## PRACTICAL VIEWS ON CHOLERA,

AND ON THE

## CANITARY, PREVENTIVE AND CURATIVE MEASURES

TO BE ADOPTED IN THE EVENT OF A VISITATION OF 'THE EPIDEMIC.

"It is easier to preserve health than to cure disease."

"The diseases which affect human health are often obscure, "many of them so subtle that they are discerned with diffi-"culty, and can only be appreciated by those who devote their "time to the study and observation of them through all their

" changes.

"No City can deserve immunity from epidemic disease, except by making absolute cleanliness the first law of its existence; such cleanliness as consists in the perfect adaptation of drainage, water supply, and ventilation, to the purposes they should respectively fulfil; such cleanliness as consists in carrying away by these means, inoffensively, all refuse materials of life,—gaseous, solid, or fluid—from the person, the house, the factory, or the thoroughfare, as soon as possible after their formation, and with as near an approach as their several natures allow, to one continuous current of removal.

"The Board would call earnest attention to the evidence which has been adduced of the surprising and almost incredible success that in some instances has attended well directed attention, even under circumstances in which temporary measures only were available, and when an outbreak seemed inevitable.—(Report of General Board of Health, Whitehall, England, 17th April, 1854.)