









"The beneficial effects of a course of mineral waters is not always evident at the time; the after operation is not a fallacy, but a truth proved by repeated experiments. Many diseases are too ancient and deeply rooted for a cure to be effected by a month or six weeks' course, and though an aggravation rather than an amelioration of the complant is occasionally experienced at the time, yet the patient, as a rule, finds himself benefitted by the after operation."—Dr. Julius Braun, in "The Spas of Europe."

"An alkaline aline water will promote the fluidity of the blood; assist in the combination of the saccharine and starchy matters with the oxygen; help the functions of respiration and calorification; rectify the elements of the bile and tendency to thicken or formation of calculi; maintain the intestinal digestion and regulate nutrition and assimilation."









