

It is really not difficult to cure kidney trouble in its first stages. All you have to do is to give Doan's Kidney Pills a trial. They are the most effective medicine to be had for all kidney and urinary troubles.

Mrs. Mary Galley, Auburn, N.S., was cured by their use. She says: "For over four months I was troubled with a lame back, and was unable to turn in bed without help. I tried plasters and ointments of all kinds, but to no effect. At last I was induced by a friend to try Doan's Kidney Pills. After I had used two-thirds of a box my back was as strong and as well as ever."

Doan's Kidney Pills are 50 cents per box, or \$1.00 for three boxes, sent direct by mail on receipt of price.

THE DOAN KIDNEY PILLS CO., TORONTO, ONT.

CANADIAN PACIFIC

Canadian West Grain Drop

WHEAT—50,000,000 Bushels.
OATS—40,000,000 Bushels.
BARLEY—10,000,000 Bushels.
Total—110,000,000 Bushels.
Based on 5,333,654 Acres.
The Estimated Value of Wheat Alone is \$41,250,000,000.

Over 100,000,000 Acres Good Land yet for Settlement

And hundreds of miles of new Railways will be built there in 1906.
Above figures from Winnipeg Free Press.

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The most popular month of the year at Southern winter resorts; California, Mexico, or Florida, offer attractions difficult to find in any other part of the world. Delightful weather, health resorting climate, luxurious hotels.

Round trip tourist tickets to all Southern Resorts are on sale early. Those who cannot take advantage of the above resorts, should spend a few days or weeks at "Great Winter Resorts," St. Catharines, Niagara Falls, Mount Clemens, Mineral Bath, and Preston Springs.

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Some people talk too much to really say anything.

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ZADKIEL AND ASTRONOMY.

An Interview With the Prophet of the Almanac While He Was in a Brown Study.

From the depths of a big armchair the famous prophet gazed out upon the lowering sky. He was in a brown study.

"About the greater prophecies, doctor—the world-stirring events you have foretold."

Last year I predicted the outbreak of war between Russia and Japan. I say last year because I wrote the predictions last year, and they were in the hands of the public months before the event, but they are, of course, in this year's almanac. I gave as the probable date of the outbreak of the war Feb. 16. War actually started on Feb. 8. You will find that under the 'Voice of the Stars' for July this year and I warn the Russian police to vigilantly watch for plots against rulers. On July 28 M. de Plehve was assassinated. There were several smaller instances, including the trouble between England and Russia as to British shipping and its settlement.

"Luck, doctor?"

"Luck, sir! Science, sir, accurate science, sir! There, and sadness tinged his tone. 'I know people think I sit here and write down just what I please, throwing in a few sensations here and there, and veiling them in vague language.'"

"But, then, how do you do it, really, Zadkiel?"

"See, sir; this year I have predicted, on pages 76, 77, of the almanac for 1905 that peace will be concluded between Russia and Japan in the last quarter of next year. I also said that Russia will be tired of an unsuccessful war."

"The prophet's way of saying that Japan will win?"

"Such is the undoubted voice of the planets."

Something in my expression must have made Zadkiel fancy I was skeptical. With dignified indignation, he added, as he walked across to a deep drawer, and took out a large bundle of foolscap, sheets closely covered with circles, signs, figures, and mathematical calculations. "I am going to show you that astrology is a serious science."

I took out my note-book.

"Four times a year, sir—at the winter solstice, vernal equinox, summer solstice and autumnal equinox, I draw the 'figures' for all the principal capitals of the world. These 'figures' show the relative positions of the sun, moon, Saturn, Jupiter and Venus. Uranus and Neptune indicate rather more evil than good, but are undecided."

"But what makes you think these planets have any influence at all? They are mostly a long way off, aren't they?"

"Long recorded observations, sir, over 3,000 to 5,000 years prove the influence to be as I say."

"And how do they exert that influence, do you say?"

"We cannot tell the manner, but I believe it to be in some way electrical working on us by means of the atmosphere. The moon has sufficient influence on water to cause the tides; it is admitted. It is also known that Jupiter radiates fourteen times more of the chemical rays of the sun than the moon does. Why, then, should it be impossible that the planets can influence matters, much less dense than water, such as the atmosphere and the human mind?"

