

K&A Store
FALK

New Gift Neckwear.

Here has arrived to-day the nicest selection of
Right Up to the Minute Neckwear
We have ever had in stock. No matter what your taste may be, we are confident we can please you.

Prices 50c., 75c. and 95c.
AT THE YOUNG MAN'S STORE.

K&A Store

\$100 BONDS

The attention of investors of small amounts who wish only the safest kind of securities—bonds, is called to our offering of bonds at \$100 denominations.

Hewson Pure Wool Textile 6's with Common stock bonus.
Tripitad Consolidated Telephones 6's.
Stanfield's Limited 6's.
Nova Scotia Steel & Coal 5's.
Nova Scotia Steel & Coal 6 p.c. De-benture Stock.
Maritime Telegraph and Telephone 6's.

F. B. McCURDY & CO.,
Members Montreal Stock Exchange.
C. A. C. BRUCE, Manager,
St. John's.

dec24,11

The Canada Life.

In each of the past four years the Canada Life has earned a **LARGER SURPLUS** than ever before in its history.

Favorable mortality, and low expenses, the result of good management, have helped.

C. A. C. BRUCE, Manager,
St. John's.

In Winter Time USE BEAVER BOARD!

If your new home is ready for walls and ceilings, or if you have some remodeling to do, don't wait for spring to plaster, but use **BEAVER BOARD** right now. **BEAVER BOARD** takes the place of lath and plaster: it may be decorated at once with paint in oil or water color and the house can be occupied at once.

BEAVER BOARD will not crack and never needs replacing. It is used for every class of building—home, store, office, &c., wherever you want durable, artistic, sanitary walls and ceilings.

We will show you how you can use **BEAVER BOARD** for your building or remodeling. Call, write or telephone.

COLIN CAMPBELL.

J. J. ST. JOHN.

10 cases **BAKE APPLES.**

Very Choice **DUTCH CHEESE.**

3 lb. tins **BAKED BEANS, 12c.**

BLANC MANGE POWDER.

LARGE KIPPERED HERRING.

FRESH EGGS, STUFFED OLIVES.

HEINZ'S INDIA RELISH. HEINZ'S MINCE MEAT.

BAKER'S COCOA.

ROYAL PALACE BAKING POWDER, 20c. lb.

FINEST IRISH BUTTER.

J. J. ST. JOHN.

nov30,11

A New Medicine for Regret.

By RUTH CAMEBON.



One of the two most futile and foolish wastes of energy in the world is to worry over the future; the other is to regret the past.

The first is rather more common; the second rather more foolish. For where as worry might possibly spur one on to action, regret cannot in any way affect the past. Things done are done.

"The moving finger writes, and having writ, moves on, nor all your piety nor wit shall lure it back to cancel half a line, nor all your tears wash out a word of it."

All of which is just a prelude to the introduction of a medicine which may help anyone afflicted with the disease of regret.

It is the discovery of a friend of mine. She has always been afflicted with a tendency to this vitally sapping disease. Decisions are agony to her because she knows that the moment she has decided either way she will be seized with an attack of her chronic disease. All the advantages of the line of action which she has rejected march themselves before her mind, and haunt her like avenging ghosts.

Recently this woman had to make a very important decision. She was to buy a house in which she would probably live many years. She was so fearful that she would do the wrong that she became almost hysterical over the matter. He selection finally narrowed down to a choice between two houses. She vacillated between these for about a month, asking everyone's advice and making up her mind three times a day.

When she finally took the fatal leap I was almost afraid to visit her for fear of finding her in a blue funk of regret. But to my surprise, I found her quite serene.

When I asked her if she had felt any regret she actually smiled. "Yes," she said, "I did at first. As soon as the disadvantages began to appear—you know there are always some disadvantages in any house that you don't find out until you actually live in it—I began to wish I had taken the other house, and to think of all its advantages. And then—I don't know how it happened—suddenly came over me that if I had taken the other house, some unexpected disadvantages would have been sure to appear in that, and of course I shouldn't have known about the disadvantages of this one, and so I should have felt just the same about this house as I do about that one. Since then, every time I have started to regret the other house I've just put my mind right on that fact and you don't know how much it has helped."

Don't you think that's a wise point of view?

And not only in regard to selecting a house, but in regard to any decision. Whatever line of action you choose you will find some disadvantages in it, and by contrast the course you didn't choose will appear alluring. But don't be deceived by this. Keep constantly before your mind that there must be disadvantages in the other course which following it would have brought out. They may be less than the present evils but then, again, they may be more. Who knows?

So the next time you find yourself about to have an attack of the regret devils after a decision, try to exercise them with that medicine thought.

Ruth Camebon

HOT FLASHES.

