

The Art of Listening.

Would there were more people who knew how to listen! We sometimes deplore the fact that there are so few good talkers; may we not rather regret that those who can talk so seldom find people who know how to hear them?

The habit of interrupting is one which is certainly on the increase. If one will sit quietly by and take notes of a casual conversation, he will be disagreeably surprised to see how few sentences are allowed to run their smooth and even way without some interruption. When the story is in telling by one of a small group, it is bound to be paraphrased by exclamations, needless questions, or would-be jocose speeches. To listen properly one should look at the speaker, and think of what he is saying. Such a listener is in himself an inspiration. We sometimes hear it said of a man or woman: "That person brings out all that is best in me in the way of conversation." And generally the reason for this is that this particular person gives appreciative heed to what is being said.

To look at a book, to turn over the pages of a magazine, or to glance over the columns of a newspaper, is not to listen attentively, and will serve as a damper to the most enthusiastic of speakers.—Harper's Bazar.

Iced tea is quite a different preparation. To make iced tea, pour five pints of boiling water over three heaping tablespoonfuls of the best English breakfast tea, and let it draw or infuse five minutes. It must not boil. Add a pint of cold milk. Pour it into an icecream freezer packed in salt and ice, and turn the handle of the freezer around five minutes. Serve it in thin glasses, with powdered sugar and thin slices of lemon.—Rx.

A boy is like a bicycle, because he cannot stand alone. He needs a steady hand to direct his way. He runs the easiest down hill. If you lose control of him, he may break your heart, if not your head. He is not made to travel on bad roads. The straighter you keep him the more safely he runs. The faster he runs the more closely must his guide stick to him. He needs blowing up once in awhile. He should never be run by more than two cranks.—Young Churchman.

With all the pomp and circumstance which might have attended the obsequies of a member of the royal family, the remains of Sir Arthur Sullivan were interred in St. Paul's Cathedral on Tuesday. The Queen, Emperor William of Germany the Prince of Wales and other royalties were represented, and the musical and dramatic world attended in force. The coffin was embedded in magnificent floral tributes sent from far and near.

A writer in the London Daily Mail has figured it out that, averaging the poor and frugal with the rich and extravagant, it costs a young Englishman about \$2,000 to fit himself for the navy, \$3,000 for the army, \$3,875 for the church, \$4,000 for the bar, and \$4,720 for the practice of medicine.

THE DOCTOR LAUGHED
But the Woman was Frightened.

A physician of Columbus, Ga., rather poked fun at a lady patient who insisted she had heart disease.

The trouble really was caused by injuries from the effects of coffee drinking, and the nerves were so affected that it gave her every indication of heart disease. This is true of thousands of people who are badly hurt by the caffeine of coffee, and, it is understood that if continued long enough, real organic heart disease will set in.

The lady referred to above is Mrs. C. V. Irvine, 1010 B street, East Highland, Columbus, Ga. She says: "I have been running down in health for a number of years and suspected that coffee was hurting me but could not get my consent to quit it. My heart troubled me so that I was very short of breath, and could do little or nothing that required exertion. I had fearful nervous headaches nearly every day, and was exceedingly nervous with indigestion and badly constipated. The doctor laughed at my idea of heart trouble but knew that I was in a serious condition generally. Finally I was induced to quit coffee and take up Postum Food Coffee. This was about four months ago and the change has been wonderful. I feel like another person. My heart does not trouble me at all, and the stomach and nerves are decidedly improved. My head does not give me the old trouble it did, while the bowels are regular without any purgatives or medicine of any kind. "I can hardly express my gratification for the relief from suffering brought on by the use of regular coffee, and I cannot thank Postum enough."

News Summary.

The New York Evening World reports a plot to assassinate President McKinley.

No more Imperial army commissions will be granted to the colonies for some time.

Mr. Davis, Chairman of the United States Senate Committee on Foreign Relations, is dead.

Camille Angur of Hull was shot and seriously wounded by his brother David on a hunting expedition.

Mr. Martin, Conservative, has been declared elected in East Queen's, P. E. I., with a majority of ten. A re-count will be held.

