POOR DOCUMENT

THE EVENING TIMES AND STAR, ST. JOHN, N. B., FRIDAY, MARCH 16, 1923

HEAD STUFFED

BY CATARRH? USE

LEAGUE CAPITAL Singgish Liver

Constipation and

The Danger is From Pneumonia.

It, therefore, behooves anybody who develops a deep grippy cold to take his case seriously and work fast if all danger of pneumonia is to be avoided. What is needed is something to decrease the congestion of the lungs. For this purpose there is nothing like a rubefacient or counter-irritant, as witness the use of blisters, poultices and plasters for generations. This counter-irritation reddens the skin—draws the blood from the congested parts to the surface; the circulation is improved; there is a sense of warmth and the possibility of pneumonia is greatly lessened.

Quick Counter-Irritant Needed.

The value of this counter-Irritant effect is greatly ingreased if it is produced quickly. Nearly every family has its favorite method — onion poultices, turpentine stupes, mustard plasters and poultices of various kinds—all are good.

A very simple method is to apply towels wrung out in hot water, as hot as the patient can stand. This not only reddens the skin quickly, but also opens the pores so that more Vicks can be absorbed. Some, however, prefer to use an ordinary mustard plaster, as the reddening effect lasts longer.

How to Heat and Apoly Towels.

How to Heat and Apply Towels.

Use an open kettle of very hot, not boiling water. Fold a medium weight towel, lay it into another towel, and holding the outer towel by its ends, let soak for two minutes. Wring out by twisting the outer towel. Apply the hot towel for two minutes, meanwhile heating another towel, and applying it the moment the first is taken off. Two applications usually will produce the desired redness, but use three or four if necessary.

these colds have been milder than the influenza cases during the first epidemic that health authorities have not agreed as to whether these cases were all due to the same infection or even whether there has been any real influenza.

"Flue" Germ Discovered.

New light has been thrown upon these matters by the announcement by Dr. Simon Plexner, director of the Rockefeller Institute of Medical Research, that the germ of influenza has been identified. The Institute staff thru experiments on rabbits, has found how this germ injures the lung is the till and mouth an

Repeat From the Beginning.

When the vapors begin to lose their strength, fresh Vicks should be applied over the throat and chest. This to keep up the continuous supply of vapors. When the redness of the skin dies out, all the Vicks remaining should be wiped off and the entire treatment repeated. That is, the hot wet towels or mustard plasters should be used until the skin is again thoroughly reddened, then massage with Vicks, spread on thickly and cover with hot flannels, just as previously done.

When the Patient Chokes Up. When the Patient Chokes Up.

Sometimes when the patient is badly choked up, the vapors from the application on the chest are not sufficient to make the breathing easier. In these cases drop a tablespoonful of Vicks into a kettle of boiling water and allow the patient to inhale the warm steam and vapors combined for about 10 minutes. Do this several times a day if needed. Keep the water boiling and put in additional Vicks whenever the vapors decrease. Put a sheet over the patient and the tea-kettle, making a kind of tent.

Wast Be Used Freely.

Must Be Used Freely. This is vigorous treatment, but to check congestion requires vigorous measures. Vicks must be used freely to be effective. The cost of the treatment is insignificant compared with the results which are frequently obtained.

tained.

Does Not Take the Place of the Physician.

In all cases a physician should be called. These deep colds are too serious and have too many complications to rely entirely on any home medication. Vicks, however, does not interfere with any treatment that the doctor may prescribe. In addition the formula of Vicks is given on every circular, so there is no reason why any doctor should object to its use, except the fact that a few physicians do not care to use anything which is advertised directly to the public.

Born in a Little Drug Store.

months and the should be applied over the throat and chest until the skin is thoroughly reddened. In very deep colds, the should be applied over the throat and especially the back from the middle of the shoulder blades to a point it stabere the waist, should also be treated.

The patient should be given a good purpative and, if convenient, a hot mustard to a gallon of water.

Born in a Little Drug Store.

Vicks VapoRub is the discovery of druggist in a little town in North Carolina, U. S. A. From the back room of a small drug store its use has grown until today literally tens of millions of families are never without the families are never without the families are never without the families and especially the back from the middle of the shoulder blades to a point instructed.

The patient should be given a good purpative and, if convenient, a hot mustard footbath for t.m. minutes—one that form is proven the skell is constipated, billious, frestul, has proven the skell of the patient should be given a good purpative and, if convenient, a hot mustard footbath for t.m. minutes—one that form is grown until today literally a boon to mothers with small children, because it is externally applied. Although new in Conneda, over the discovery in the United States. At all drug stores, soc. a jar.

