

*Companions and Books.*—The companionships of a child must be closely watched, and this not by watching the companion alone, but by watching his parents, and estimating the type and degree of their influence. A boy whose father and mother let him grow up as a weed has a surprising capacity for imparting weedy characteristics to the better stock of the neighbourhood. Older boys are a particular danger, and unsupervised walks and absences with older boys are often fully as dangerous to sexual integrity as later unchaperoned contact between the two sexes. A boy's first lessons in his relation to girls should take the form of chivalric regard for mother and sister, and the cultivation of his protective instinct for them. To make it part and parcel of a boy's creed that he who harms a woman is a cad and a bum sport as well as a coward is to build up insurance for clean living. Books, too, have no small influence on adolescent sex ideals. A course of the sentimentalistic mush too easily available to unguided boys and girls has paved the way to many a premature emotional crisis and sexual disaster.

*Good Sportsmanship and Hardy Living.*—Woodsmanship, as among the Boy Scouts, vigorous exercise, forms of activity involving team play, teach fundamental ideals of sportsmanship and the square deal, and have a vital place. The leaders in these movements should be selected with the utmost care, on a basis of personal character and not on that of mere craftsmanship. The foulest mouth and the vilest personality I have ever met in a variegated experience was that of the much prized captain, athletic idol and all-American star of the football team of a great university. Athletics for its own sake breeds dangerous types of personality. The so-called amateur ideal of training to a pitch whose height only serves to emphasize the fall when training breaks, has no place in the kind of sportsmanship that develops sexual morale.

*The Time for Plain Facts.*—Syphilis and gonorrhœa should not be mentioned to children. It is my personal belief that the essential facts of the carrying of sperm to egg cell in the human being, told in pure, impersonal language and devoid of detail can be given to both boys and girls just before puberty. Information of this sort to be protective must not, however, be too vague. Girls for example, can be warned to make boys keep "hands off" and boys similarly, enjoined against caressing and handling girls. The pubescent boy or girl can then be told if the situation seems threatening, about the genital infections. Much depends on the individual. In general such knowledge comes best, I believe, between the fifteenth and the eighteenth year. While sexual experience occasionally occurs soon after the twelfth year, a sound foundation in character and elementary training will make any restraining influence that fear can lend unnecessary until maturity is well established. The importance of seeing that every girl at this time understands the physiology of menstruation and every boy understands the seminal emission and is put on his guard against quacks, cannot be over-emphasized.

*Visual, Graphic and Personal Teaching; the Speaker.*—War experience has definitely demonstrated the superiority of visual, graphic and personal methods of teaching over books, leaflets and other forms of