

It's always a delight to Use Mennen's

one's teeth becomes a pleasure with "Mennen's". The entire absence of grit -the soft, gentle polishing action and the cool fresh after-taste make Mennen's a popular choice with women. Good teeth need to be preserved. The safe, sure and most effective way to preserve your teeth is by the regular use of

CREAM DENTIFRICE

McCaul Street, Torente

WELCOME RELIEF Dr. J. D. Kelloss's

WHEN YOU WAKE UP DRINK GLASS OF HOT WATER

drink, before breakfast each day, a glass of real hot water, with a teaspountul of limestone phosphate in it, which is a harmless way to wash these poisons, gases and toxins from the stomach, liver, kidneys and bowels; thus cleansing sweetening and fresh the stomach, liver, kidneys and bowels; thus cleansing sweetening and fresh thus cleansing, sweetening and fresh ening the entire alimentary canal be-fore putting more food into the

A quarter pound of limestone phosphate costs but very little at the drug store, but is sufficient to make anyone an enthusiast on inside-bathing. Men and women who are accustomed to

ONLY 700,000 TONS OF HARD COAL FOR CANADA IN NEXT TWO MONTHS

WASHINGTON, Oct. 24.—Under a definite allotment of American coal for Canada announced tonight by the fuel administrator, about two million tons of bituminous and seven hundred thousand tons of anthracite will be permitted to move across the Canadian border during the

The allotments, which will materially reduce the volume of exports, were arranged in consultation with the Canadian authorities, and after a review of statistics showing the Dominion's fuel consumption during the last year and the future needs of its industries and domestic con-

It was announced that Administrator Garfield had insisted that Canada is to be treated as well as the United States in the matter of coal, but no better, and that the Canadian Government recognized that the United States was warranted in taking the present step to protect

17 VESSELS OF **DETAILS PROVE** FRENCH VICTORY OVER 1,600 TONS ONE OF FINEST LOST LAST WEEK

Key to Whole Ridge, Extend- Five More Than In Previous ing to Craonne, Was Captured.

LONDON, Oct. 24,—Gen. Petain's troops, who made a brilliant dash gainst the German lines northeast of Soissons Tuesday morning, at last accounts were holding all their gains, and addition to the great gains in terrain, nore than eight thousand prisoners and numerous guns were taken by the

numerous guns were taken by the French.

Likewise the British and French armies in Flanders are maintaining all the positions won northeast of Ypres Monday. Here the Germans have delivered several counter-attacks in the region south of the Houthouist forest, but have been unable to recoup any of their losses.

Extremely heavy bombardments continue in the Verdun sector, and in the region of Hill 344 the army of the German crown prince delivered a violent attack against the French. The enemy succeeded in capturing a French advanced position, but later by a counter-attack was forced to relinquish it.

INSPIRING MESSAGE FROM ROYAL FAMILY OF BRAVE RUMANIA

Queen Marie Says Her People

wash yourself on the inside before breakfast like you do on the outside This is vastly more important because the skin pores do not absorb impurities into the blood, causing illness, while the bowle pores do.

For every ounce of food and drink taken into the stomach, nearly an ounce of waste material must be carried out of the body. If this waster material is not eliminated day by day it quickly ferments and generates poisons, gases and toxins, which are absorbed or sucked into the blood stream through the lymph ducts, which are absorbed or sucked into the blood stream through the lymph ducts, which are absorbed or sucked into the blood stream through the lymph ducts, which are absorbed or sucked into the blood stream through the lymph ducts, which are absorbed or sucked into the blood stream through the lymph ducts, which are absorbed or sucked into the blood stream through the lymph ducts, which are absorbed or breakfast before breakfast breakfast before breakfast before breakfast before breakfast before breakfast breakfast b

all seas, were three steamers of more than 1,600 tons, and one steamer under that tonnage. One steamer was at-tacked, but escaped.

Queen Marie Says Her People
Will Fight to Bitter End
For Freedom.

Jassy, Rumania, via Petrograd, Oct.
—Rumania will fight to the bitter end, of the world and the restoration of the world and the restoration of the rights of small nations is achieved, Queen Marie of Rumania today told the Associated Press.

