

THE HOME

WORTH REMEMBERING

Cider vinegar which poses in the stores as "apple vinegar," is the best for all salads. It should be clear and very pale in color.

If a colored cotton gown has faded, it can frequently be made perfectly white by boiling a long time and then hanging in the sunshine.

Never rub fabrics roughly between the hands when cleansing them. It is sufficient to rub the cleansing fluid on gently with a fresh cloth.

A cereal pan is much more easily cleaned if cold water is allowed to run into it as soon as the cereal is dish. Hot water hardens the mixture.

When placing a mirror it is well to bear in mind that strong sunlight or intense heat is fatal to it as the quicksilver will wrinkle and run.

Covering a pan when fish is frying is apt to make the fish soft. A solid, firm meat, which is at the same time flaky, is what a good cook likes.

A glass of milk to which has been added a raw egg beaten light, a little sugar and grated nutmeg, will relieve physical exhaustion in hot weather.

CARE OF SCHOOL CHILDREN

Dr. Coyle, medical examiner, thinks Ald. Dubeau has the right idea in suggesting that men be appointed to care for the teeth of children in the city schools. A few could do the work he says, and the benefits would be great.

"People don't realize," remarked the doctor, "how much had health results from poor teeth. It is not only indigestion that follows. I examined a child last week who had been sent home because there was something the matter with her throat and all that was wrong was the teeth. These were in such bad condition that both the face and throat were swollen."

Dr. Coyle's only criticism of Ald. Dubeau's proposal is that it does not go far enough. He believes the children's eyes as well as their teeth should be cared for by specialists.

WHEN BUYING MEAT.

Shun the fat end of dark red, dried up lamb or mutton the butcher offers when you ask for chops. Meat must be freshly cut from a fair-sized joint to hold the needed complement of juices, especially lamb, which is the most easily withered of all meats. For beefsteak and onions a round cut of the meat is used; for roast ribs or top-sirloin is asked for; and the most excellent beefsteak is a porter-house sirloin or tenderloin.

Fish are tested by the redness of the gills, the wholeness of the eyes and the shine of the scales—also a little with the nose. The feet of the tender poultry are a bright yellow and never scaly and the breast bone bends to pressure and the skin under the wing tears easily.

WOMEN'S HATS IN CHURCH

The fashion in women's hats is affecting the architectural plans of Dr. Aked's new church. The floor of the auditorium is to be built with a decided "slant," against which the aesthetic instincts of the architect revolted. Dr. Aked insisted however, on the "rake," saying that so long as women wore "towering millinery," church floors must be "dished," so that all pews might command an unobstructed view of the pulpit. At Pembroke Chapel, during Dr. Aked's ministry, many ladies were in the habit of leaving their hats in the vestibule in hot weather.—Exchange.

RHUBARB AND ORANGE JAM

Cut some tender rhubarb into pieces an inch long; to every pound allow twelve ounces of sugar, and three large sweet oranges. Grate the and pips, and put the orange pulp rind, remove all white skin, with, and rind into the preserving pan with the rhubarb and sugar. Boil for about an hour, stirring well; and when you think it is done, put a spoonful in a saucer. If in five minutes it becomes a jelly, the jam has been boiled long enough. Pour into pots and tie down in the usual way.

GETTING AHEAD OF ONE'S SELF

"If I have anything to do that I particularly dislike, I start to work on it the first thing after breakfast, subordinating all routine work to that task," said a successful house-keeper recently. "One can expend enough energy thinking about and worrying over an unpleasant duty to accomplish it. When it is finished and one's mind early in the day, one gets ahead of one's self, so to speak."

To remove ink stains from colored wash goods cover spots with lard, rub well, then wash in usual manner. While this method is simple it is sure and will not injure the most delicate colors.

Another Nova Scotia Railway to be Built

Contract Signed Last Week for One from Dartmouth to Guysboro

Halifax, June 27—A contract between the Nova Scotia government and the Halifax & Eastern Railway Company was signed this afternoon for the building of two hundred and four miles of railway from Halifax to Guysboro, with a branch across the province from New Glasgow to Country Harbor on the Atlantic seaboard.

The enterprise has been promoted by J. B. Bartram, of Toronto, and the company is composed chiefly of capitalists. T. B. Fogg, lately of the Toledo Terminals Railway, is the general manager. One of the London financiers is Zeigmond Hirsch and the others belong to what is known as the South African group.

This road will be completed within three years. It has subsidies from the provincial and dominion governments of \$12,800 a mile. The same people have purchased the Dickie and other timber areas in Nova Scotia, amounting to 440,000 acres, paying over \$3 an acre for the property.

