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.B., Secretary.

Holidays

Did you ever listen to the ticking of clock or watch the second hand on a a clock or watch the second hand on a watch? How fast time goes! And it watch? How fast time goes: And it never returns—once gone, it is past for eternity. Every man has just so many years allotted to him, and every instant cuts off that much of his time. It is gowment policies have ent profit results. ing, going, going, going, going days, nights and sundays, perpetually, until it is all gone; then his day is over, his chance is gone, his judgment must be u to investigate be-

JANUARY 14, 1905.

CHAIS WITH YOUNG MEN.

plans for their advancement in the trutter. To help them perform this timely task, a friend of thirs, whose own years are drawing to a close and who lives now for the welfare of his children,

The Use of Time.

contributes this article:

Blessed and fortunate is the young man who spends the years of his youth well, for time and eternity!

Every young man should take a quarter of an hour for an examination of conscience on the use of his time—on the property of the propert what he has so far done with it and or how he can improve on that use His thoughts should go out in four

directions:
1. Morally. He should consider the 1. Morally. He should consider the state of his soul; whether or not he has learned how to live for God, to sanctify his daily actions by means of a supernatural motive. to grow in holiness; whether or not he is acquiring solid virtue; whether or not he avoids the occasions of sing whether or not he has he. casions of sin; whether or not he has become a soldier of the Holy Ghost, with fortitude, to suffer, and to suffer pa-tientlywillingly, joyfully, in order that ne may be like unto Christ and that

Christ may live in him. Does he say his morning and night prayers? Does he offer to God every prayers? Does he offer to God every morning the actions of the day? Does he make an act of contrition every night? Does he go to Mass every Sandav and holiday? Does he abstain from meat on Friday? Does he keep the fasts ordered by the Church? Does he state the Systements at least once a go to the Sacraments at least once a month?

One Holy Communion more or less said Lacordaire, may mean Heaven or Hell as the eternity of some soul! Think of this, and lose no time to receive the Eucharist frequently.

Confirmation, too, should have made him a robust Christian, strong to prac-tice self-denial, able to resist natural inclinations, set in his purpose to practice temperance in drink and abstemi nousness in food; stable in his will to conquer the flesh, resolved not to be a subject and a slave to his stomach or his loins; determined to be a God-like man, ruling his nature like a King, and with the help of grace, triumphing in mind and soul over the frailties, the impulses, the appetites, the passions, and the weaknesses of his body.

"A priest," said the late Mgr. Stephan, the Indian Missionary, "needs a will of iron." So does every Catholic man—a will that shall neither bend or break where the result is virtue yield ing to vice. Cultivate that sort of a will.

And then the young man will go on to consider how he fulfills his duties to to consider how he limits his duties to his parents, to his relatives, to his em-ployers, to his neighbors, to his coun-try, to his State, to his parish (does he pay for a seat in a pew? Does he attend high Mass? Does he belong to any Cath olic societies?), and to the non-Catholics of America?

Wherever he finds something that needs amendment, he will make a resolution to do better about it in 1905 than he ever did before, and he will write that resolution down in a little private memorandum book.

private memorandum book.

He should, also, resolve to read some or all of these books: Rodriquez's "Christian Perfection;" St. Francis de Sale's "The Devout Life"; "The Spirit ual Combat"; Father Faber's "Growth in Holiness"; Challoner's "Think Well On!!"

On't."
2. Mentally: No matter how well 2. Mentally: No matter how well educated a young man is or how much he knows, there is always a plenty to learn. He owes it to the perfection of his personality to advance in wisdom all he can. Therefore, according to his needs and his opportunities, he will plan a course of reading, keep up his studies, and accumulate a library of choice books.

It is wonderful how much a man can learn by diligent study for only one

half hour a day.

It is also marvelous that out of the millions of books in the world, how very, very few are necessary to the man, who whilst desiring to be ordinarily cultured, and erudite as gentle folk should be, wills to become master of some one branch of science. A hundred volumes on a special line will give him prac-tically all that is essential to it. What is outside of them is, for the most part, information of supererogation.

Now, who is there who cannot, even in the leisure of his evenings, read a hundred books in two years' time?