"Never will we lay down our arms until the cause to which we have consecrated our lives is vindicated," declared the queen, her voice full of determination and emotion. Attired in the uniform of a Red Cross nurse, she presented a picture of simplicity and dignity. From under the molod of her uniform her face appeared delicately molded and deeply expressive of gentleness and compassion. A stranger might have labeled and deeply expressive of gentleness and compassion. A stranger might have labeled and deeply expressive of gentleness and compassion. A stranger might have labeled and deeply expressive of gentleness and compassion. A stranger might have labeled and deeply expressive of gentleness and compassion. A stranger might have labeled and deeply expressive of gentleness and compassion. A stranger might have labeled and deeply expressive of gentleness and compassion. A stranger might have labeled and deeply expressive of gentleness and compassion. A stranger might have labeled and deeply expressive of gentleness and compassion. A stranger might have labeled and deeply expressive of gentleness and compassion. A stranger might have labeled and deeply expressive of gentleness and compassion. A stranger might have labeled and deeply expressive of gentleness and compassion. A stranger might have labeled and deeply expressive of gentleness and compassion. A stranger might have labeled and deeply expressive of gentleness and compassion. A stranger might have labeled and labeled and labeled and deeply expressive of gentleness and labe

MANY DESIGNATION TO THE ART OF TH

200,000 YOUNG MEN OF IRELAND BEING ENROLLED FOR REBELLION Rt. Hon. Henry Duke, Chief

Secretary for Ireland, Makes Hot Speech.

DEFENDS ADMINISTRATION

His Whole Heart Is in Success of Convention—Predicts Fruition.

GRAVE CRISIS AND PERIL

Yet, He Declares, This Is Time of Unprecedented Opportunity.

Week—Eight Smaller
Ships Sunk.

LONDON, Oct. 24.—An increase in the loss of British merchantmen through mines or submarines is noted in the admiralty report for the current week. Seventeen vessels over 1,600 tons and eight under 1,600 tons were sunk.

ITALY LOSES THREE BIG ONES. ROME, Oct. 24.—The Italian shipping losses at the hands of submarines during the week ended October 20, on all sease, were three steamers of more than 1,600 tons, and one steamer under that tonnage, One steamer was attacked, but escaped.

LONDON, Oct. 24.—Via Reuter's Ottawa Agency.—Right Hon. Henry E. Duke, chief secretary for Ireland, made an important speech in the House of Commons yesterday afternoon in reply to the motion moved by John Redmond, M. P., deploring "the policy which is being pursued by the Irish executive and the Irish military authorities at a time when the highest interests of Ireland demand the creation of an atmosphere favorable to the success of Ireland demand the creation of an atmosphere favorable to the success of Ireland demand the creation of an atmosphere favorable to the success of Ireland demand the creation of an atmosphere favorable to the success of Ireland demand the creation of an atmosphere favorable to the success of Ireland demand the creation of an atmosphere favorable to the success of Ireland demand the creation of an atmosphere favorable to the success of Ireland demand the creation of an atmosphere favorable to the success of Ireland demand the creation of an atmosphere favorable to the success of Ireland demand the creation of an atmosphere favorable to the success of Ireland demand the creation of an atmosphere favorable to the success of Ireland demand the creation of an atmosphere favorable to the success of Ireland demand the creation of the Irish convention."

"I do not believe," said Mr. Duke, "The Irish convention among the men engaged in the executive over whom I have immediate control.

"I do not complain of the terms of the criticism, except that I think that if the honorable member

than 1,600 tons, and one steamer under that tonnage. One steamer was attacked, but escaped.

GOVERNMENT URGES

THAT CONSTITUENTS

PICK ONE CANDIDATE

Prime Minister Will Designate

Whom Soldiers Shall Vote For.

OTTAWA, Oct. 24.—The following of.

In reland, that Mr. Redmond himself would not have been bound to take.

Flays His Critics.

Flays His Critics.

