

HOW BENDER'S FOOD PROVIDES A CHANGE FROM LIQUID MILK DIET FOR INVALIDS.



Invalids gradually recovering strength and who yet require light diet will find the special recipes in Benger's Booklet a welcome change from liquid or semi-liquid foods. These dishes, consisting as they do largely of Benger's Food, will be found exceedingly appetising, most digestible, and very nutritious for Invalids.

Some of the Recipes :

Benger's Food with Chocolate.
Benger's Food and Raw Egg.
Arrowroot Pudding made with Benger's.
Queen Pudding made with Benger's.

Benger's Food thickened.
Sago Pudding made with Benger's.
Ground Rice made with Benger's, etc.

Benger's Food

is unequalled when the digestive system is weakened through accident, pain or illness, and whenever a light sustaining diet has become a necessity.

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