Who, then, dare say that he cannot master a specialty—history, poetry, bimaster a specialty—instory, poetry, or ology, economics, finance, philosophy, chemistry, rhetoric, botany, astronomy electricity, engineering, or whatsoever other study may best suit his peculiar

It is a duty to improve one's mind, and time should not be lost or wasted by neglecting to do so regularly, systeatically, and with a definite purpose

in view.

3. Socially. The young man, who is "taking stock" of his life, will next consider how he stands socially, what reputation he has made for himself, what friends he has cultivated, how he spends his evenings and Sundays, what ocial accomplishments he has acquired his manners, his dress, his habits, his carriage, and his walk. He will endeavor to recognize his defects and to apply the remedy. His chief concern will be about his own habits and the companions whose society he enjoys. If he frequents saloons, or low theatres, If he frequents saloons, or low theatres, or the homes of the vicious, he needs no one to tell him that he is on the way that leads downward. If he is temperate, keeps his heart clean and his imagination pure, likes the company of

the virtuous, spends his free time in innocent enjoyment or self-improvement and desires to extend his acquaintance, The new year brings to young men the opportunity to "take stock" of their lite—to consider how they have among persons in whose presence he will be on his best behavior, he is on used the time that is past, to study their present condition, and to make plans for their advancement in the fu-

the road that mounts upward.

4. Business. The last thing to undergo the scrutiny of the young man anxious to make the best use of his time is anxious to make the best use of his time is his occupation. Is it suitable for him? Will he make it his lifework? If so, is he striving to master all its details? If not, is he looking out for an opening into some employment more congenial? Time is slipping away; hear the seconds counted by the clock—tick, tick-tock, tick tock; it is going fast; soon the chance

tock : it is going fast ; soon the chance to choose, to change, to master, will be

Is the young man always to have an

Is the young man always to have an inferior position? Will he never have a business of his own? Will he never lead the procession? Will he always be sitisfied to be a mediocrity?

It rests with him, in great measure, to fashion his destiny and to decide his future. Without ambition, without a settled purpose, without confidence in himself, without the will to work hard, without stick at it ness, he is not apt to without stick at it ness, he is not apt to

There are plenty of chances in business, abundant opportunities to rise. If anything is lacking, usually it is the man to pluck the fruit, to recognize the chance, fit to do the job or fill the position.

Let every young man, then, look ahead, fix a purpose of achievement, and go at its fulfillment. Let him learn something, do something, plan some thing, dream something, every day and every night, towards the accomplish-

ment of his purpose.

The young man who on New Year's day will make some such practical ex amination of conscience as is here out lined and live up to the resolutions he will then form, can, in the calendar of his private life, mark January 1, 1905.

Some Helpful Thoughts. Look forward, not backward. The world, with the new year, is before you. Let the 'dead past bury its dead.' Be careful of the future, that when another new year dawns on will have nothing to reproach yourself about.

It is the spirit in a man that makes him unconquerable. This quality we call by many names, such as virtue, character, integrity, and manhood. Manhood is a good name for it.—Rev. C. Q.

Each day, each week, each month, each year, a new chance is given you by God. A new chance, a new leaf, a new life, this is the golden, unspeakable gift which each new year offers to

Happiness is holiness. No man can be happy out of God. He made us for Himself, and we can be happy only in doing His will. Neither wealth, nor ower, nor social position, nor pleasure, nor all that the world can bestow, can make a man truly happy.

OUR BOYS AND GIRLS STORIES ON THE ROSARY

BY LOUISA EMILY DOBRER The Crowning of our Blessed Lord With Thorns.

CYRIL'S WISH. " Cyril, you will-won't you-oh, do

let me drive you in the cart!"
"You-I like that; you can't drive a bit, and Daisy always shies."
"No, she doesn't,"
"Cyril won't want to drive; there's

my wheel he can have as I shall go with pater," remarked Ber, the eldest of the

trio of boys.

"Quiet, you young monkeys; don't more than two talk at once!" said Dr. Dering in no way put out by the clamor of voices, through which he had been himself shouting out directions to the considered parter, shout the largage.

bewildered porter about the luggage.

"There, that's all right. Cyril, you have your fiddle. Good. Now boys, I tro home as I want to see Voll mother and the kiddie as soon as I can. Cyril, it seems there's a wheel and the cart at your disposa!."