Women in middle age often complain of hot flashes. They are at that stage of life when their delicate organism needs a tonic and helping-hand which only Dr. Pierce's Favorite Prescription can give them. Many women suffer needlessly from girlhood to womanhood and from motherhood to old age—with backache, dizziness or headache. A woman often becomes sleepless, nervous, "broken-down," irritable and feels tired from morning to night. When pains and aches rack the womanly system at frequent intervals, ask your neighbor about

Doctor Pierce's Favorite Prescription.

Mrs. J. L. HOPKINS, of 221 S. Benton Street, Baltimore, Md., says: "I wrote you about nine months ago, telling you of my condition. I have a fine baby girl—the sweetest nine months when born. She is very kind child, and the strongest of them all. My suffering was only for two hours. I took several bottles of 'Favorite Prescription' and one of Dr. Pierce's Smart-Weed. I never had a well day before I took your medicine. I was surprised how well I felt—could eat—was always hungry, and never had a sick stomach. The nurse who was with me said the medicine was wonderful because I got along so nicely after having had so much trouble before. She intends to recommend it to all her suffering patients. Everybody is astonished at me because I only weighed 100 pounds before and now I weigh 135. I have had several ladies come to me and ask about Dr. Pierce's medicine. I am willing to recommend it to all who suffer and want help. If any want information I will be glad to give it."

SOLD BY ALL DRUGGISTS.
World's Dispensary Medical Association, Proprietors,
BUFFALO, N. Y.



Mrs. L. HOPKINS & CHILD.

Household Notes.

A handy thing to have on the back porch is a towel rack, such as is used in the bathroom, screwed to the side of the house about 30 inches from the floor. A zinc tray should be put beneath to catch the drip.

A bill-file with its point protected with a cork is a useful little object to hold a spool of carpet warp for crocheting.

If boiled frosting has been cooked too long, it may be rendered smooth again by adding a piece of butter the size of a walnut before beating it.

Iron rust can be removed by wetting with lemon juice, covering with a damp cloth and pressing with a hot iron.

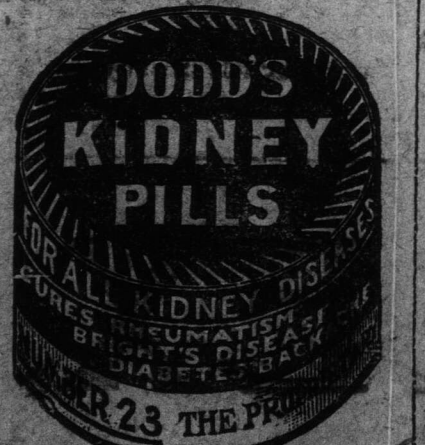
To do away with the sound of a watch in a sickroom, place the watch under a tumbler.

A practical trunk lining is made of blue chambray of medium shade. Pockets may be made in it, and will be very useful.

A little tree from the woods makes a charming clothes tree for baby's garments. Cut off the little limbs and paint the whole tree white, with gold knobs for the ends of the branches.

Always turn salt fish skin side up when soaking it to freshen.

Inside window boxes for flowers should always have drip pans under them if you would save floor or carpet.



Sew a very large safety pin inside your shopping bag. It is a great convenience for hanging things on, from house keys to small safety pins, the latter to hold samples.

At the seashore it is often a question of how to save bedding from rusting. Try painting the springs with the same aluminum paint used for the radiators.

To keep baby covered in his crib, double a sheet or blanket, lay it lengthwise in the crib under the mattress, and then, after baby is in, fold each end and tuck him in.

A wicker telescope makes a good bed for a very tiny baby on the train. His belongings can be packed in the lower half and the bed arranged in the upper half; then the upper half can be set into the lower when baby is to go to sleep.

Alcohol will take ink stains out of light wool materials.

Excellent school sandwiches are made of large ripe olives stoned and chopped fine and spread on bread and butter with mayonnaise.

Another good sandwich is bread and butter with chopped dates.

To save shirtwaists that are worn at the wrists and collar, cut the sleeves to three-quarter length and make a V neck, finishing with lingerie collar and cuffs.

White or graham animal crackers, coated with white and colored icings, are very attractive for children's parties.

Apple cream is made of apple sauce put through a sieve to cream it, and then beaten into half a pint of cream, which has first been beaten till nearly stiff. A teaspoonful of lemon juice will improve.

Handy fixtures for a bathroom are the enameled steel medicine closet with shelves and a mirror and the sitz bath.

Brass polished with oil and rottenstone will have a deep rich yellow tone. The whiter, more brilliant tone is caused by acid polishes.

To wash colored silks, use cold water and a moderate amount of soap.

MINARD'S LINIMENT CURES GARTERS IN COWS.

