

THE HOME

HOW HAIR SHOULD BE BRUSHED.

Every girl knows that beauty is a great asset in her equipment for life, and women generally have it in their power to become, extremely attractive, if not beautiful, and they are prompt to avail themselves of their prerogative. The cultivation of good looks is nowadays accepted as a part of woman's education.

uncengential relatives any more than absolutely necessary, but you can keep your tongue chained in regard to their faults.

THE MODERN CHILD.

Born scientifically, Studied terrifically, Clothed very carefully, Dined sparely, Aired systematically, Played with quite drearly, Bathed most emphatically, Punished spencerially, Sweet infantility, Steeped in gentility, Santa Claus banished, Mother Goose vanished, Where are the babies, The real human babies, The olden time knew?

Harnessed scholastically, Drilled superdrastically, Cultured prodigiously, Lectured religiously, Classified rigidly, Reasoned with frigidly, Dosed with the 'ologies,' Rushed through the colleges, Crammed pedagogically, 'Finished' most logically, Where is the childhood, The fresh, happy childhood, The olden time knew?

Children successively, Reared thus aggressively, Posing eternally, Wearing infernally, Planned for initially, 'Formed' artificially, Will they submit to it? Never cry 'Quit!' to it? Will not analysis Stop from paralysis? Till our distraction Ends with reaction, Brings back the childhood, The bright, careless childhood, The olden time knew?

LAUGHTER MEANS HEALTH.

Keep track carefully of your children as they smile and laugh. Fewer smiles, less hearty laughter in children, are serious danger signs. If your little boy or girl comes home from school with the tendency to laugh and smile gradually diminishing, take the child from school, for no schooling can make up in your child for the loss of the mental happiness that laughter reveals.

Remember that laughter is a real and important remedy for illness—the greatest remedy for illness. The greatest medical authorities will tell you that laughter actually keeps off apoplexy and other troubles that come from excessive pressure on the blood vessels. The moment a man laughs, pressure on the blood vessels ceases and if a man were threatened with rupture of any artery or vein, not all the doctors in the world could do as much for him as hearty laughter.

HOW TO CURE ROUND SHOULDERS.

Stand erect with the weight of the body over the balls of the feet. Stretching the arms out on either side of the body as far as possible and well back until the shoulder blades almost touch. Then take a deep breath rotating the arms in very small circles, holding the breath while doing this. Drop the arms and expel the breath, then another deep breath, raising the arms and rotating as before. You should practise deep breathing. Drawing in deep breaths of air, inflating the lungs and chest, swinging the arms forward, upwards and backward, in large circles, and at the same time breathing deeply, will tend also to overcome round shoulders.

PURIFIED HIS BLOOD

Dr. Morse's Indian Root Pills Healed Mr. Wilson's Sores

When the sewers of the body—bowels, kidneys and skin ducts—get clogged up, the blood quickly becomes impure and frequently sores break out over the body.

For some time I had been in a low, depressed condition. My appetite left me and I soon began to suffer from indigestion. Quite a number of small sores and blotches formed all over my skin.

At last Dr. Morse's Indian Root Pills were brought to my notice, and they are one of the most wonderful medicines I have ever known. My blood was purified in a very short time, sores healed up, my indigestion vanished. They always have a place in my home and are looked upon as the family remedy.

Dr. Morse's Indian Root Pills cleanse the system thoroughly. Sold by all dealers at 25c a box.

You must watch yourself very carefully all the time so as not to allow your shoulders to drop. By practicing these exercises it will soon become natural for you to stand correctly and hold your shoulders in a normal position.

SPOILING THE CHILD.

To encourage a small child to ask for things, and then to do all she can to ensure her getting them, is one of the cruelest things any mother can do. It is natural for a child to clamor even for the moon, as the only thing any child knows is to wish to possess whatever seems pleasant to her.

For Bald Heads

A Treatment that Costs Nothing if It Fails.