"I can't go on the bicycle," said Cyril, "for I have never been on one."

"Not really!"

"Where can you have been raised?" "Haven't they got wheels in foreign parts!

parts!"
"He's stuffing us; very likely he's a regular scorcher," said Phil.
"No, I am not, really," said Cyril, who did not know what the words

who did not know what the words stuffing or scorcher meant but lortunately gnessed the meaning.
"Well, come along then," said Bob. dragging him by the arm; "it's all right, your traps will come along in the cart—there's pater off!" and he waved his cap wildly to Dr. Dering who, followed by Ber, had mounted the dogeart and was being swittly driven along the uneven road which led up hill and down dale home which was seven miles off.

When Dr. Dering, who had always seemed a confirmed bachelor, suddenly married one of his patients, every one was astonished and shook their heads over the idea of a man who was nearer sixty than fifty becoming the head of a growing-up family and launching into the cares of domestic life. It was the unexpected that had happened, and many were the doleful predictions as to his future cares and troubles. However, as it happened, the marriage was turning out an extremely happy one, and Dr. Dering, who really loved young people, appeared quite in his element. sharing the pleasures and interests of his ready-made family in quite a boyish way. Then when baby appeared on the scene, he was more contented still, and altogether the household was a lively if

a very happy-go lucky one.

Cyril got into the governess cart and had to submit to his violia being put

had to submit to his violia being put under the seat.

"It will be all right there," said Phil. "Now, Bob, are von coming, Daisy is in a hurry to be off."

"Here I am. I'm going to drive!"
"Are you just?" said Phil, holding the reins tightly.

"You bet I am!" exclaimed Bob.
An alteresting fallowed which much

ended the by Phil conquering and touching Daisy with his whip: they were off, and Cyril who was jolted and jogged, as they tore along, bumping up and down, expected every minute that they would be upset. He had never had such a drive in his life, but the boys took it as a matter of course, and laughed and joked all the while, receiving very quiet answers

course, and laughed and joken an the while, receiving very quiet answers from Cyril when they addressed him. The conversation was of a catechetical nature, and Cyril's reply that he did not play cricket was met with a duet of chuckles and laughter. "Golf!"

"No," said Cyril coloring.
"I say then, what do they play at over where you have been. I thought they were civilised," said Bob. "Why, even a girl can play cricket. Jennie's not half bad at it."

More questions elicited the informa-tion that Cyril had known very few boys, had not the faintest notion of driving, and had never ridden horse, mule or bike, even in Switzerland, his aunt never having wished him to at-tempt the former as she was too nervous-ly apprehensive of accidents. He also had to admit that he was very ignorant of tennis as well as golf and cricket. "Do you play with dolls?" inquired Phil.

"That's his doll in the case under

the seat—bet you it is!"

The flush on Cyril's cheeks grew deeper, and he had never felt so be-wildered and astonished in his life. He was quite unaccustomed not to be able to hold his own in any society in which he had hitherto found himself, and it was distinctly unpleasant to find that these boys were already prepared to loak down upon him and consider him port only a mally could be but a fornot only a molly coddle but a foo. It was early days, but in a seven-mile drive two inquisitive boys can do a good deal, and poor Cyril behan to wonder it Holmewo d wo ld ever be reached. He had so seidom had anything to ruffle him, he had always been treated so re-spectfully that before they drove up the two mile drive to the house he had made the unpleasant discovery that he could feel very decidedly out of temper. However, it was something to have arrived without any broken tones, and in the big oak-wainscotted hall there was such a hearty welcome from his pretty little aunt that for the moment

ne forgot his roubles.
Puff and Dart, the two bull-terries, were in a frantic state of ecstasy at the return of the boys, and after a few introductory growis they condescended to accept Cyril as a friend. The latter unaccustomed to animals, as his aunt and a terror of dogs only equalled by her objection to cats; but here cats and dogs were part of the establishment, and certainly contributed their share towards the general hubbub which only subsided a little when every one scattered right and lett as a big gong boomed through the house.

TO BE CONTINUED.

IMITATION OF CHRIST.