The capital of each company is \$3,000,000, a holding company with a capital of \$6,000,000 holds the bonds and stocks of the railway and the lumber companies.

The Royal Bank of Canada receives about \$1,000,000 for a claim they had on the Dickie limits, which partly accounts for a recent advance of five points in the value of the stock of that bank.

MINARD'S LINIMENT CO. Ltd.

Dear Sirs,—This fall I got thrown on a fence and hurt my chest very bad, so I could not work and it hurt me to breathe. I tried all kinds of Liniments and they did me no good.

One bottle of MINARD'S LINIMENT, warmed on flannels and applied on my breast, cured me completely.

C. H. COSSABOOM,

Rossway, Digby Co., N. S.

COLLIDED WITH TRAIN.

Man and Woman Had Narrow Escape From Death.

On Thursday evening a dreadful accident occurred at the railway crossing on South Main Street, as the train from Pictou was coming down the grade to Stellarton depot. A Mr. McDonald from Westville with his aunt, Mrs. Campbell, were driving, when the horse became frightened and unmanageable, and was struck by the train and was instantly killed. Mr. McDonald had his foot almost severed at the ankle and sustained other injuries, and Mrs. Campbell was thrown from the carriage and received a severe shock; she was taken into Mr. McQuarrie's home, where she was unconscious for some time.

The wagon was almost demolished and both had a miraculous escape from death. The ambulance was sent for to convey Mr. McDonald to Aberdeen Hospital, where his foot had to be amputated. And Mrs. Campbell's injuries proved so serious that Friday morning she was also taken to that institution for treatment, and her husband telegraphed for from the United States, from where she had just arrived a day or two previously on a visit to her sister, Mrs. McDonald.—Eastern Chronicle, 21st.

Long Distance Talkers.

Mr. Fisher, who holds the Parliamentary record for lengthy speeches, although he has close competitors for this doubtful honor in his colleagues, Messrs. King and Lemieux, must look to his laurels. His supremacy in the straight away talk race was seriously challenged recently by Mr. George H. Bradbury, the member for Selkirk, who occupied four hours and a quarter of the time of the House in explaining the circumstance surrounding the "ditching" of 21,000 acres of land from the St. Peter's Reserve Indians by the Department of Interior, who sold it to a group of political friends at an average of \$5 an acre; the Indian agent who was supposed to look after the wards of the Government helping the thing along by himself buying some of the lands that were obtained. It costs no less than \$21 to run Parliament for a minute, so Mr. Bradbury's speech was expensive, costing \$5,385.

Mr. Mulloy is one of the Imperial pioneers, representing the different overseas dominions, who are to talk to the people at home about the Empire and its needs. The Imperial Pioneers want to gather together in one body the men in Britain who are of no particular party, and who will try to direct their fellow-countrymen towards an Imperial policy. Preference is, of course, one of the points on which they feel strongly.

A Blind Campaigner.

Mr. J. B. Mulloy, the young Canadian student who went to the South African war to fight for the Empire, and returned totally blind as a result of being shot in the face, was the subject of a column in a recent London paper. Mr. Mulloy is one of the Imperial pioneers, representing the different overseas dominions, who are to talk to the people at home about the Empire and its needs. The Imperial Pioneers want to gather together in one body the men in Britain who are of no particular party, and who will try to direct their fellow-countrymen towards an Imperial policy. Preference is, of course, one of the points on which they feel strongly.

Teething children have more or less diarrhoea, which can be controlled by giving Chamberlain's Colic, Cholera and Diarrhoea Remedy. All that is necessary is to give the prescribed dose after each operation of the bowels more than natural and ten castor oil to cleanse the system. It is safe and sure. Sold by all dealers.

KING'S CORONATION IN MAY 1911

London, June 21—It has practically been arranged that the coronation of King George V. will take place the middle of May, 1911. Immediately after this ceremony the Duke of Connaught will proceed to Canada to assume the office of Governor General.

HAMAR GREENWOOD'S SCOOP.

How British M.P. Made a Bit of Money on the Side.

Regarding stories of great newspaper beats, which have recently appeared in the Canadian papers, another Canadian, who is entitled to rank in the honor-roll, is a former Toronto man, Hamar Greenwood, of whose reverse at the polls in York during the late British elections many Canadians learned with sincere regret. In his early campaigning tours in England, he had done considerable journalistic work. Three or four years ago he was one of a party of English M.P.'s who, under the direction of Sir Alfred Jones, visited Jamaica to study conditions on the island. During their sojourn a large portion of Kingston, the capital city, was destroyed by an earthquake. Mr. Greenwood had left his hotel for a short walk from which he was returning, when the calamity occurred and the building was shattered. So destructive was the shock that many lives were lost and property damaged to the extent of millions of dollars.

