

Be sober, just, holy, temperate—

Titus 1, 8.

Keep your body and thoughts in chastity

—1 Cor. vi. 9.

Avoid profane and idle company.—

1 Cor. xv. 33.

3. Do not be ensnared in the world's parade and show.—1 John ii. 15, 16.
4. Scrutinize the conduct of each day.—  
1 John i. 8, 9.
5. Pray to God morning and night.—  
Dan. vi. 10.
6. Diligently attend the public worship of the church.—Heb. x. 25.
7. Be constant in attendance at Holy Communion.—St. Luke xxii. 19.
8. Keep in the unity of Christ's Holy Catholic Church.—Eph. i. 22, 23.
9. Sanctify the Lord's Day.—Rev. i. 10.
10. Do some work for Christ.—  
St. Matt. xxv. 34-40.
11. Give a portion of your earnings to Him.—  
Malachi iii. 10; Acts x. 4; 1 Cor. xvi. 2.
12. Look to Him constantly for help and salvation.—St. John iii. 14, 15.