"When definite complaint is made, it can be dealt with. But the Irish executive has the right to make this complaint: That from every interested quarter, from many dishonest quarters, from quarters where the chief qualification of criticism was ignorance, the air has been filled with a clamor of denunciation; first of all on the part of the gentlemen in their studies or in their editorial rooms, who wanted the policy of Cromwell applied to Ireland, and next on the part of the gentlemen in their studies or in their diditorial rooms, who wanted the policy of Cromwell applied to Ireland, and next on the part of the gentlemen in their studies or in their diditorial rooms, who wanted the policy of Cromwell applied to Ireland, that Mr. Redmond himself would not have been bound to take.

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taken the queen for the mother superior of a convent, except for her youthful appearance.

Lives in Simple Way.

Since the removal of the Rumanian government to Jassy, the royal family has resided in a severely plain building, formerly occupied as army headquarters.
One room set aside for the queen contained a sewing machine, with which the queen was knitting as shot alked to leve queen was knitting as shot alked to leve queen was knitting as shot alked to leve queen was knitting as shot alked to find the queen was knitting as shot alked to leve queen was knitting

and the expected that more would be concentrated agrainst Rumania. The heroic defensive of the Rumanian that all the position to see the position of the registration of the Rumanian that the position of the registration of the Rumanian that the position of the Rumanian that the position of the registration of the Rumanian that the position of the Rumanian that the Ruman

precaution.

There had sprung into being the or-ganization of Sinn Feiners, as well as a grounds. an organization which had announced grounds.

concessions from those same Irish and gymnastics been forbidden by the benches from which had come this solemn vote of censure of the Government because of its "provocative indisposition towards Ireland," and these posed to British law in Ireland had administration, but that drilling under the jurisdiction of persons openly opposed to British law in Ireland had been suppressed as a most necessary

Will Class One Provide The

One Hundred Thousand Men?

entail less financial burden for Canada, through separation allowances, etc.

Authorities estimate that, after all proper examinations have been allowed, Canada should be able to produce from the first class 100,000 men fit for service, so the drain upon the man power of the

Category A—if fit for service in overseas fighting units.
Category B—if fit for service overseas in Army Medical Corps, Forestry Battalion, etc.

If not placed in category A, the applicant will know that he is not liable for immediate service, but will go to the Post Office and send in a claim for exemption with his Medical Certificate attached, when he will receive in due course a certificate of exemption until those in his medical category are summoned for service.

Where a man, who is placed in category A, feels that exemption should be allowed, an application form can be secured from the postmaster. This form, when filled in, will be forwarded by the postmaster to the registrar of the district, and the applicant will be informed by mail as to the time and place for the consideration of his application by the Exemption Board.

and 34 who were unmarried or widowers without children on July 6th, 1917.

Category C—if fit for service in Canada only.

Category E—if unfit for military service of any nature.

This is almost self-evident for the following reasons:

country will not be severe.

one of the following categories:

It will be greatly to the advantage of Canada if the entire quota of 100,000 men to be raised under the Military Service Act can be secured from the first class; that is, from the men between the ages of 20

it is admitted that, between the ages of 20 and 34, the average man is at the height of his physical strength and is most adaptable to the change of conditions from civilian life;

the military Service of unmarried men and widowers without children would occasion less distress than that of most others, since they are largely without dependents. Also, it would

Members of Class One will be well advised to present themselves for examination immediately to the Medical Board in their district. Upon examination as to their physical fitness, they will be placed in

> Mr. Redmond reiterated that nation Selzure of Small Arms.

WAKE UP FEELING FRESH AS A DAISY

The Military Service Council.

"Cascarets" for Your Liver and Bowels.

Tonight sure! Take Cascarets and any time when they become cross enjoy the nicest, gentlest liver and bowel cleansing you ever experienced. Lit stipated-Cascarets are harmless.

Get a 10 Cent Box of Cascarets liven your liver and clean your thirty feet of bowels without gribes ing. You will wake up feeling grand. Your head will be clear, breath right, tongue clean, stomach sweet, eyes bright, step elastic and complexion rosy -they're wonderful. Get a 10-cent pox now at any drug store. Mothers can safely give a whole Cascaret to children

RED BLOOD IS WHAT PALE PEOPLE NEED Doctor Says Ferro Peptine, The Red Blood Food, Will Add Rich, Red Blood to Veins of Pale, Thin, Weak and Nervous

People One Ounce a Day.