

of the frost idea out of you. True, we have frost in the winter, and plenty of it, but little of it in the summer. We have no more trouble about frost here than you have in your own country.

In the spring we are later getting in crops, but our long days bring us up in the fall with abundant crops, and no one here thinks much about frost until they see it. About the first of May stock can make their living outside on the green grass. Stock was turned out last spring in the Sate River Valley on the 9th of April and made it all right. There will be an abundance of grass all summer and until about the first of December. Our grass never buries up and becomes dry and unfit for grazing like it does in Illinois and other states, but remains green. I do not wish to leave the impression that nothing has ever been injured by the frost in the early spring, for at times potatoes and other tender garden truck have been frozen, but in a few days they are all right and the result is a good crop.

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### What Fruit Can be Raised. ?

ALL kinds of wild fruit, strawberries, blueberries, raspberries, saskatoons and plums. One lady last year used up one barrel of sugar in preserving berries. (This in the White Fish Valley). I know of another lady in the same settlement who gathered and put down two hundred and fifty quarts. I visited another lady last winter and she asked me what kind of fruit I liked best, that she could give me almost any kind I would ask for. Tame strawberries are being put out and do well. We can never grow peaches and grapes.

The above statement refers to this district. Let it be remembered that Ontario contains two hundred and twenty thousand square miles ; that it is seven hundred and fifty miles long from north to south, one thousand miles wide from east to west, and that we are noted for the best fruits shipped into the European market. No finer peaches, apples and grapes can be grown anywhere than in the eastern portion of the province. We may do wonders here, we are just unfolding our great possibilities.

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### Is Your Climate Severe in Winter ?

BY reason of the dryness of the atmosphere extremes of heat and cold are less acutely felt than one would expect from simply observing the thermometer. Our climate is dry, healthy, invigorating ; such a climate as conduces to the building up of a hardy, vigorous race. Instead of the perpetual winter so much talked about, the facts are, that the average winter is about four and a half months, and though spring may begin two or three weeks later than in Illinois, the conditions for rapid growth—warm sunshine and rain—are so favorable that the crops are seldom, if ever, a failure. It is a well recognized fact that a sharp, cold winter, with plenty of snow, is by far the most healthful as well as the most advantageous to business of every kind. I have travelled a great deal, but nowhere have I enjoyed the winters more. The young people take more outdoor recreation. Even the little ones are constantly out playing in the dry snow.

No wonder then that in our latitude can be found such beautifully developed men and women. There is nothing to prevent men working out every day during the winter. It is cold, but there is no rain or dampness of any kind ; we are free from