

## SEVEN YEARS AN INVALID

Then She Took "Fruit-a-tives" And Is Now Well.

Amprion, Ont., Nov. 27, 1908.  
I was an invalid for seven years from fearful Womb Trouble. I had falling womb, with constant pain in the back and front of my body and all down my legs. There was a heavy discharge and this made me weak, sleepless, restless and miserable. Often I was obliged to be in bed for a month at a time. I was treated by several doctors, but their treatment did me no permanent good.



A few months ago, I was persuaded to try "Fruit-a-tives." I took several boxes, and from the outset of this treatment I was better. The Constipation was cured, and the discharge lessened. I took, for the discharge, several bottles of the Iron Mixture as recommended in the "Fruit-a-tives" book, but I feel that it was "Fruit-a-tives" alone that cured me.

(Mrs.) Eliza Levesque.  
Take Mrs. Levesque's advice. Take "Fruit-a-tives" and cure yourself. 50c a box, 6 for \$2.50; trial box 25c. At dealers or from Fruit-a-tives Limited, Ottawa.

### Sultan of Turkey Dethroned

Constantinople, April 27.—Abdul Hamid II. has been deposed as Sultan of the Turkish Empire. Mehmed Reshad Effendi, his brother, will be proclaimed his successor probably by three o'clock this afternoon. The deposition will be through the regular form prescribed by the tenets of the Mohammedan faith. It is understood that the Sheikh-ul-Islam, the head of the church, will issue the decree of deposition.

The news of the deposition of Abdul Hamid and the selection of his brother to succeed him caused great excitement throughout Constantinople.

### DO IT NOW.

Now is the time to get rid of your rheumatism. You can do so by applying Chamberlain's Liniment. Nine cases out of ten are simply muscular rheumatism due to cold or damp, or chronic rheumatism, and yield to the vigorous application of this liniment. Try it. You are certain to be delighted with the quick relief which it affords. Sold by

W. A. WARREN, BRIDGETOWN; A. E. ATLEE, ANNAPOLIS ROYAL, and BEAR RIVER DRUG STORE.

PRESENTATION TO MISS S. A. SHAW.

The officers of the Windsor branch of the Woman's Auxiliary of the Missionary Society of the Church of England met at the residence of Mrs. C. S. Wilcox last week on a very happy occasion. Miss S. A. Shaw, who has been an indefatigable worker in the interests of the above society for fourteen years was presented with a Life Membership and a gold Maltese Cross Pin, the emblem of the society. The pin has the letters W. A. in bas-relief on the face, and on the under side are engraved Miss Shaw's initials and the words Easter 1909. The presentation was made by Mrs. Edward W. Dimock, the first Life Member. The pin was accompanied by fourteen beautiful carnations representing the number of years of Miss Shaw's earnest endeavors in advancing the Society's interest. Mrs. Wilcox very kindly gave refreshments, and after an hour's social intercourse this especially interesting and pleasant gathering dispersed.—Hants Journal.

### Indigestion Poisons the Blood

As surely as a serpent's bite—it lessens brain power, lowers vitality, produces sleeplessness, nervous depression, and is the cause of aching limbs and weary limbs.

**THE KEY TO HEALTH IS** good digestion, and Mother Seigel's Syrup gives that assuredly. As a digestive tonic and stomachic remedy it has no equal.

**MOTHER SEIGEL'S SYRUP.**

50c per bottle, sold everywhere.  
J. J. Watts & Co., Ltd., Montreal.

## MACADAMIZED ROADS

Provincial Engineer's Advice on Road Construction—Applicable to Town of Bridgetown

To the Honorable, the Mayor and Town Council of Wolfville.

Gentlemen:  
Agreeably to your request I am directed by the Government to give you my opinion respecting the best methods of keeping the streets of Wolfville in good surface condition with the least possible expenditure. In submitting my views it is not my purpose to elaborate on the special features that characterize the different systems of road and bridge construction that every day practice and observation present to our experience. I shall, however, briefly refer to some methods of draining, forming, and maintaining of streets and highways, and to the macadamizing of them in particular.

If you had sufficient means at your disposal it would be an easy matter to introduce and carry into effect the best known method of street construction, such as would recommend itself for consideration on account of its firmness, smoothness and durability, but when the means are limited we are obliged to alter the mode of management according to circumstances and according to the finances. For instance, the streets of Wolfville are favorably adapted for surfacing with macadam, yet it is doubtful if an expensive system of macadamizing should be introduced until an equally necessary, if not still more essential requirement, viz.—an efficient system of sewerage lay beneath, for which you have, so far, made no adequate provision.

Assuming that all else were favorable, and that you had to deal with the street surface only, the only methods of road construction, which offer no great objectionable features, are those of Telford and Macadam.