WHAT CALIFORNIA FIG SVRUP!

WHAT CALIFORNIA FIG SVRUP!

MONCTON FIRE.

Whoncton, March 16 — Fire which broke out about 1:30 this morning totally destroyed the grocery and meat slope of Albert MacParlane, at the families are never without the f

DENIES LABOR IS



Rheumatism

Rheumatism

A Remarkable Home Treatment
Given by One Who Had It
In the year of 1893 I was attacked by Muscular and SubAcute Rheumatism. I suffered as
only those who are thus afflicted
know for over three years. I tried
remedy after remedy, but such relief as I obtained was only temporary. Finally, I found a treatment that cured me completely
and such a pitiful condition has
never returned. I have given it to
a number who were terribly afflicted, even bedridden, some of
them seventy to eighty years old,
and the results were the same as in
my own case.

I want every sufferer from any
form of muscular and sub-acute
(swelling at the joints) rheumatism, to try the great value of my
improved "Home Treatment" for
its remarkable healing power.
Don't send a cent; simply mail
your name and address, and I will
send it free to try. After you have
used it, and it has proven itself
to be that long-looked for means of
getting rid of such forms of rheumatism, you may send the price of
it, One Dollar, but understand I
do not want your money unless
you are perfectly satisfied to send
it. Isn't that fair? Why suffer
any longer, when relief is thus offered you free. Don't delay. Write
today.

Mark H. Jackson, 155 J Durston
Bldg., Syracuse, N. Y.

Washington, March 16—In an opinion handed down by Associate Justice Holmes, the United States Supreme Court decided that the sole rights to the moving picture film "Over the Hill to the Poorhouse," founded on poems by the late Will Carleton, belong to the Fox Film Corporation. It was understood later from representatives of the Fox interests that producers now showing the film with this title would have either to make a settlement or would have to cease exhibiting the picture.

During the argument of this case before the Supreme Court, W. J. Hughes, Alfred A. Wreat and Otto O. Schlobohm, attorneys for the Fox Film Corporation, contended that their client obtained exclusive rights from Carleton's executor and from Harper & Brothers.

The decision in the case hung on whether the laws gave an executor the right of renewal of coypright. The defendants argued that they did not, and that, therefore, the copyright had expired. The United States Court of Appeals for the Second Circuit, agreed with the contention, but today Mr. Justice Holmes reversed the lower court and dismissed decrees which it had issued.

Carleton wrote "Over the Hill to the Poorhouse" and "Over the Hill from the Poorhouse" and assigned his interest in these poems to Harper & Brothers, which published them in 1873.

PRINCE OF WALES SETS OWN MODES

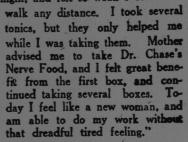
Terrifle Readeables

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And Dizzi

"I Can Now Do My Work Without Feeling Tired" Mrs. A. Moffatt, Roxton Falls, Que., writes:

"I suffered from a run-down system and nervous debility. I could not sleep or rest at night, and felt so weak I could not



DR. CHASE'S NERVE FOOD

FEELING TIRED

Nearly all constitutions during the winter season experience an almost indescribable, but thoroughly understood, feeling of lassitude,—a dull, languid, heavy debility which is extremely unpleasant and which may, if neglected,

No remedy at present known has proved so successful in a case of this kind as

DR. WILSON'S HERBINE BITTERS
A true Blood Purifier.

THE BRAYLEY DRUG COMPANY, LTD., St. John, N. B.

BRITISH MAKE FIRST PAYMENT ON FUNDING PLAN

(Canadian Press Despatch.)

Washington, March 15—The first payment by the British Government under the recently negotiated debt funding agreement was made today at the New York Federal Reserve Bank. Although the formal agreement has not yet actually been signed, the British Government made known its desire to make at once the \$4,128,085 payment necessary to reduce the debt to an even \$4,600,000,000 the figure upon which the sixtytwo year funding plan was calculated.

RUB RHEUMATISM PAIN FROM SORE,



A tiny part in a fine clock may become loose and cause the clock to gain or lose. If not attended to in time, the part may fall from its place and cause serious trouble. So it is with women's ailments, they start from simple causes; but if allowed to continue, produce serious conditions.

When the warning symptoms are first noted, take Lydia E. Pinkham's Vegetable Compound to relieve the present troublesome ailment, and to prevent the development of serious trouble.

Many such letters prove the virtue of

Lydia E. Pinkham's Vegetable Compound

MOTHER, CLEAN CHILD'S BOWELS WITH "CALIFORNIA FIG SYRUP"