

rather as a glycerophosphate, a constituent of lecithin ($C_{44} H_{90} N P O_6$). The latter is a glycerophosphate of neurin, which is an essential constituent of the brain and nervous system. The glycerophosphates are absorbed directly into the system, and do not need to be chemically changed or digested in the stomach, as do the inorganic preparations.

In cases of nervous exhaustion and similar debilitating diseases, a large proportion of phosphorus, in combination with organic substances, is excreted by the kidneys and found in the urine, thus showing an increased loss of the lecithin of the system.

In its physiological action, syrup of Glycerophosphates accelerates metabolism, favors the assimilation of food-phosphates and of albuminoid substances, and increases the excretion of nitrogen, thus tending to lower the proportion of uric acid to urea, although it does not influence the formation of uric acid. It affords a protective influence to the combined phosphorus in the system, and causes a marked increase in the number of red blood corpuscles, as well as increasing the appetite and general weight. It diminishes glandular activity but stimulates tissue change.

Clinically, our Syrup of Glycerophosphates Comp. is indicated in all conditions of nitrogenous waste, which are associated with an increased quantity of phosphates in the urine, as for example: In chlorosis, diabetes, chronic nephritis, gout, uric acid diathesis, obesity, muscular atrophy, asthma, phthisis pulmonalis, phosphaturia, sexual exhaustion, the impotency of old age, convalescence from acute diseases, neurasthenia, exophthalmic goitre, sciatica, Graves' disease, etc., etc.

The dose is from 1 to 4 teaspoonfuls, plain or diluted in water, four times a day. Each teaspoonful contains the equivalent of 1-120th grain strychnin.

The Syrup of Glycerophosphates Comp. has proven itself a remarkable tissue-builder and reconstituent.

A REFLECTION.—“In your advertisement,” said the man with the suave manner, as he entered the office of the ice company, “You say there are no microbes on the ice that you furnish to your customers.” “Yes, sir,” replied the treasurer, as he placed a blotter in front of his diamond stud so that the caller would not have to blink, “and we stand by our assertion.” “I stand by it too,” said the man with the suave manner, “and I have called to say that, as I have no fear of microbes, believing they are harmless, I wish you would direct your delivery man to leave at my residence in the future ice of such dimensions that two or three microbes, if they felt so inclined, could occupy it without crowding each other.”—*Harper's Bazaar*.