### THE TELFORD SYSTEM.

"The road-bed having been formed and rolled, the Telford foundation is laid by hand; it should be at least eight inches deep at the centre and six inches deep at the sides. The larger face of the stones should not be less than five inches wide and ten inches in length, if larger they are liable to tilt up at the sides. They should be set with the larger face downwards and the spaces between them wedged up with spawls or split chippings.

"The pavement thus formed should correspond in cross-section to the finished surface of the roadway, and should have an even, uniform surface without any projections. As this pavement has not to stand any grinding action from the traffic, it need not be very hard or tough stone such as the macadam should be made from, but any sound stone free from cracks may be used. Having procured good, uniform, cheap macadam of the proper size, a coating of six inches thick should be laid on the Telford pavement and rolled until it is well consolidated. The surface should be again coated with a thin layer of fine screenings from broken stone or with fine gravel, just sufficient to fill the surface interstices between the stones and to cover them about half an inch. On no account should any dirty pit sand be used on the road. The last coat, after being properly blinded, should be watered and well rolled with a heavy roller, preferably one driven by steam, and not less than ten tons in weight."

(\* Extract from Henry Irwin's paper on road making and maintenance.

### OBJECTIONS TO THE TELFORD SYSTEM.

The Telford System of road or street making within the town of Wolfville cannot be advantageously adopted. The streets are already fairly formed, the surface would have to be reduced, that is, excavated and removed for a depth of nine inches at least, to admit the sub-stratum of paving, which would largely increase the cost.

Other objections offered to this system are that it is liable to cut into ruts after heavy frosts, and is therefore unsuited for heavy hauling, but this difficulty can be entirely obviated by giving a greater depth to the macadam as the nature and extent of the traffic might warrant.

### THE MACADAM SYSTEM.

This consists of a road-bed built up entirely of broken stones. No larger stones are used as a foundation; they must all be of a specific size, small enough to pass through a two inch ring, and should be of crushed granite rock, trap rock, tough quartzite or such other coherent or tenacious material as may be available. The hardness is a very important feature as they must bear the entire wear and tear of travel. The layer may be of six inches thick or more at centre of street, thinning off to a less thick-

ness at the sides, and must be frequently rolled while wet by means of heavy iron rollers to pack the stones as firmly as possible; this will prevent rutting under heavy teams during wet weather.

The surface dressing should consist of the screenings of the same material, formed during the crushing process. This layer requires the same application and the same treatment as the corresponding layer in the Telford system, as it merely serves to bind the layer of stone below it, and gives hardness and smoothness to the surface of the road when completed.

The finished road should have an elevation in the middle of about five or six inches, gradually sloping towards the edges. Such a slope is necessary to carry off the surface water and will not impede travel.

The sub-grade of the streets of Wolfville consists, chiefly, of a dry, sandy loam, which if rolled when wet just sufficiently wet to pack and bind will suit admirably for a macadam foundation. Owing to the present level of the centre of the streets being about the level of the curb of the sidewalk, very little preparatory work for forming would be necessary; no more than could be conveniently performed by the road scraper.

In the macadam system the chief difficulty is from rutting, but a few cartloads will fill in many yards of ruts, and these soon bind with the road-bed and leave a hard, smooth surface as before. There should be a constant supervision of such roads; a great deal of money can be saved by constant attention. If small defects, taking only a few hours to repair, are neglected, they will, in time, require many days to remedy them.

### AS TO THE RELATIVE MERITS OF THE TELFORD AND MACADAM SYSTEMS, THERE ARE EXPERIENCED SUPERVISORS WHO ADVOCATE EITHER. IF A NEW ROAD WERE TO BE CONSTRUCTED, ALL ELSE BEING EQUAL, THERE WOULD BE VERY LITTLE DIFFERENCE IN THE COST OF EITHER, BUT IN RESURFACING THE STREETS OF WOLFVILLE THE MACADAM SYSTEM PRESENTS ITSELF MORE FAVORABLY FOR ADOPTION, ON ACCOUNT OF THE GREATER QUANTITY OF EXCAVATION TO BE REMOVED TO MAKE PLACE FOR THE SUB-STRATUM OF PAVING.

The great objection to either method being employed, is, as I have already noticed, the desirability of constructing an adequate system of town sewerage in the first place. For the health, convenience and social requirements of the citizens, a good sewerage system is indispensable. Sewerage and drainage are the first desiderata. (This has been done.) You have already a good water supply, your next move should be for sewerage. Assuming that you had along your main street established at an expenditure of \$1,600 or \$2,000 per mile a homogeneous road surface and had, at no distant day, for sanitary reasons, to put in a sewer along the centre of it, the effect would be disastrous to the coherence and stability of the street surface.

