

The Real Cure For An All Too Common Ill

No, this does not consist of some special or new form of drug, because drugs are not a permanent cure for Constipation. The real cure for Constipation is something that will appeal at once to your commonsense, because this cure consists simply of pure sterilized water.

The sufferer from Constipation usually realizes the danger of his affliction, because from Constipation arises the vast number of more serious diseases brought about by the retention and promulgation of germ life in the system, in turn caused by our failure to get rid of this waste.

Such a sufferer has probably tried all kinds of drugs, and his experience is enough to prove that drugs form only a temporary relief, and require constant use in constantly increasing doses to be at all efficacious. The sufferer greatly adds to his illness by becoming a slave to this drug habit.

How much simpler and saner is this method of Dr. Charles A. Tyrrell, inventor of the J. B. L. Cascade—an appliance now endorsed by physicians everywhere, and used by over 300,000 people. With this system of the internal bath, you dispense with drugs entirely, and you secure a perfectly natural treatment that brings about immediate relief and gradually attains a sure and permanent cure.

Hundreds of people have enthusiastically endorsed this treatment, as Mr. E. Nighswander, of Green River, Ont., who writes: "For years I have been troubled with Constipation, ulcers in the bowels, and piles, which all the money and doctors only seemed to relieve temporarily. The J. B. L. Cascade has completely cured these troubles, and I feel it a duty I owe to my fellow-men to endorse the Cascade in the very highest terms. No amount of money could estimate the value it has been to me. No home should be without a CASCADE."

Write for Dr. Charles A. Tyrrell's book, "Why Man of To-day Is Only 50% Efficient." We will gladly send you this free if you will address Dr. Charles A. Tyrrell, Room 561-6, 280 College St., Toronto.

THE NEW DEAN OF ROCHESTER.—The King has been pleased to approve of the appointment of the Rev. Prebendary Storrs, Vicar of St. Peter's, Eaton Square, London, to the Dean-

The Twinges of Lumbago

There is nothing like Dr. Chase's Kidney-Liver Pills to rid the uric acid from the blood, and so remove the cause of lumbago and rheumatism.

Mr. John N. Frank, farmer, Mink Lake, Alta., writes:—"For two years I suffered from lumbago. Sharp pains would dart through the back and sides or come on suddenly when bending or twisting the body. I could not do any work for months of each year, was often confined to the bed, unable to sit or stand.

"Since using Dr. Chase's Kidney-Liver Pills I have not lost any time, and have been very greatly benefited. Though I still have slight attacks, this treatment seems to be driving the disease out of the system.

"I have been entirely cured of annoying, itching piles of three years' standing by use of Dr. Chase's Ointment."

Dr. Chase's Kidney-Liver Pills, one pill a dose, 25 cents a box, all dealers, or Edmanson, Bates & Co., Limited, Toronto.

ery of Rochester, in succession to the late Very Rev. Dr. Lane. The Dean-designate is the son of the Rev. John Storrs, deceased, who was at one time the rector of Cornwallis, Nova Scotia. Prebendary Storrs was born at Cornwallis and received his primary education in Canada.

Professor Pinnazzala, in recently exploring the ruins of Cumae, in Italy, and the road leading from the gate of the town to the acropolis, entirely unearthed a temple of Apollo adorned with Ionic columns and surmounted by a freize with Apollo's lyre. Other finds include fragments of a marble statue of Livia Augusta. The statue of Apollo has many inscriptions relating to visitors to the oracle. An octagonal temple dedicated to an unknown divinity, the walls of an ancient city, and traces of the ancient towns of Sinuezza are now being explored.

For Clean Sanitary

SINKS

free from Grease and Scum use

Old Dutch Cleanser

Boys and Girls TRUE CHIVALRY

A pathetic little story is told by Mr. Harold Murray. He says that when the Rev. J. E. Watts-Ditchfield returned from Australia, just before Christmas, he asked Mr. Deakin, formerly Prime Minister of that country, what impressed him most of all when he came over for the Coronation of King Edward. "One night," replied Mr. Deakin, "I had been to a great function. It was midnight. I was making my way home, and I turned aside into a narrow, dark alley. There, on a doorstep, I saw a little lad aged about twelve with his arm round a little girl of three. The lad had taken off his coat and wrapped it round the child, and with his cap he had covered her feet. Of all that I saw during my visit to London that picture will ever be strongest in my memory.