HOW A DESOLATE PERSON OUGHT TO OFFER HIMSELF INTO THE HANDS OF

I have also learned hereby to fear Thy impenetrable judgments; Who afflictest the just together with the wicked, but not without equity and ustice

Toanks be to Thee, that Thou hast not spared me in my sufferings, but hast bruised me with bitter stripes, inflict ing pains and sending distress both within and without.

And of all things under heaven there is none can comfort me but Thou, O Lord my God, the heavenly Physician of sours, who scourgest and savest, leadest down to hell and bringest up again. (Tob. xiii. 2.) Thy discipline is on me and Thy rod will instruct me.

CHAMPION OF DOWNTRODDEN.

CHURCH HAS ALWAYS IDENTIFIED HER-

Rev. A. P. Doyle, rector of the Apostolic Mission House at the Catholic University of America, last Sunday closed the mission, which had been in progress for the past two weeks at St. Stephen's Catholic Church. He preached an elequent sermon at the High Mass on missionary work in the church.
Speaking of the Catholic Church as

the changion of the downtrodden, Rev. Father Doyle said:
"Where the grind of daily life is a

contention against poverty, vice, and degradation, some angel visitant from the other world must come to comfort and console. America has had among its striking traits the eager grasping for wealth, and in the attainment of this end as the huge throng rushes on, many are crushed, still others are cast by the wayside, and others are brought into life for whom existence is but a damning fate.

"Thinking men say that there are tremendous problems for us to solve it we would preserve ourselves a great we would preserve ourserves a great nation, and not the least of these are the problems created by the grasping avarice of wealth. The Catholic Church has been pre-eminently the church of the plain people of the land. In the teeming cities it has placed its strongholds, and its coercing, restraining, uplifting, and spiritualizing power over the masses of our population is a marvelous civilizing force.

marvelous civilizing tores.

"Every Catholic pulpit is a battery belching forth hot shot against anarchy, insubordination and lawlessness. Every Catholic Courch is a most powerful agency inculcating reverence for

which the Catholic Church has identi ned itself with the cause of struggling and suffering humanity can doubt that it has been and ever will be a saving

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factor in our American life.
"The Catholic Church is destined to

secure a marvelous expansion in this country by attracting the intellectual and spiritual life of the country to her teaching and her policies. She is perfectly at home in the free air of American liberty. She stands fer all that is highest and best in our American life, and against all those degrading ele-ments that would drag down the sweet seriousness of upright living and make it a dangerous and blatant vulgarity."

THE FATHER WHO DRINKS.

How sad is the home whose head frequently drinks too much intoxicating

His wife is ashamed and afraid of him. She remembers with grief the bright promise of his early manbood. She recalls with humiliation his many falls from grace. She thinks with dis-may of his influence and example upon her growing boys. She looks around with envy at the happiness and the prosperity of other women who were girls with her and whose husbands had no more chance to get along than here has had, but who kept sober, were frugal and industrious, and who now have a competence.

His sons and daughters have a cloud always over them—they never can be sure that their father will not come sure that their lather will not come home drunk. They do not want to go out with him anywhere. They do not introduce their young friends to him with pride in him. They do not care to let on to strangers that they are his. He is a reproach to his own

His relatives avoid him, do not visit his house, nor invite him to theirs.

He is a worse affliction to a home than poverty or sickness. These can be borne with courage. But to have a drunkard in the house is a disgrace. Even honest pride cannot hold up its head when he staggers in. He is a weakling, the slave of a craving for stimulants, an enemy to himself, and a discredit to his whole family.—Catholic

A RATHER SADDENING OUTLOOK FOR THE POET.

"Whatever is the cause," says the New World, "certain it is that it is most difficult for the poet to win popu lar recognition nowaday. This, in spite of the thousands of elementary schools, high schools, academies, colleges, universities and Carnegie libraries in our country. Shameful but true that to day any verse writer could go into the vilest sort of ward politics and within thirty-six months win more cash and popular respect than he could producing high class poetry in thirty six years. It was not so in the old Catholic ages, but it is so to day, most assuredly. It is an infallible sign that the builders of our civiliza tion are not building it toward the highest. This is the wealthiest nation in the world, but still the shapers are forming the young to appreciate chiefly the dollar, while the highest art, music, poetry, philosophy and religion go neglected. The outlook is rather sad lening sometimes."

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