In an economical as well as in a social sense the sewerage and the house drainage in connection with it should first receive consideration; both ought to be carried into effect before any macadamizing operations should be commenced.

Before you commence any system of sewerage, it is necessary that you employ an engineer, have a survey made of the town and of the water shed above it, and get a system laid down that will suit all requirements. Upon the selection of a competent party, an expert in this class of work, to make the survey, ascertain thereby the requisite capacity of the sewers for the mains and branches, arrange the form and sizes accordingly, and advise you respecting the class and character of the work and its cost, will depend the practicability and successful completion of the undertaking. Whatever is being done, in part, ought to be in accordance with the design for the ultimate completion of the whole.

I am sending you herewith a pamphlet, being the subject of a paper I have read before the Nova Scotia Institute of Science, on

### "OUR COMMON ROADS."

Pages 446 to 450 give the relative cost of constructing one mile of Macadam and Telford road-ways. The figures will not fully apply to the cost of resurfacing one mile of the public streets of Wolfville, but will, nevertheless, give you, in detail, a fair estimate of the quantity of material and its cost, that may be expected from the operation of the stone breaking machines now in common use. The estimated cost of one mile of a common road with a Telford or a Macadam surface, 8 feet

# Zam-Buk

**SURE CURE FOR SKIN INJURIES & DISEASES.**

A purely herbal balm; best thing for the tender skins of children, yet powerful enough to heal an adult's chronic sore; highly antiseptic; eases pain and smarting soon as applied—that is Zam-Buk. Remember it is purely herbal—no mineral poisons, no animal fats. Power and purity combined!

All druglets and stores sell at 50c. a box.

## SPRING IS COMING



Our new Spring Suits for Men and Boys are already here. Fit-Rite suits in elegant new patterns and smart styles. Fit-Reform Suits in colorings and designs that are gay to look upon. Reliance Brand Clothing for boys, recognized as the strongest and best clothing in Canada. Our prices as always are the lowest possible considering quality.

**Bridgetown Clothing Store**  
**J. HARRY HICKS**

## The Manufacturers' Life

Record for 1908:

Net Premium Income	\$2,119,583.57
Interest and Rents	458,306.61
<b>Total Income</b>	<b>\$2,577,890.18</b>
Payment to Beneficiaries & Policyholders	\$663,047.22
Reserve for Protection of	\$9,428,591.00

Insurance in Force End of 1908 - \$54,287,420.00

No other Can. company has ever equalled this record at the same age

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I am unloading a car of Bilston Basic Slag this week at Lawrencetown Station. Guaranteed 20 per cent Phosphoric Acid. Give me a call and I will quote you prices.

**F. B. BISHOP** LAWRENCETOWN

### Cured His Rheumatism In Three Weeks.

James LeB. Johnstone, a prominent member of the Citizen's Band, of Chatham, writes:



Rev. Father Morrissey

"I contracted Rheumatism by exposure, five years ago, and was ailing for two months and in great pain all the time. I got Father Morrissey's No. 7 Tablets and took them for about three weeks, when the Rheumatism all left me and I have had no return of the pains since."

### Father Morrissey's "No. 7" Tablets

have cured thousands of this terribly painful disease.

Rheumatism is generally brought on by exposure, but is really caused by Uric Acid in the blood. This Uric Acid is an irritating poison, formed from the waste matter of the body. The kidneys should remove it, but when they fail it poisons the blood, and, settling in the joints, causes Rheumatism.

"No. 7" Tablets clear out the clogged-up Kidneys and stimulate them to perform their task of filtering the Uric Acid out of the blood. When this is done, the Rheumatism simply and naturally vanishes.

"No. 7" Tablets cost 50c. At your dealer's. 28

Father Morrissey Medicine Co. Ltd. - Chatham, N.B.

## FLOUR & FEED



We have a large stock of Flour and Feed bought before the advance. If you want a bargain in this line ask us for prices.

### Seeds! Seeds!

Rennie's Best XXX Timothy and Clover, and all kinds of farm and garden seeds bought from the most reliable seed houses in Canada.

WANTED—Pink Eye and Yellow Eye Beans, Field Peas, Eggs and North Mountain Silver Dollar Potatoes in exchange for goods.

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Accom. Mon. & Fri.	Time Table in effect Feb. 7th, 1909	Accom. Mon. & Fri.
Read down.	Stations	Read up.
11.45	Lv. Middleton Ar.	16.25
12.16	* Clarence	15.54
12.33	Bridgetown	15.36
13.00	* Granville Centre	15.07
13.16	Granville Ferry	14.50
13.34	* Karsdale	14.34
13.55	Ar. Port Wade Lv.	14.10

\* Flag Stations. Trains stop on signal.

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