

This teaching is not mine, nor of such and such a theologian, but, indeed, of our Holy Mother Church. United in the holy Council of Trent, she manifested on one side her ardent desire to see all the Faithful who assisted at Holy Mass communicate sacramentally, and, on the other, she says ; " That so august a Sacrament must not be unworthily received, and thus cause the death and condemnation of him who receives It, the Council decides and declares that they who are certain of having committed a mortal sin, however repentant they may be, must necessarily recur to sacramental confession before approaching the Holy Table."

Behold, then, O Christian Soul, all that is *necessary* that you may not commit a sacrilege in communicating. And that only is *necessary*. Do you understand? Never communicate without confessing beforehand, if you are certain, that is, if you can *swear* to being in a state of mortal sin.

You ask me : " Is that alone sufficient not to make a sacrilegious Communion? " Yes, that is sufficient, because, as the learned Suarez observes : " Nothing more is imposed on us by any Council or Pope, nor by any of the Holy Fathers." Now, if this is so, why do you say : " I do not communicate daily, nor even frequently, because I fear to make unworthy and sacrilegious Communions? " Why not despise this fear as vain? " As you have no affection for mortal sin, or, having the certitude of having committed it, you have confessed and repented, nothing hinders you from communicating worthily every day."

(to be continued.)

A Heroïne under the Reign of Terror



OR very long ago, at the hospital of St. Mandrier, near Toulon, died Earnest Jourdan, a young soldier of marine infantry, and the last descendant of the renowned heroïne Catherine Jourdan.

During the reign of terror a batallion, bent on pillage, entered the Collegiate Church of Sixfours. Catherine Jourdan undauntedly walked through their ranks, saying