

# York machine rolling

By ELISSA S. FREEMAN

Field hockey coach Marina Van der Merwe was never one for letting success go to her head.

Even after the Yeowomen's excellent showing at last weekend's Michigan U.S. College Tournament in Sauk Valley, Van der Merwe regards their victories with cautious reservation.



Marina van der Merwe

While the squad racked up an impressive record of 3 wins and 2 ties, the head coach considered the

ourney to be more of a learning experience in preparation for the regular season.

The Red & White Machine got off to a slow start as their first two games each ended in a draw. Against Ohio University, newcomer Sandra Mayberry got the lone goal in a game that ended 1-1. After completing a 0-0 match with Waterloo Obstruction, The Machine finally got rolling as Mary Jane Galaski netted the winning goal in a 1-0 victory over Lake Forest, Illinois.

The second day of the tourney saw the squad burst into action as they steamrolled over Northern Michigan with a 7-1 win. Veteran Laura Branchaud accounted for four goals while Mayberry (2 goals) and Galaski (1 goal) once again displayed their marksmanship. The girls capped off the tournament with a 1-0 victory against Western Michigan on a goal by Branchaud.

Looking ahead to regular season league play which begins next weekend at York, the Yeowomen

seem to have a potentially explosive

Last year York finished second to U of T in the OWIAA final and placed fifth in the CIAU's. However, the road to the 1983 National Championships could prove to be a difficult one. They must not only worry about perennial nemesis U of T, but also Waterloo, who has recently emerged as a power to be reckoned with.

"We now have two major obstacles to overcome," explained Van der Merwe. "In the past, U of T was predominately strong and we could afford to lose to them. (Two teams — the OWIAA winner and runner-up — go on to the CIAU's.) However, Waterloo is also very strong this year, meaning we also have to beat them. Therefore it seems that we are caught between the devil and the deep blue sea."

"This tournament told us that we can go for it," emphasized Van der Merwe, "but it will take a concerted doubled-up effort to get to the CIAU's."



PHOTO: DEBBIE KIRKWOOD

The Red and White Machine is Rolling in '83

## Dome fax

continued from page 12

There would also be problems for the University just as there would be benefits.

Consider for a moment the present congestion in Central Square, and then envision 40,000 people descending on campus some October afternoon to watch the Blue Jays. This is not to mention the possibility of the hoards spewing from the gates afterwards in a beer-frenzied romp across campus, venting joy/frustration along the way.

The students at York would have to endure, to varying degrees, these disturbances more than occasionally. The concern exists about a dome conflicting with the University's mandate and responsibility to provide the best possible education for the whole University community.

Ideally, all York requires is a decent outdoor, natural grass Stadium with enough proper seating to encourage fan support. If this is not possible, and if a domed stadium is going to be built anyway, then it is only natural that the University put itself in a position to benefit from what would be an impressive facility.

For some, the warm memory of a brisk November football afternoon will be too great a sacrifice to wish to move indoors, but it will also be too great a sacrifice for all if a domed stadium supersedes the welfare of the student body in general.

## Yeomen come up empty

By MARK ZWOLINSKI

The Waterloo Warriors and York Yeomen hardly batted an eye during their Ontario Universities Athletics Association (OUAA) rugby match last weekend in Waterloo.

In fact, neither team did much scoring either — the Warriors planting a try in York's endzone before the game was a minute old to close out the scoring at 4-0 in their favor — and that was it.

What promised to be a matchup between two of the most vastly improved teams in the OUAA league turned into a yawner.

"From a university level it was basically an uninspiring game," said York rugby coach Mike Dinning.

"They scored in the first minute, but from that point on, neither team did much with the ball."

The Yeomen definitely had their share of chances — a credit to the defensive half of their game, but lacked any zip to carry the ball on offense.

"Sure we defended well, and that gave us possession of the ball for a good portion of the game," said Dinning. "The thing is, we didn't use it to our advantage. There was a total lack of variety in what we were attempting to do offensively."

Credit must go to the Warriors however. A mediocre team last year, Waterloo has turned things around with the likes of Sandy Townsend at flyhalf, a member of Albertas'

provincial team, and second row man Doug Paul, whose dominance on line-outs frustrated Yeomen attempts to get the ball moving.

It wasn't all that bad from a Yeomen point of view though.

"We scrummaged well which is good to see because they had the strongest forwards in the league last year. No one was really dominating them in the scrum," Dinning said. "The changes they made have definitely helped them, but I think we beat ourselves by playing individually, not as a team."

"Only three or four points separated us in the past," Dinning continued. "Last year we took them 13-7, this year they won by four. We'll just have to play a lot better to get on a winning track."

## CHARITY "KISS OFF" KICKS OFF YORK'S FIRST HOME FOOTBALL GAME IN '83 Saturday, Sept. 24 at 2:00 p.m.

### Kiss Training Programme

The following training schedule does not require individuals to work in partners. You can practice on mirrors, walls, desks, etc. The key is to prepare for the ultimate goal.

**Day 1.** 1 kiss every 1 minute. Kiss should be held for 30 seconds with a 30 second break. DO 30

**Day 2.** Same as day 1.

**Day 3.** 1 kiss every 2½ minutes. Kiss should be held for 2 minutes with a 30 second break. DO 20

Please note: If lip contact is not maintained throughout this training session, it may be wise to revert back to the day 1 training programme (endurance is important)

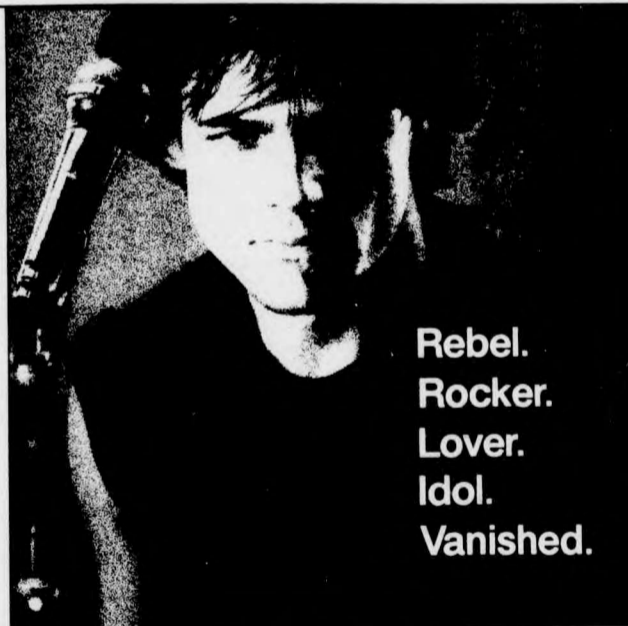
**Day 4.** By this time couples should have very little difficulty holding a kiss for 2 minutes. However we are only half way there. Day 4 is the day we stiffen our upper lip and go for the gusto.

1 kiss every 4½ minutes. Kiss should be held for a 4 minute interval with a 30 second break. DO 10

**Day 5.** The time has now come to taper and get mentally ready to lock lips the next day.

1 kiss every 2 minutes. Kiss should be held for 1 minute with a 30 second break. DO 5

**Day 6.** Operation KISS OFF. Warm up by doing your lip exercise during the YEOMEN GAME.



Rebel.  
Rocker.  
Lover.  
Idol.  
Vanished.

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