AN INTELLIGENT DOG

It does not often fall to the lot of a dog to make a presentation to Royalty, but this honour was conferred upon an Irish terrier belonging to a lady who resides at Beckenham. While Princess Henry of Battenberg was receiving the purses at the Albert Hall on behalf of Dr. Barnardo's Young Helpers' League on

The Most Delicious OF ALL TEAS IS "SALADA"

CEYLON TEA—BECAUSE OF ITS UNVARYING GOOD QUALITY . . .

HIGHEST AWARD—ST. LOUIS, 1904.

Sold only in Lead Packets. By all Grocers.

Saturday, "Dorando" proudly marched up to her Royal Highness, and, wagging his tail in a delighted fashion, placed a small basket containing a purse at the Royal lady's feet. The dog stood perfectly still until the purse had been removed, and then picking up the empty basket left the platform in a most dignified manner. The purse contained £6 7s. 6d. which "Dorando" had collected entirely by his own efforts.

in a month's time I'll see if I can fix you up as a saleswoman.'

"By this time the Crown Princess had got her breath back and man-

Got Rid of Bronchitis

The worst feature of bronchitis is the tendency to return year after year until the system is worn out and gives way to consumption, or other ravaging disease.

Dr. Chase's Syrup of Linseed and Turpentine owes much of its great popularity to the fact that it positively cures bronchitis, and this is about as severe a test as can be made of a medicine of this kind.

Mr. W. H. Walker, Calmar, Alta., writes: "I am pleased to say that Dr. Chase's Syrup of Linseed and Turpentine has done much good to myself, wife and children. My eldest girl, 7 years, had bronchitis, and the doctor who attended her did not seem to do much good. We got Dr. Chase's Syrup of Linseed and Turpentine for her, and she soon got well. We always keep this medicine in the house now ready for use, and find that it soon cures coughs and colds."

In fighting diseases of the throat and lungs half the battle is in having Dr. Chase's Syrup of Linseed and Turpentine at hand to be used promptly. This is why many people prefer to buy the large family size bottle.

aged to explain. The unfortunate manager, who had not, of course, recognized the Princess, nearly fainted."

NOT WHAT HE THOUGHT

"The Bristol Times and Mirror" quotes an amusing story of the Crown Princess of Germany, whose kindness of heart is well known:—

"The Crown Princess takes a great interest in young women and their work, and not long ago she thought that a protégée of hers could very well fill the post of model that a leading firm of dressmakers had advertised as being vacant. She thought that to make quite sure of getting it she would approach the manager herself.

"She called at the establishment in her unconventional way and asked for the manager. After a few minutes she was shown into his room.

"I came," she said at once, "because I saw your advertisement, and I thought—"

"The manager interrupted her. "I'm sorry, my dear," he said, kindly; "it's no use. I'm afraid you are not quite smart enough for us. But you have a pleasant face and a nice manner, so if you'll come to me

\$ 150.00

COUNT THE DOTS

GIVEN AWAY

TO THE PERSONS COUNTING THE DOTS IN THIS "ARROW" AND MANY OTHER PRIZES ACCORDING TO THE SIMPLE CONDITIONS OF THE CONTEST (which will be sent)

This is a chance for clever persons to WIN CASH and other PRIZES with little effort. COUNT THE DOTS IN THE "ARROW" (you may use a pin in doing so) and write the number that you count on a sheet of paper or post card and mail to us and we will let you know at once if you are correct. AN EXTRA PRIZE of \$10.00 will be given for the neatest correct count.

BRITISH PREMIUM CO., Dept. 46 MONTREAL, P.Q.

IN ANSWERING ADVERTISEMENTS, PLEASE MENTION "THE CANADIAN CHURCHMAN."



rds, it is equal the way round gone half the ay to Ringway re than a ring



reme ns or

n e rose deeper oftness, e skin

am ation of onderful a most

winter d lips, edy as

ru-Co uy.

al Co.