It did not take Hamar Greenwood long to size up the news value of the terrible catastrophe, but the perplexing problem was how to forward a despatch. Every telegraph and cable line connecting Jamaica with the outside world had been sundered by the "quake. Resource and tact must be resorted to. He had covered important assignments for The London Daily Mail and, if he could only get the news through exclusively to that paper, it would mean many shillings and pence to him. Correspondents of all the leading papers in an European dailies were on the island, but to scoop them was the all-important question, especially as communication of all kinds had been cut off.

Greenwood, however, kept a cool head and knew how to be diplomatic. In the harbor was a U. S. warship and near by a swift cutter. The M.P. for York hastily pencilled a three hundred word report of the disaster, and going aboard the man-of-war he addressed the commander in official tones, declaring that he was a representative of the Imperial Government and must get an important despatch through to Mr. Winston Churchill, who was then Under-Secretary of State.

"Have this conveyed to the nearest cable station at once," requested the smart, stalwart, and soldierly appearing British visitor. The officer offered no serious objection, and soon the despatch was being conveyed to Cuba, the nearest cable station, by the speedy cutter. Here, the message was sent to the Home Office, and, by private instruction, found its way to The London Daily Mail, which thus secured the first story of the calamity hours ahead of any of its contemporaries. Mr. Greenwood, who was not in regular newspaper work, being a full-fledged barrister, did not suffer financially from his stroke of enterprise. On his return to London he found a Harmsworth check awaiting him for the "scoop." Well, never mind how much, but it was generous enough to meet his board bill for a week or two.

This Consul Keeps Moving.

Mr. K. Moorhead, U. S. Consul at Rangoon, B. who has been promoted to consulate at Rangoon, British Burma, has seen service for his Government in many parts of the world.

Mr. Moorhead entered upon his consular career in St. Thomas, Ont., where he married a daughter of Judge Emminger. When the office there was abolished he was transferred to Belgrade, the capital of Serbia. After serving for two or three years with distinction he was sent to Acapulco, Mexico, and about a year ago was promoted to St. John. The policy of the State Department evidently is to keep the younger officers moving.

Rangoon is the chief town and principal seaport of Lower Burma, and had a population of 232,326 in 1901. It covers an area of 22 square miles, and is populated by Hindus, Mohammedans and Christians. The town, which was founded in 1753 by Aloung Chosa, the founder of the Burma dynasty, occupies a long stretch of high lands with wide, boulevard streets. Its name is chiefly familiar to most readers because it is mentioned in Kipling's "Mandalay."

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"CATCH-MY-PAL"

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Constipation is the root of many forms of sickness and of an endless amount of human misery.

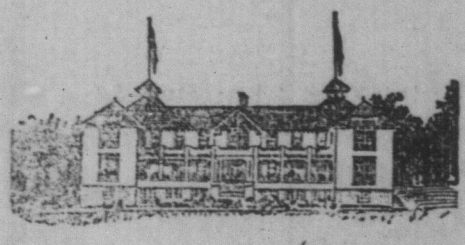
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John D. McNaughton, New Liskeard, Ont.: A young man not being here, and suffering from it is believed, consumption, is being kept by one of the hotels here. He has no means and has been refused admission to our hospital. The conditions where he is offer him no chance. Could he be admitted to your Free Hospital for Consumptives? If not, could you inform me where he can be sent, and what steps are necessary to secure prompt admittance? SET A SINGLE PATIENT HAS EVER BEEN REFUSED ADMISSION TO THE MUSKOKA FREE HOSPITAL BECAUSE OF HIS OR HER INABILITY TO PAY.

Since the hospital was opened in April, 1902, one thousand five hundred and twenty-four patients have been treated in this one institution, representing people from every province in the Dominion. For the week ending November 20th, 1903, one hundred and twenty-five patients were in residence. Ninety-six of these are not paying a copper for their maintenance—absolutely free. The other twenty-nine paid from \$2.00 to \$1.00 a week. No one pays more than \$3.00. Suitable cases are admitted promptly on completion of application papers.

A GRATEFUL PATIENT

Norah P. Canham: Enclosed you will find receipt for my ticket from Gray's Point, hoping that you will be able to oblige me with the fare. I was at your Sanatorium ten months, and I was sent away from there as an apparent cure. I am now working in the city, and I am feeling fine. I was most thankful for the care I got from the doctors and staff, and I must say that I spent the time of my life while I was there.



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