We want you to try three bottles of Rexall '93' Hair Tonic on our personal guarantee that the trial will not cost you a penny if it does not give you absolute satisfaction.

The New Fire-proof Sleeping Car

Have you ridden in one of the new 'steel sleepers'?' 'You will, Oscar.' And when you do you will make your own reflections, Mine concerned themselves largely with yours, so to speak.

After the shock has subsided of finding yourself in a cell instead of a boudoir, you discover that you like it. Why should he who does not live in a palace travel in a palace, or, for that matter, in a steel one.

FIG PILLS

A few doses of FIG PILLS will convince you that a few more will cure you. Every box of FIG PILLS is guaranteed. If they do not cure all Bladder, Kidney, Rheumatism and Liver Trouble your money will be refunded.

Brains and the Countryman

The townsman has often a very confused idea of the intelligence of the farmer, and criticizes in ignorance farming operations which he does not understand.

The farmer is one of the few real producers. In addition to procuring food for man and beast, farm life produces men—such food and such men as our country needs.

The farmer's business actually calls for many qualifications in a man. He must be scientific nowadays, and cultivate his fields on scientific principles; he must understand machinery and be something of a mechanic, as farming machinery is every year becoming more costly and varied.

Surely few businesses call for more all-round ability and never-flinching energy than that of the farmer.

Look Here!

I can sell Sewing Machines from \$25. up. Pianos from \$250. up. Phonographs from \$18.50 up. Edison Records from 40c. up.

Drop me a line and let us talk it over.

C. B Tupper Granville Street West Bridgetown, N. S.

SEE OUR Ladies' White Skirts

- 80c. Muslins, lawn flounce, tucked and lace trimmed
\$1.05 Long cloth, lawn flounce, tucks and embroidery.
\$1.10 Long cloth, lawn flounce lace, tucks and insertion.
\$1.40 Cambric top, Hamburg embroidery-flounce.
\$1.70 Cambric top, tucked and embroidered flounce with beading.
\$2.40 Princess slip, fine nainsook, trimmed with lace, insertion and beading, embroidered flounce, lawn dust ruffle.

Geo. S. Davies ROYAL BANK BUILDING

Fine Watchmaking

My Watch Repairs during the past year have given good satisfaction. As the proof of the pudding is in the eating, so it is with watch repairs. The kind that lasts is the cheapest in the end.

Ross A. Bishop

FRUIT BASKETS

We are now ready to supply our old customers and also new ones with STRAWBERRY BOXES, CRATES and everything in the Fruit Basket line.

D. W. Murray, HANTSPORT, N. S.

Advertisement for Courlay Pianos featuring illustrations of pianos and text describing their features and availability.

REAL ESTATE

House For Sale

The undersigned offers modern house for sale. Situated on the corner of Rink and School Streets. House contains eight rooms and an excellent bathroom, double parlors with a good tile grate, large scullery with set tubs, large pantry with china closet. Hall finished in oak, hardwood floors, Good large a.t.t.c. clothes presses in all bedrooms. Wired for electric light, Good cellar with concrete floor, outside cellar-way, hot air furnace.

This house is only three years old. A snap for anyone wanting a good home. A good garden in connection.

Apply to J. M. FULMER on premises.

FOR SALE OR TO LET

Residence of Harry J. Crowe, situated on Granville St. opposite the Baptist Church. House contains nine Rooms, Modern Bathroom, Electric Lights and Furnace, Good Stable in rear.

Apply to JAMES QUIRK, Bridgetown, Sep. 26th. 1911.

Small Place For Sale

Home, situated on Granville street West, Bridgetown, nine rooms with piazza and bay windows. Barn, Wagon House and other out buildings. Three quarters acre land. 75 Fruit Trees, apples, plums, pears. Short distance from two railway stations, churches and schools.

Will sell right on easy terms, or would trade for farm.

W. AVARD MARSHALL, Bridgetown, Aug. 15th.

SMALL PLACE FOR SALE.