Black BEAVER HATS.

Just to hand ex s.s. Carthaginian from London

24 only

LADIES' BLK. BEAVER HATS.

Eight different styles to choose from.

3 only

MISSES' MUSHROOM BLACK BEAVER HATS.

SPECIAL:

3 1/2 doz. Assorted Felt Hats,

in all leading shades. All to clear at one price, 30c. each.

SOPER & MOORE

The Next Holiday



Oh, Christmas Day is past and gone, we saw New Year's depart; and Groundhog Day full soon will dawn, the day that stirs the heart. So let us wear our Christmas grins and do our shopping now

before the groundhog rush begins—the sanest plan, I swear. Oh, Groundhog Day, I sing your praise throughout the busy town, and if the groundhog hears my lays, I hope he'll jot them down. On Groundhog Day we don't suspend our dietary rules, and gobble rich things without end like forty kinds of fools. No indigestion racks our frames when Groundhog Day is past, we do not need the doctor's games, we do not dope or fast. No slippers come by every mail from climes where slippers grew, no cheerful chumps come up and wait, "A groundhog box on you!" No presents on a groundhog tree stir up your deadly ire, no foolish Santa do you be, with whiskers all afire. Oh, Groundhog Day is safe and sane, a festive day and kind, which doesn't jar your soul or strain your body or your mind. So let us ring the groundhog bell, until the day is o'er, and may the groundhog spirit dwell with us forever more.

Copyright, 1911, by George Hathaway Adams

Upset Stomach and Indigestion

Hearburn, Gas, Sourness or Dyspepsia ended in five minutes with "Pape's Diapiesin."

Time it! In five minutes all stomach distress will go. No indigestion, heartburn, sourness or belching of gas, acid, or eruptions of undigested food, no dizziness, bloating, foul breath or headache.

Pape's Diapiesin is noted for its speed in regulating upset stomachs. It is the surest, quickest and most certain remedy in the whole world and besides it is harmless.

Millions of men and women now eat their favorite foods without fear—they know it is needless to have a bad stomach.

Please, for your sake, get a large fifty-cent case of Pape's Diapiesin from any drug store and put your stomach right. Don't keep on being miserable—life is too short—you are not here long, so make your stay agreeable. Eat what you like and digest it; enjoy it, without dread of rebellion in the stomach.

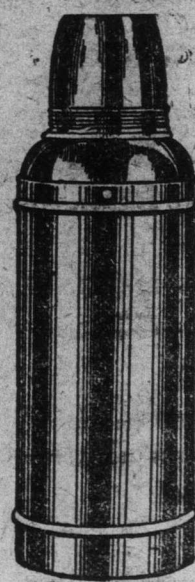
Diapiesin belongs in your home anyway. It should be kept handy, should one of the family eat something which doesn't agree with them or in case of an attack of indigestion, dyspepsia, gastritis or stomach derangement at daytime or during the night it is there to give the quickest, surest relief known.

Ship Held Up.

The S. S. Bellaventure was expected to get away for Sydney Saturday night to load coal, but was held up in port owing to her firemen failing to turn up. Invariably the owners of the Ventures suffer expense and inconvenience through the same complaint. Less than a month ago the Adventure's broke hold men ran away from her at Bell Island, and the ship came near losing her charter as a result.

MINARD'S LINIMENT RESTORES NERVOUS.

THERMOS



Keeps Liquids Hot 24 Hours.

Genuine Thermos Bottles now cost so little that everyone can afford one.

Invaluable in Nursery, Sick-room, Office, School or Factory.

\$1.50 up.

T. J. DULEY & Co.,

The Reliable Jewellers and Opticians.

NEW YEAR BARGAINS At GARLAND'S.

We offer the balance of our stock of Fancy Goods consisting of Dressing Cases, Work Boxes, Work Baskets, Writing Desks, Writing Cases, Ink Stands, Photo Frames, Mirrors, Hand Bags, Toilet Cases, Post Card, Scrap and Auto Albums, Jewellery, Watches, Clocks, and a hundred and one other lines at 20 per cent. discount.

Dolls, Dolls' Carriages, Rockers, Horses, Horses and Carts, Rubber Balls, Drums, Tambourines, Magic Lanterns, Mechanical Toys, and a host of others all offered at 25 per cent. discount.

GARLAND'S BOOK STORES,

177 and 353 Water Street.



To bring out your good points and hide your defects is always our aim. We spare neither trouble nor expense in giving you warranted materials and expert workmanship. Made at "Mauder's" is the sterling mark of tailor made clothes. A large and varied stock of New Suitings and Overcoatings just in. Samples and Self-Measuring Cards on application.

JOHN MAUNDER.

Tailor and Clothier, 281-283 Duckworth Street.