LET MUSIC HELP To Pass the Long Winter Evenings

Either of these beautiful Columbia Grafonolas bring all the world's best music within your reach.

The "REGAL"

No machine, of any make, of a similar type to this, as ever been sold or anything like this price. Together with 12 standard 10 inch double disc ords we selling this machine on a cash payment of \$7.50. The balance of \$67.50 is payable in nine similar monthly payments.



The "ECLIPSE



The best machine for the money ever ade. Has the clear rounded tone of other Columbia models and plays any disc records. The price of this machine brings within the reach of all. Complete with 12 of the latest double disc records we will sell you this machine for \$46.00cash payment \$6.00-monthly \$5.00.





SYNOPSIS OF CANADIAN NORTH-WEST LAND REGULATIONS

WEST LAND REGULATIONS
THE sole head of a family, or any male over
18 years old, may homestead a quartersection of available Dominion land in Manitoba,
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the section of available Dominion lands appear
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conditions as soon as momentum posecut, or conditions, conditions are surchasted his homestead that was take a purchased homestead in certain its. Frice \$3.00 per acre. Duties—Must all months is east of state of the conditions, cultivate area of cultivation is subject to reduction or of cultivation is subject to reduction or of rough, securibly or stony land. Live may be substituted for cultivation under a conditions.

onditions. W. W. CORY, C.M.G.,

Deputy of the Minister of the Interior

-Unauthorized publication of this adverwill not be paid for.—64388.

should have plenty of fresh air. Its bowels should be cleansed with some good laxative. One dose of castor oil may be given. Never give the baby any of the patent cold cures, for many of them contain harmful drugs, such as morphine, codeine or phenacetin.

OUR BUSINESS.

As a nation we are concerned in making this a great nation financially, politically, physically, intellectually and spiritually, and here, as perhaps in no other country, all depends upon the development of the individual. Our business then is to make our homes, our schools and colleges, our churches, our public entertainments, all our institutions such as will develop the individual and make him a good citizen.

Man is a social animal, he cannot hope

and make him a good citizen.

Man is a social animal, he cannot hope to develop without help from his fellowmen, and his right relations with them prove his right to citizenship. What other art is so available and attractive to all men as that of music? No one will deny its great socializing power; it gives such excellent opportunity for co-operation that at once it presents itself as a social as well as an esthetic influence. If then it unites people, brings them into closer sympathy, surely it pays—pays all that a country expends by answering one of its greatest needs.

Recipes

Baked Indian Pudding -This requires Baked Indian Pudding—This requires one-nalf cupful of meal, one cupful of molasses, three pints of milk, two eggs, three tablespoonfuls of butter, one table-spoonful of ground ginger and one tenspoonful of salt. Scald one-half of the milk and pour it hot on to the meal and the butter, then add the molasses, the cold milk, ginger, salt and eggs. Turn into a pudding dish; set this in another dish containing water; place in the oven and bake slowly for four hours.

Boiled Indian Pudding .- Take Boiled Indian Pudding.—Take one quart of meal and one cupful of finely chopped beef suet, add on cupful of molasses, one teaspoonful of ginger or one-half that amount of cinnamon. Add scalding hot milk, enough to make a thick "pour batter;" turn into a wet and floured cloth, tie very loosely and drop it into a pot of boiling water to cook for four hours. Serve with butter and syrup.

Escalloped Corn and Tomatoes.—Have at hand one quart of corn and one pint of tomatoes drained free of juice, seasoned palatably with pepper and salt; one small cupful of buttered crumbs; and one cupful of sweet cream. Take a deep pudding dish and put the vegetables in alternate layers, having three of the corn and two of tomatoes. Moisten the corn with the cream and sprinkle the crumbs over the tomatoes. Place in a hot oven for thirty minutes. If preferred, small ramekins can be used in place of the large baking dish. This is a delicious entree. Escalloped Corn and Tomatoes .- Have delicious entree

Fruit Corn Muffins.—Sift together two cupfuls of corn meal, one cupful of white flour, two tablespoonfuls of sugar, one-half teaspoonful of salt, and two teaspoonfuls of baking powder. And one and one-half cupfuls of sweet milk, two beaten eggs and one cupful of any kind of berries or chopped sweet apples. Bake in muffin pans in a hot oven.

Ham With Beans.—Put about three pounds of ham or smoked shoulder in a casserole. Fill it up with kidney beans and grate an onion over it. Add a table-spoonful of molasses, a very little salt, and fill the dish with water. Cover and bake all day.
This is very delicious.

Bean Soup.—Add a quart of water to one pint of baked beans, and let simmer on the back of the stove for two or three bours. Press through a colander and flavor with celery salt, pepper and the juice of a lemon. Serve with slices of hard boiled egg cut into it. This is a delicious, nourishing soup.

You can wash the nickelled oven like you wash a kitchen dish, thereby keeping your

sweet, clean, hygienic. Nickel draws heat--you get a hot oven with less fuel. Ask the McClary dealer.



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LOWER price, we would have to sacrifice the quality
of its completeness. It would then be cheaper AT
FIRST, but much more expensive IN THE END.
This is our thorough conviction, and it explains why
in Mason & Risch Pianos Standard of Quality is
rigidly maintained, why Mason & Risch Pianos embody every point known to man about piano-perfection in the true sense of the word.

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