

IN THE SPRING TIME.

PAINE'S CELERY COMPOUND MAKES PEOPLE WELL.

Thankful People Everywhere Gladly Endorse the Great Medicine.

It is a Blessing to the Whole Canadian Dominion.

Physicians Acknowledge its Great Curing Powers.

It Makes Strong Nerves and Pure Blood.

It Cures Disease and Long-standing Troubles.

An Ontario Man Strongly Testifies.

"I am a living witness to the worth of Paine's Celery Compound."

This is the statement of Mr G. J. Smye of Sheffield, Ont.

It makes people well!

This fact is so widely known and so fully borne out by thousands of magnificent cures, that the simple statement is in itself sufficient.

The whole Dominion has been blessed by the marvellous work of the great medicine, and an army of rescued and saved men and women bless the noble discoverer, Prof. Edward E. Phelps, M.D., LL.D.

Master minds amongst the medical men of the present day readily acknowledge the potent and curing virtues of Paine's Celery Compound. They find that it makes strong nerves and pure blood, two essentials necessary for perfect health and strength.

Long-standing troubles and diseases are cured by Paine's Celery Compound when all other medical agencies fail in their work. For kidney and liver troubles, it is the infallible remedy. Nervous debility, exhaustion, sleeplessness, and headaches are quickly swept away by the curing powers of Paine's Celery Compound.

This is the season when the sick must, of

necessity, recuperate lost strength, and gain the healthfulness so necessary to make life pleasurable for the summer. All should bear in mind the fact that Paine's Celery Compound "makes people well."

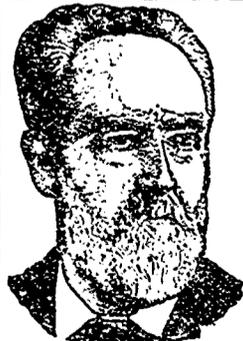
The following letter from Mr. G. J. Smye, of Sheffield, Ont., speaks of a wondrous cure after all ordinary means had failed to do the work:—

"It is with great pleasure that I testify to the value of your great medicine, Paine's Celery Compound. For nearly two years I suffered from indigestion, kidney and liver troubles. After trying several medicines that did not effect a cure, I decided to try your Compound. Before using it I was so low in health that I could not eat or sleep. I could not lie in bed owing to pain in my back; it was only by resting on elbows and knees I was enabled to obtain a slight degree of ease. Before I had fully taken one bottle of your medicine I began to improve. I have in all taken fourteen bottles with grand results. I am a farmer and am now working every day. Anyone may refer to me in regard to those statements, or to any of my neighbors around Sheffield, where I am well known. I am a living witness to the worth of Paine's Celery Compound."

STAINED GLASS WINDOWS

OF ALL KINDS FROM THE OLD ESTABLISHED HOUSE OF JOSEPH McCAUSLAND & SON 76 KING STREET WEST TORONTO.

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M. Gowland, Marriage Licenses Issued. 191 KING EAST. OPEN EVENINGS.

HEALTH AND HOUSEHOLD HINTS.

Banana Pudding.—Line a glass dish with thin slices of plain cake and cover them with thin slices of banana. Have a second layer of cake and banana then pour over them a very thin boiled custard. Serve with whipped cream piled on the top.

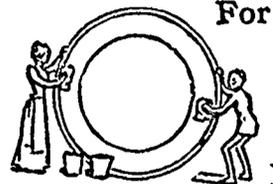
To do Up a Shirt.—In order to do up a shirt properly iron every part of it before the bosom, being careful not to stretch the neck. Then slip in the bosom board, and with a cloth wrung out of hot water rub the bosom well, cleaning off the surplus starch. If the bosoms wrinkle anywhere, rub them toward the bottom. Iron quickly with a hot iron, but no hot enough to stick and scorch. Raise the plaits with the blunt edge of a table knife and iron again, polishing until there is an even gloss over the entire surface.

How to Estimate for Wall Paper.—As most wall paper, when trimmed, is 18 inches wide and 24 feet to the single piece, a piece will contain 36 square feet. Measure the length and height of each wall in feet and multiply. Add together the number of square feet. Divide this total by 36, which will give you the number of pieces required for side wall. Allow half a piece of paper for each door and window. To allow for waste in matching it is safer to divide by 33 instead of 36. To find the number of single pieces required for ceiling multiply length by width in feet and divide by 33.

House Plants. In the first place, when you buy a plant from the florist do not because it is a strong plant, repot it, for one-half the plants grown in the house are killed by over potting. When you do repot don't use "rich black dirt." Many ladies think because the soil is black it is rich. Usually soil of that color is from low, damp ground, and is cold and sour. Use good garden soil from a dry spot, or better yet, decayed sod with about one-third well-decayed old manure. Put plenty of drainage in bottom of the pot, so that the water can pass freely from the soil and never allow the soil to become sodden.

Water only when a plant is dry. Do not stand the pots in saucers of water. After the water has soaked through the soil empty what is in the saucers. The same rule applies to plants in jardinières. While most plants like plenty of water, they don't like wet feet.

Some of the easiest plants to grow in the house in the winter are hyacinths, as they will perfect their flowers without sun. Another bulb of easy cultivation is oxalis cernua, or as it is sometimes called the Bermuda buttercup oxalis. All it requires is to be placed when potted in a cool, dark place for a few weeks to root, and then move to the window where it will soon flower.



For washing Dishes, there's nothing like Pearlina.

Why don't you begin the use of it in that way, if you're one of the timid sisters who still think that Pearlina "eats the clothes?" Then you can soak things in it for a year or two, and test it in every way, until you become convinced that Pearlina can't do any harm. But it won't eat your dishes, that's sure. It won't clog up the sink pipes, either, as soap does. And that cloudy effect that you've probably noticed on cut glass and china when it's washed with soap—that won't be there if you wash it with Pearlina.

Beware of cheap imitations. JAMES PYLE, N.Y.



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N.B.—Advice gratis at the above address, daily between the hours of 11 and 4, or by letter.



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