

his railway expense paid, has no hotel bill, and his work is there for him when he comes back.

## MEDICAL EXAMINATIONS.

### TRINITY MEDICAL COLLEGE.

#### PRIZE AND SCHOLARSHIPS.

*Dr. Sheard's prize in Physiology in the First Year*—W. A. Kerr.

*SCHOLARSHIPS*—*First Year*—1st, \$50, Wm. A. Kerr; 2nd, \$30, W. H. Marshall; 3rd, \$20, S. J. Hazlewood.

*Second Year*—1st, \$50; E. Shoemaker; 2nd, \$30, N. R. MacKay.

*Third Year*—1st, J. C. Ryan; 2nd, \$30, C. J. Copp.

*MEDALS*—*The Second Trinity Silver Medal*—Cloudesley Herbert Brereton. *The First Trinity Silver Medal*—William John Beatty. *The Trinity Gold Medal*—Harvy Clare.

#### FINAL ("FELLOWSHIP DEGREE").

*Candidates who obtained 75 per cent. and over*—Harvey Clare, William John Beatty, Cloudesley Herbert Brereton, George William Barber, Perry G. Goldsmith.

*Candidates with First Class Honors—70 per cent. and over*—F. J. Hart, A. A. Beaty, W. McQ. Teetzell, D. Jamieson, W. H. Weir, P. S. McLaren, J. R. McRae, G. S. Cameron, W. A. McIntosh, S. H. Corrigan, H. H. Milbee, C. H. Smith, S. D. Weir, W. R. Crowe, V. H. Hart, L. A. Marks, G. Welch.

*Candidates with Second Class Honors—60 per cent. and over*—J. S. Nedd, H. S. Roberts, T. J. Bell, C. R. Sneath, E. H. Lapp, G. V. Harcourt, J. J. Elliott, J. H. Allin, J. A. Oliver, J. Gibbs, R. H. Foster, E. Doan, W. S. Harper, A. Ruppert, A. F. Reynar, T. J. Caldwell.

*Passed*—H. G. M. Nyblett, H. J. Watson, W. G. V. Forbes, J. H. Dancey, J. R. McMurrich, J. J. A. Sutherland, J. P. Lee, G. B. Mills, J. B. Thomson, J. G. White, T. W. H. Young.

### TRINITY UNIVERSITY.

#### *Final Examination for M.D., C.M.*

Gold Medal and Certificate of Honor.—J. R. McRae.

Silver Medal and Certificate of Honor.—H. Clare.

Certificate of Honor.—T. S. Cameron, W. J. Beatty, W. H. Weir, E. S. Hicks, T. V. Harcourt, D. Jamieson.

The following gentlemen were also admitted to the degree of M.D., C.M.:—N. J. Tait, V. A. Hart, C. H. Millbee, G. W. Barber, P. G. Gold-

smith, Miss T. G. Head, C. H. Brereton, J. S. Nedd, J. J. Elliott, J. Gibbs, W. M. Teetzell, W. A. McIntosh, W. S. Harper, J. H. Rivers, H. S. Roberts, S. H. Corrigan, J. H. Allin, A. W. M. Row, F. J. Hart, G. Welch, Miss M. H. Irwin, J. H. Oliver, J. D. Weir, E. A. Lapp, A. Ruppert, Miss A. Verth, J. B. McMurchy, R. H. Foster, W. G. N. Forbes, J. P. Lee, P. S. McLaren, W. H. Taylor, A. A. Beaty, C. R. Sneath, C. H. Sills, C. H. Smith, L. H. Marks, T. H. Bell, E. B. Boyes. E. Doan, J. H. Dancey, T. H. Caldwell, A. F. Reynar, H. G. H. Nyblett, W. A. Kurtz, G. B. Mills, R. Moore, J. B. Thompson, E. A. Fraser, J. McDonnell.

**REMEDIAL FOODS.**—*The Times and Reg.* says: Celery is invaluable for those suffering from any form of rheumatism, for diseases of the nerves and nervous dyspepsia.

Lettuce for those suffering from insomnia.

Watercress is a remedy for scurvy.

Peanuts for indigestion. They are especially recommended for corpulent diabetes. Peanuts are made into a wholesome and nutritious soup, are browned and used as coffee, are eaten as a relish simply baked, or are prepared and served as salted almonds.

Onions are almost the best nervine known. No medicine is so useful in cases of nervous prostration, and there is nothing else that will so quickly relieve and tone up a worn-out system. Onions are useful in all cases of coughs, colds and influenza; in consumption, insomnia, hydrophobia, scurvy, gravel, kidney and liver complaints. Eaten every other day they soon have a clearing and whitening effect on the complexion.

Spinach is useful to those with gravel.

Asparagus is used to produce perspiration.

Carrots for sufferers from asthma.

Turnips for nervous disorders and for scurvy.

Raw beef proves of great benefit to persons of frail constitution, and to those suffering from consumption. It is chopped fine, seasoned with salt and heated by placing it in a dish of hot water. It assimilates rapidly and affords the best nourishment.

Eggs contain a large amount of nutriment in a compact, quickly available form. Beaten up raw with sugar they are used to clear and strengthen the voice. With sugar and lemon juice the beaten white of egg is to relieve hoarseness.

Fresh ripe fruits are excellent for purifying the