Two men arrested in Detroit were found to have \$300 in Dominion Bank bills stolen at the famous Nanabee bank robbery.

While out shooting rabbits near Stouffville, Ont., on Monday Henry McMullen accidentally shot and killed his brother, Sinclair McMullen. The top of the head of the victim was completely torn off.

A movement is on foot in London to erect a tablet in St. Paul's Cathedral recording the services rendered to the nation by the war correspondents who fell in the Sudan and South African campaigns.

A number of Portuguese troops, with two guns, have left Lorenzo Marquez for Catembo, near the Transvaal border, where it is reported that Gen. Dewet and a Boer commando have fled to escape the British.

The last steamship arrival at Montreal from sea was the Bray Head, which arrived on Wednesday. It is expected she will sail Friday morning, making the last departure for sea, one of the latest records.

Lord Roberts reports from Johannesburg that five Italians, four Greeks and one Frenchman are under arrest charged with attempting to assassinate him. Their intentions, he says, were to blow up St. Mary's church while he was at service.

A cable despatch from Manila says that the American cruiser Yosemite was sunk in a typhoon at Guam on the 15th of November, and that five of her crew were lost. The Yosemite was first commissioned April 13, 1898.

The Somalis have risen in Jubaland and province of British East Africa. About 4,000 well-armed men are on the warpath. Sub-Commissioner Jender, who has been on a tour inland, with a small force is said to have been attacked.

It will be seen by their advertisement in another column that Messrs. S. Kerr and Son have made additions to their rooms and teaching staff in connection with their Commercial College on Union Street, which will materially increase their facilities for work.

The new building of the Family Herald and Weekly Star in Montreal is said by some persons to be the finest newspaper building in the world. This is saying a good deal for Canada as well as for the enterprize and success of the paper.

Prohibition legislation came before the courts at Winnipeg on Wednesday. The court held that the Dominion Alliance had no status in the argument on the prohibition act case, consequently Messrs. Mulock and Taylor, counsel for that body, will not be heard.

The departure for Australia of Their Royal Highnesses the Duke and Duchess of York has been postponed for a short period. Much disappointment has been expressed in colonial circles in London at the announcement that Canada would not be represented at the great Australian function, and it is said that the postponement of the duke and duchess's departure is due in a large measure to the desire of the home government to secure the presence of a representative of Canada at the great gathering.

Mr. D. P. Kent, the artesian well borer, has been working for some weeks at Woodman's Point, at the summer residence of Mr. Arthur McDonald, trying to get a supply of good drinking water. He went down about 700 feet and three times water was found, but each time it was a strong mineral flavor and could not be used for general purposes. The undertaking has been abandoned and Mr. McDonald will be compelled to sink an ordinary well for river water. He will have an analysis made of the mineral water and it may be he will find that he has a valuable property in the artesian well.—Globe.

Good Work is the name of a new monthly illustrated paper published by the American Baptist Publication Society. It takes the place of the Colporteur, which has been discontinued. Its columns are devoted to accounts of missionary work in all parts of the country, together with many helpful suggestive articles. It is well illustrated, contains sixteen pages, and costs only 25 cents a year per copy. No pains will be spared to make it progressive, suggestive, and eminently helpful in every department. Attention is called to the fine premiums offered. Send to 1420 Chestnut Street for further information.

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Consumption!
Starting Statement by Sir James Grant, of Ottawa.
3000 Die Annually
In Ontario Alone Through the Ravages of the Great White Plague.
Before the Canadian Medical Association held at Ottawa a few days since, Sir James Grant, the noted physician, made the startling statement that 3,000 persons die annually in Ontario from tuberculosis. Truly, consumption is the most terrible disease in the world: it is the result of germs attacking the weak spot.
For a quarter of a century Dr. T. A. Slocum, one of the most eminent scientists of the day, has made the cure of consumption a life study and has succeeded in compounding a system of treatment which positively destroys the germ that produces the disease, at the same time building up the system and creating fresh and blood. There is no humbug about Dr. Slocum, he knows exactly what his treatment will do and affirms emphatically that it cures in ninety per cent. of cases. The doctor has such confidence in the Slocum system that he offers treatment positively free to all who desire a cure. Here is the offer:
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