Max.

In a few minutes I heard the words "my brother," and I said I was so glad to see him and asked how he was. He said I am happy and contented as I hope you are, am feeling well & happy and am glad to see you are better

And to the medium – I want to tell you my little girl, if you are not very careful your condition is very serious. Your trouble is worry, your nerves are broken and depleted you need all the rest possible. You must rest and be contented. All this upset condition in the world has affected you. You have worried about it, you remember (Will) speaking to me, how mother was, how she married. You have no organic trouble. It is nervousness that has upset you, don't overdo. Be careful not to overdo. Hers to rest I said she had slept yesterday. – I said she must rest while here

Max then said father & grandfather & all the Mackenzies are here & anxious to help all they can. Things are looking better for you. I said I had been taking "treatment" & asked what he thought of it he said "father thinks it is wonderful" You are back again to your old self. In Wilfred says you have come back to your real self, for a while you were let down, disappointments etc have their effect – Speaking of the treatment Max said it is "sun burn" I asked if he saw where it was he said yes, ~~[illegible]~~ ~~[illegible]~~ I go there with mother, as I pressed him for the name & asked if he remembered the place. He mentioned a name hard to pronounce & I asked Kinnston & he said yes. He spoke about both me & mother being there together with me at times.

I said Max you can explain to me the nature of this war of sense with soul – of flesh & spirit you understand it, he said yes, and began to speak very slowly & clearly and said