

CREAMED POTATOES.—Peel eight large potatoes, carefully removing all eyes and blemishes. Boil quickly in salted water until perfectly done. Remove at once from the water, put into the bowl with a quarter of a pound of butter, salt and pepper and a gill of cream. With an egg-beater whip to a cream, remove to a hot dish and serve immediately.

Let every enfeebled woman know it! There's a medicine that'll cure her, and the proof's positive!

Here's the proof—if it doesn't do you good within reasonable time, report the fact to its makers and get your money back without a word—but you won't do it!

The remedy is Dr. Pierce's Favorite Prescription—and it has proved itself the right remedy in nearly every case of female weakness.

It is not a miracle. It won't cure everything—but it has done more to build-up tired, enfeebled and broken-down women than any other medicine known.

Where's the woman who's not ready for it? All that we've to do is to get the news to her. The medicine will do the rest.

Wanted—Women. First to know it. Second to use it. Third to be cured by it. The one comes of the other.

The seat of 'sick headache is not in the brain. Regulate the stomach and you cure it. Dr. Pierce's Pellets are the little regulators.

PORTLAND PUDDING.—One cupful of beef suet (chopped fine), one-half of a cupful of sugar, one-half cupful of molasses, one cupful of sour milk, one cupful of chopped raisins, three cupfuls of flour, one teaspoonful of saleratus, one egg, nutmeg and cloves; steam in a well-greased, two-quart basin two hours.

FRIED OYSTERS.—Wash the oysters, drain, sprinkle with salt and pepper, and let them stand twenty minutes. Roll first in seasoned crumbs, and then dip in beaten egg mixed with one tablespoonful of milk, roll in crumbs again, and fry one minute in smoking hot lard. Drain on paper and garnish with sliced pickle.

CRAZY CAKE.—Beat one cup of butter, add two cups of sifted flour with a large teaspoonful of baking powder, stir in one cup of milk and two cups of sugar, lastly add the whites of eight eggs; bake in jelly pans. For filling boil two cups of sugar with two tablespoonfuls of water until brittle, remove from the fire and stir in the beaten whites of two eggs; add a teaspoon each of chopped raisins, citron and figs. Spread between the layers of cake and ice on top.

LONG BAKED INDIAN PUDDING.—Stir into a pint of cold milk seven even tablespoonfuls of Indian meal. Add a teaspoon of molasses; a half teaspoonful of salt and a large tablespoonful of butter. Pour another pint of milk scalding hot over the other ingredients and stir it well. Put the pudding into a thick, earthen pudding dish; the old-fashioned, yellow ware seems the most appropriate to serve it in. It should be begun early in the morning in order to be served at three o'clock dinner. After it has baked for one hour stir in another pint of cold milk and the same in another two hours. This makes a jelly like pudding.

#### FOUND AT HOME WHAT HE SOUGHT FOR IN VAIN ABROAD.

A Toronto man a few years ago travelled for some months in Europe. The next year he roamed over the prairies of our own North-West, all in search of health and relief from dyspepsia. Three years ago he began to diet on Dessicated Wheat made by the Ireland National Food Co., and that cured him. He gained fifteen pounds in weight, and is now in excellent health.

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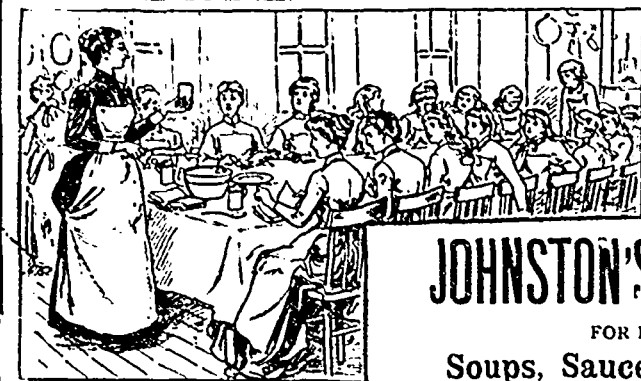
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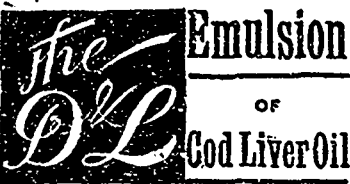
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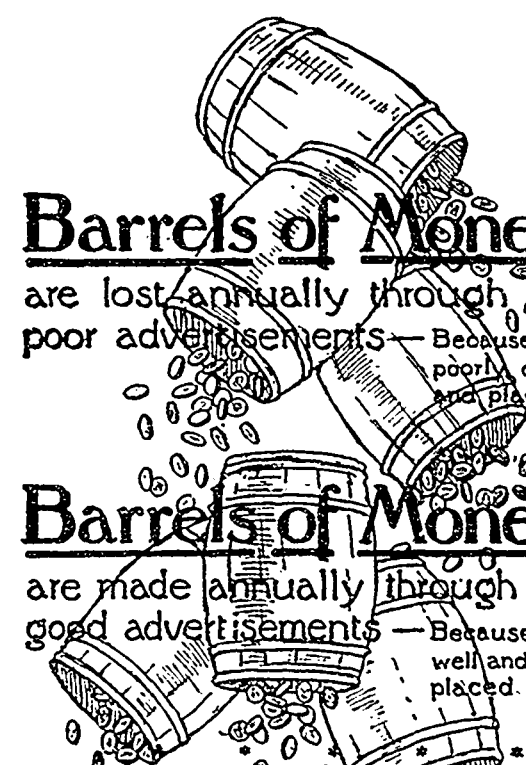
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