Of about five or six acres of land, situated near Carletons' Corner, nearly new house with barn and other out buildings, 170 apple trees, just coming into bearing, also plums, pears and small fruit.

For further particulars apply to L. M. WHITMAN, Blacksmith, Bridgetown, or A. A. TAYLOR, East Inglewisle, Anna Co., N.S.

FARM FOR SALE.

The subscriber's farm at Lawrence town containing seventy acres. There is on the place an Orchard, Hayland, Pasture, Wood and Poles. The whole or part of the place will be sold at a bargain.

J. B. HALL, Truro, Apl. 4th, 2 mos.

FARM FOR SALE

Small farm with good Orchard and building and marsh. S. McCOLL, Upper Granville, Jan. 5th, 11.

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An up-to-date Typewriter equipped with the latest devices to handle the most complicated correspondence. A valuable asset to any business house.

We offer you a Free Trial at no expense to you. WRITE US.

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THE ONE WAY

To reach my clients is to become MARITIME-TRAINED. Mining, Manufacturing, and Importing companies have requests on file now for the next graduates. It's proficiency, not time spent at college, that counts.

Send for free Course of Study to Maritime Business College Halifax, N. S. E. KAULBACH, C. A. PRINCIPAL

Greatly Increased Patronage

Has compelled us to seek greater accommodation. Our new quarters, just across Hazen Avenue from our present premises, will give us nearly double our present space, and greatly increased facilities.

We are grateful for the patronage that has compelled this forward movement, and will endeavor to maintain our reputation.

BANKS & WILLIAMS

Commission Merchants Fruits and Produce

78-8 Balfour Row, fronting on Market Square HALIFAX, N. S. SOLICIT CONSIGNMENTS of all kinds of FARM PRODUCE. EXCELLENT STORAGE FACILITIES LONG EXPERIENCE AT THE BUSINESS PROMPT RETURNS MARKET QUOTATIONS FURNISHED ON APPLICATION

H. H. Banks - H. F. Williams

Ice Cold Drinks

Ginger Beer, Manola, assorted flavors of Soda, cool and refreshing.

Just opening another lot of Moir's choice Chocolates, Creams, Bon-bons, Penny Goods and Biscuits.

Bread and Cake as usual twice a week. I have added Three Crown Tea to my stock. Seasonable Fruit always on hand.

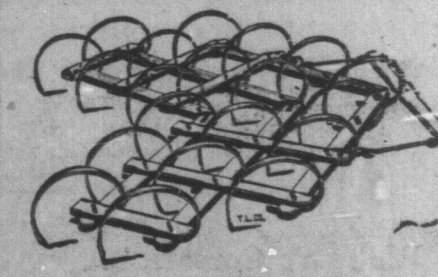
Mrs. S. C. TURNER,

YOU CANNOT REACH

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The Weekly Monitor and Western Annapolis Sentinel the paper that goes into more homes than any other Annapolis County paper. The paper that reaches the homes is the

Guide to Household Buyers.



Spring Tooth Harrows

We have a few SPRING TOOTH HARROWS left, and in order to clear them out we will sell them at the following prices; for cash. With 12 teeth, \$8.00 With 16 teeth, \$9.00

These have ALL STEEL FRAMES, and we will guarantee them to be as good as any on the market, and we will fully warrant them against any break because of defect in material. Send us your orders at the above prices, with cash, and we will PREPAY THE FREIGHT on these Harrows to your nearest railway station.

We also have a good stock of DISC HARROWS, HORSE HOES, PLOWS, etc. and will be pleased to give prices on anything required in this line. BRIDGETOWN FOUNDRY CO. Ltd. Bridgetown, N. S.

"Let good digestion wait on appetite, and health on both!" They will if you take SHAKESPEARE

NA-DRU-CO DYSPEPSIA TABLETS

They correct stomach disorders, assist digestion, and make life worth living again for the victims of dyspepsia. 50c. a box. If your druggist has not stocked them yet, send us 50c. and we will mail them. 35 National Drug and Chemical Company of Canada, Limited, Montreal.

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