"But how do you draw your inferences from the 'figures'?"

Having, by accurate calculations, placed the constellations in their proper places on the chart I saw what 'Houses' the different influences are in."

Take the case of Russia and Japan."

"It is most simple. Obvious, in fact, at a glance. At the autumnal equinox—next year Jupiter is rising here (showing me the chart) is rising in St. Petersburg. He is in the 'first ascension,' which concerns the people. Well, Jupiter is the planet of peace. It is certain, therefore, that the Russian people towards the end of next September will be inclined towards peaceful notions."

"And how about Japan?"

"Conclusive proof of the accuracy of astrology. For we find here in the same date, that at Tokio Jupiter is in the 'Tenth House' approaching the upper meridian. That 'House' represents the monarch and Government. Consequently the Japanese rulers will be inclined towards peace at that time. But here, you will notice, is Saturn, the evil influence, in the 'descendant' at Tokio. Now the 'descendant' represents the enemies of Japan. Consequently Saturn is at work among Japan's enemies, and, strange to say, the ruling sign of Russia, that is Aquarius, happens to fall in the 'Seventh House' at the same time. Isn't it clear?"

"Perfectly clear," I murmured, "but where does the daily weather come in on these figures?"

"It doesn't; I have to make a separate calculation for each day to see what the weather will be."

"And what about fortune-tellers by astrology, Zadkiel?"

"Humbug, sir; fraud, fraud. They cannot tell fortunes. They only bring a genuine science into disrepute; ought to be stopped. Astrology can tell influences, and from those influences we draw deductions. I was once consulted by a man who was going to Africa. I said, 'Don't go; if you go you will die.' He didn't go, saved his life. Wonderful science, beautiful. Glad to have told you all about it. Convert you some day, perhaps."

And as I shook hands Dr. Zadkiel's bright eyes flashed beneath his white-curling hair, while he said: "Awful pity people don't believe; but they won't, will they?"—London Daily News.

Remove the Rocks.

Many farmers take this time to rake off the troublesome rocks that are on the grass lands and in the plowed fields. Save these rocks. They will come in handy around the buildings.

Men have been known to lose by perspiration 5,000 grains an hour.

Minard's Liniment Cures Burns, etc.

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is all the better for a small quantity of Armour's Extract of Beef. The rich beefy flavor is an additional touch. You can't imagine how these dainties are improved, until you try Armour's Beef Extract in your chafing dish supper. Our Cook Book "Culinary Wrinkles" mailed free.

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Sole packers and shippers for Canada.



African Stonehenge.

A thousand years before, Roman legions looked on Stonehenge, a temple not unlike it in general conception, but far greater and fashioned with an architectural skill incomparably more advanced than that of the ancient Britons. By some it is thought that the same adventurous race of Phoenicians who brought the religion of the sun to Britain, and possibly inspired the plan of the temple at Stonehenge may have been the pioneers of the gold-seeking race who raised the temple at Zimbabwe as a monument of the prosperity of the country. Mr. Hall said that the great ruined temple was not the oldest temple in Rhodesia, though it is by far the finest in plan, architecture and importance; and that, probably, it was built after the other temples when the prosperity of the country was assured and was still growing. It was built, like other temples of the sun, with a painstaking reference to the position of the sun at the summer and winter solstices and its orientation overgrown far from that which would be correct to-day as to warrant the belief, which is strengthened by other records, that it was built in some years between 1200 B.C. and 1400 B.C. The walls of Great Zimbabwe, Mr. Hall mentioned, were from twenty-five to thirty-five feet high, and were built with a team of oxen could be driven along the top of the wall. Next year the British Association is to hold a sectional meeting within these walls, where for three thousand years sacrifices have been offered on the temple altars, and who has a experience in doctoring diseases of men, is positive he can cure a great many so-called incurable cases.

You May Pay When You are Cured.

A Detroit Specialist who has 14 diplomas and certificates from medical colleges and state boards of medical examiners, and who has a long experience in doctoring diseases of men, is positive he can cure a great many so-called incurable cases.

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LET THE GIRLS BE GIRLS.

