

falter in our warfare against intemperance, and every other form of evil, within us and around us.

but simply turn yourself to Christ alone, let your soul be covered in by the power of his face upon you." (Bushnell).

III. WALK HONESTLY. 13. Walk—*i. e.* live, be stirring,—the things we are actively engaged in shew our true disposition and character. **Honestly**—becomingly, with dignity and decorum. Conduct ourselves as Christians should. (Phil. 4: 8; 1 Thess. 4: 12; 1 Pet. 2: 12). "It is not possible, nor would it be proper to describe the scenes of licentious indulgence of which all pagans are guilty. As Christians were to be a peculiar people, therefore the apostle enjoins on them purity and holiness of life." (Barnes).

14. Put  $\frac{y_2}{2}$  on—"Be clothed with." Christ put on man, that man might put on Christ. Wear the character of Christ. (Gal. 3: 27; Eph. 4: 24; Col. 3: 10, 12; 1 Pet. 5: 5). **The flesh**—the sinful nature within us. Do not plan for the gratification of your evil desires, but "crucify the flesh" (Gal. 3: 24), and "mortify the deeds of the body" (Rom. 8: 13). "When Christ is really put on the world falls off, and the lusts of property and fame and appetite subside or fall away. The effect runs both ways under the great law of action and reaction—as the old man is put off that the new may be put on, so the new put on still further displaces the old. And so if there be any overmastering temptation which baffles you, and keeps turning you off in your endeavors, and boasting itself against you, here is your deliverance—raise no fight with it in your own will, as you always have done when you have failed,

WISE ADVICE. The will of the late Rufus Hatch, a very wealthy and prominent broker, was up for probate at New York yesterday, (1893). There was no contest. After the bequests to the family, Mr. Hatch gives the following advice to his sons: "I do not wish my boys to go to college, but to receive a commercial education. Should any of them, however, wish to become a lawyer, doctor, or clergyman, then he may go to college; but I should much prefer that my sons should learn a mechanical trade, so that they will always be sure of an honest livelihood. I most strongly warn my children not to use tobacco in any shape, taste or use wine or liquor in any way. I earnestly desire that my children shall not gamble in any way for money. Their father has had experience sufficient to serve for all his posterity." Rufus Hatch's warning to his sons against tobacco, liquor and gambling, is good, healthy gospel. One of the oldest and most successful of State Street bankers, asked how he managed to continue so active when most of his early associates were either dead or in retirement, replied: "A clear conscience and a clear mind are two wonderfully efficient preservatives. You can't take your cocktail in the morning, your tippie at noon, and your nightcap in the evening, and retain the latter. You can't override your neighbor or ruin him and possess the former."—(*Pelouzel's Notes, 1894*).

## LESSONS.

1. We owe debts of respect and service as well as of money. 2. If we cultivate love and kindness our own heart will grow better. 3. No one who really wishes you well will offer you intoxicating liquor, or teach you to use tobacco. 4. Always act in a becoming manner, having respect for yourself and the company you are in. 5. Fleshly lusts war against the soul. 6. Try to be like Christ always.

## BLACKBOARD REVIEW.

Break up the white light of Love into the seven precepts derived from the lesson, all together giving God's Law, of which love is the fulfilling. If your blackboard is long enough you might introduce a prison between and shew the colored rays emanating from one side as the white ray enters the other.

LOVE=

G o not into debt. (Violet).  
O we love to everyone. (Dark blue).  
D o no harm to others. (Light blue).  
S eek the good of all. (Green).

L ive in the light. (Yellow).  
A wake to danger. (Orange).  
W alk in Christ. (Red).