

The Canadian Harness Banner

Devoted to the Interests of the Harness Trade.

MORAL TOPICS.

"THE BEST FOR EACH IS BEST FOR ALL."

TRADE TOPICS.

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No. 1.

TO THE HARNESS TRADE.

It is not expected that this little sheet will find a perfect home in all your hearts. It will undoubtedly have many imperfections. All I can ask for it is a fair consideration. Please do not snub the little affair any more shortly than you are obliged to. It will do its best in its infancy, and possibly with good feed it may grow to a fair stature. Let it have a little place in some fair nook. Give it a little sustenance, and it will in its turn serve you as faithfully as can reasonably be asked of so unpretending a servant.

If we at any time say anything that may not just harmonize with your opinions, please bear with us, and at as early a date as possible try to set us on your track. If we are too confirmed in our ideas to give place to yours, we plead with you that you may not set it down to mere stubbornness, but to our inability to see things as others do. We will strive, I trust, to at least not hurt each other.

Although the harness business is worthy of a great deal of talk, yet we may sometimes get a little off the harness track and have a little variety to cheer us on the way.

If you have any good ideas that will be of interest to the trade, please give them briefly, and we will be thankful for them and give our readers the benefit.

Yours truly,

THE BANNER.

With reference to certain much controverted questions of Biblical science, Sir J. W. Dawson, of Montreal, concludes, 1. That the earliest certain indications of the presence of man in Europe, Asia or America, so far as yet known, belong to the modern post-glacial period. 2. No remains of man probably older than 7,000 years have yet been found. Sir William holds a foremost place among those who aim at reconciling the Mosaic cosmogony with the dealings of science.—Guide.

HOT WATER AS A MEDICINE.

The "Family Herald," Montreal, has an article on the use of hot water as a medicine. We modify it somewhat.

The human body is constantly undergoing tissue change. Worn out particles are cast aside and eliminated from the system, usually in liquid form, which, as it oozes through the pores of the skin, mainly evaporates. But there is a portion that does not evaporate, but remains on the surface, clogging the pores and providing nests for certain bacteria. New particles are perpetually being added to supply the place of the worn out particles. Water must be taken in some form to keep the particles that are being added to, and those that are being carried off, in a sufficiently fluid state to move freely. Thus hot water accelerates these changes, giving tone, clearness and vigor to all organic work. It causes the organs to work naturally and give increased appetite, as the various parts of the body demands new supplies to fill the place of that which is worn out and discharged through the pores. Unless a sufficient quantity of water is taken, the waste particles of matter are liable to be formed faster than they are removed, and dam up and clog the passages.

Any obstruction to the free passage of the fluids and the working of the organs produces disease by causing irritation, fevers, and lodgments for bacteria of the various diseases. Persons on rising in the morning weak and languid will find the cause in the imperfect secretion and carrying off of wastes, which often may be remedied by a good drink of water as hot as can be comfortably taken. The quantity will, of course, vary with the person and the needs, and should be taken twenty minutes to an hour or more before the meal.

It is often well to take a drink of hot water at other times of the day, after the food has time to digest, say half an hour or so before meals and just before retiring. This done even in hot summer days, is a far better reliever of sleep-

lessness than any drugs. Swollen parts will subside under the continued poulticing of a good hot bath. The skin should be kept clean by frequent baths at all times. Very hot water promptly checks bleeding of the small blood vessels. It is better than poultice daubs, and is clean, and leaves the wounds too sterile for the propagation of bacteria.

A riotous stomach will quickly respond to a hot drink, even when to some considerable extent surfeited by undigested food, but it is better to use all drinks after meals are well out of the stomach. The fluids of the mouth and stomach are the best for dissolving the food in the stomach, and any fluid taken at meals dilutes these too much and weakens them so that they will not so completely dissolve or digest the food.

A ROYAL WEDDING.

Amid royal pomp and splendor, and surrounded by European sovereigns or their representatives, Princess Maria, of Edinburgh was married Tuesday afternoon to Prince Ferdinand, crown prince of Roumania. Among those who witnessed the civil ceremony, which was performed at 2 o'clock by Dr. von Wendel, Emperor William's household minister, were the duke and duchess of Edinburgh, the parents of the bride; King Charles of Roumania, uncle of the bridegroom; Prince Leopold, of Hohenzollern-Sigmaringen, father of the bridegroom; the members of the Roumania ministry, the presidents of both branches of the Roumania parliament, and the more immediate members of the families of the bride and groom.

We cannot always procure just such articles as we desire. In supplying inferior in such a case it should be duly mentioned.

Sometimes we cannot supply our customers with articles as good as we desire from their unwillingness to have them and pay for them. This is not our fault, yet they often report inferior articles bought for best, and we are injured thereby.