Questions Discussed by Mrs. Ella Wheeler Wilcox of Intense Interest to All Canadian Educationalists.

The question so often discussed in addresses and papers devoted to the training of the young, "What shall we do with our girls?" can be met in all seriousness with the question, "Why not let them be girls?"

The clever woman poet, Ella Wheeler Wilcox, whose pen is active in the cause of social reform, recently took issue with the proposition of certain school authorities to train girls with boys and like boys. It is proposed to educate girls of twelve to fourteen years of age in classes with boys under men teachers and a man principal. To this Mrs. Wilcox objects in her editorial corner. She says: "There is no time in the life of woman, from the cradle to old age, when she needs the careful guidance, by precept and example, of the best of her sex as during the years specified. That is to womanhood like the awakening of spring to the earth. A frost in the young May orchard spoils the summer fruits. A wrong influence in the early years between childhood and young girlhood spoils the woman."

Mrs. Wilcox adds that young girls could but be forced into preposterous tests of the opposite sex during that important stage of their development.

The subject is open to wide differences of opinion, but it would seem that it is not good for boys to grow up like girls, nor for girls to grow up like boys. The tendency of school authorities, however, seems to be to expect them to do the work of boys at school and to imbibe a like spirit of restlessness and ambition. On a higher plane of progress a speaker addressing a convention of teachers recently advised young women not to marry until they could support a husband. This is frankly accepting man's sphere as the destiny for woman.

The argument is not new, for it is identical with that of the promoters of higher education for women when they declare that woman should be trained to take care of herself in every emergency, as spinsterhood, widowhood and the head of a fatherless family. It can be set against this argument that our women have come off pretty well in these crises heretofore under the old-fashioned system of training for woman's natural sphere. Every community has its spinsterhood, its widowhood, its fatherless families, and the women who have come off pretty well in these crises heretofore under the old-fashioned system of training for woman's natural sphere. Every community has its spinsterhood, its widowhood, its fatherless families, and the women who have come off pretty well in these crises heretofore under the old-fashioned system of training for woman's natural sphere.

The future for girls cannot be anticipated and safeguarded like that of boys. "Love is of man's life a thing apart," is woman's whole existence. A boy will marry and come to himself by hustling; a girl marries and comes to herself by fidelity, devotion and suffering. Out of one or all of these virtues will develop strength for any and every ordeal. The more girl-like or feminine the girl the more womanly will be the woman.

Has Many Claims to Distinction.

Joseph Wilson Swan, upon whom the honor of knighthood has been conferred, has many claims to distinction, being M.A., F.R.S., D.Sc., Durham University; president of the Faraday Society, vice-president of the Literary and Philosophical Society of Newcastle-on-Tyne, member of the council of the Royal Photographic Society, corresponding member of the Royal Society of Edinburgh, Chevalier de la Legion d'Honneur, past president of the Society of Chemical Industry, past president of the Institution of Electrical Engineers, also honorary member of the Board of the National Physical Laboratory, Royal Commission, St. Louis Exhibition, 1904, and member of the carbon process for making permanent photographs, now known as autotype; discovered the means of making rapid dry plates, which revolutionized the art of photography; invented the incandescent electric lamp bearing his name, and also a miner's electric safety lamp, and improvements in photo-mechanical printing.

Life on the Rail is a Hard One.

C.P.R. Engineer's Experience with Dodd's Kidney Pills.

They Brought Back His Strength When He Could Neither Rest Nor Sleep.

Winnipeg, Man., Jan. 6.—(Special.)—Mr. Ben Rafferty, the well known C.P.R. engineer, whose home is at 175 Maple street, is one Winnipeg man who swears by Dodd's Kidney Pills.

"Long hours on the engine and the mental strain broke down my constitution," Mr. Rafferty says. "My back gave out entirely. Terrible, sharp, cutting pains followed one another, till I felt I was being sliced away piecemeal. I would come in tired to death from a run. My sole desire would be to get rest and sleep, and they were the very things I could not get. Finally I had to lay off work."

"Then I started to take Dodd's Kidney Pills, and the first night after using them I slept soundly. In three days I threw away the belt I have worn for years. Dodd's Kidney Pills cured me."