## THE SENTINEL

the state of Jesus in the Blessed Sacrament preach to us in perfection what is required of man,—adoration, obedience, dependence, humility, patience and devotedness? During His life He gained souls to God by His benefits, and in the Blessed Sacrament He continues to cure, to nourish, to comfort, to bring souls to life again. What more? Formerly He bestowed benefits, now He gives Himself up to us.

Finally. He once redeemed the world by the shedding of His blood; and the Blessed Sacrament is nothing else but the renovation of His Passion and death, the perpetual and universal shedding of His blood; it is from the Eucharist as from their source that all the sacraments draw their wholesome virtues; it is by the prayer of the Eucharistic sacrifice that the prayers through which favours are granted obtain their efficacy; all the instruments of salvation borrow their effective energy from the Eucharist, and thus by His prayers, His condition, His gifts. His sacrifice, the Eucharistic Christ works still for the salvation of mankind. And this admirable work will last till the last hour of the world; then the courageous indefatigable and heroic workman shall have accomplished His work and consummated the mission He accepted from His Father.

## THANKSGIVING.

Gratitude, with the joy and happiness that nourish it, will overflow your heart, if you realize that this work of the salvation of man is accomplished personally in each one of us by the Saviour through His Eucharist.

The Blessed Sacrament is the individual application of all the elements of salvation repeated as many times as there are Christians to be saved. While Jesus prayed for us during His life, to-day He comes to every one of us and prays in him and with him; He comes to impress His teachings on the heart of each, by nourishing him with the grace and sap of His own virtues; He comes to give Himself up Personally, entirely, sensibly to each one, every day of His life; He comes to die in the depths of the soul of each one with the treasure of His blood, His merits and His satisfaction. Each one can, each one

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