A Cube to a Cup

Every minute of every day and night. Oxo Cubes are being used to strengthen—to invigorate - to save time and trouble.

Much better than Beef-Tea Every invalid—old and young—every busy man and woman desirous of maintaining health and "fitness"—needs Oxo Cubes. They combine the rich nourishing protein with the stimulating beef-essence

very elements that build up health and vitality and keep the body "fit." UNLIKE OTHER FOODS, NONE OF THE STRENGTH THAT OXO CREATES IS LOST IN THE PROCESS OF ASSIMILATION.



CHAPTER XXVII.

"That will do, Despree-you ma

"Very well, miladi."

Lady Eastwell turned away from the mirror as her maid left the dress ing room in obedience to her dismis sal, and stood for a minute or two in the centre of the luxurious apar ment, with a little unpleasant smilupon her fair face. Alice was hand somer as a matron than she had bee as a girl; she had filled out and had which suited her; and her taste in dress was unexceptionable. But the fairness of her face was seriously marred by an expression of discontent which was almost invariably pleasing.

but Lady Eastwell would have hesitated at nothing to humiliate her cousin She hated Shirley far more deeply now than she had hated her in the ent in her uncle's house, now she ciety by right of her beauty and Hugh's wealth was infinitely greater dwarfed beside Major Stuart's stately

DON'T MAKE

than Lord Eastwell's, and, while Alice's expenditure was limited, Shirley could scatter gold with both her

London a bride, she had felt a thrill her grasp and depose the reigning queen. But she had been mistaken Lady Eastwell was admired, but Shirley reigned supreme still. Alice's fair beauty, placid and impassive, and against her cousin's expressive loveli less, her rare grace of manner, and her matchless charm. Lady Eastwell was undoubtedly handsome, but Lad Hynn was so wonderfully attractive that, had she been a plain woman, she

present there, and the thin red lips drawing room where Lord Eastwell, On this evening, as she stood in all knew how terribly distressed Shirle; the splendor of her pink satin and would be if the secret of her married Brussels lace, that look was very life should coze out, and she antici visible, and the unpleasant smile pated much from suddenly bringing curled her lips. She was thinking of her face to face with Major Stuar old times-of her girlhood and Shir- that evening. She might faint perley's at Fairholme Court, of Hugh haps, or be dreadfully agitated, and Glynn and of Guy Stuart-and she Major Stuart might beray his resent was smiling to herself at the thought ment against Sir Hugh. There migh that they were all to meet that night be a scene which would be disagree able, of course, but which would be The thought was not a kind one; | infinitely painful to Shirley, who was so sensitive and proud; and Mrs Vajoribanks who was to be one o he guests, was such a terrible chat erbox that --- Ah, here was some ne! and Lady Eastwell put on he: weetest smile as she went forward

> meet her first arrivals. The Fairholmes were a little late nd Ruby's dark eyes went straigh a tall bearded man who was talking to Lord Eastwell, who looked

proportions; and the deep gray eyes met Ruby's with a warm and kindly light, although there was a little sad-

"Major Stuart, I am very glad see you," Ruby said earnestly, as she her hand in his, looking at him wistquickly at the thought that Shirley Guy pressed the little fingers warmly then turned to receive Oswald's cor

"It is an unexpected pleasure fo you, Oswald," said his sister, sailing across the room with a smile on he

"Not quite," Oswald answered, it his pleasant voice. "I knew Stuar "Indeed! Have you met before

"Then who told you?" Alice asked eagerly, lifting the pink feathers t her lins to hide their sudden shiver. "I really don't know. I did no

"A secret! Of course not. Wh should it be?" said Lady Eastwel petulantly. "You are so absurd, Os-

'Did you want to surprise you rother, Lady Eastwell?" asked Guy

"I do not think I thought much bout it. Major Stuart." she answer "Ah"-with a quick look at his face

isual! Shirley, I was afraid you were going to disappoint me." "Are we late?" said Lady Glyn;

She turned to Ruby as she spoke nd her eyes fell upon Guy. For a noment her lip quivered; but she new how eagerly Alice was watch ng her, and without any perceptible esitation, she held out her hand,

"I heard you had returned." she sid, without a tremor in the rich oft voice, and then turned away t peak to Captain Fairholme.

Sir Hugh, who had followed her ino the room, had whitened to the lips at the sight of Guy: and Lady Eastwell's blue eyes brightened. Shirley was an accomplished actress; but Bir Hugh was no master of the histrionic art; surely he would betray

"I think you scarcely need an inroduction," said Lady Eastwell, with ner sweetest society-smile.

"No," Guy said, in the same kindly voice; we are old friends."

He stretched out his hand; and his terness met, outwardly, at least, in

But Alice was too completely a woman of the world to show her disappointment. She sailed down stairs in

the wake of her guests, smiling and chattering to her cavalier. Major Stuart had taken Ruby, whose warm little heart was full of gratitude and kindness which she could hardly help giving vent to, and indeed her little hand pressed Guy's arm in her earnestness in a manner that was quite understood. Shirley was beside her host, listening quietly to his rather insipid remarks, while Sir Hugh, with an unfamiliar expression on his handsome face, was trying to rouse himself into something like attention to

Glancing across the table at him.

his hostess's civilities.

Guy saw that he was greatly changed

with the touch of his betrayer's hand ally in the murmur of the conversaticn. Dinner was nearly over before he dared trust himself to glance at her. She locked as lovely as-nay, lovelier than ever, he thought. But

the look which had wounded him deeply as he watched her ride by seen her, when she had followed him to the door of the library at Maxwell clinging to him, with her wild eyes fixed upon his face and her shaking him to stay, while the masses of he ders. Such a different Shirley she was now, so composed and stately and graceful, with such a quiet face

such a languid manner! Suddenly as he gazed, she lifted art met the swift look of gratitude him, and he felt strangely humiliated thereby when he remembered how earnestly a dying man had had to plead for the desired forgiveness.

When the ladies left the drawing coom, the conversation became gen eral, and two or three times Guy found himself addressing Hugh in as quiet and matter-of-fact a manner as f they had not parted deadly foes. answered, there was a certain conthing pathetic in it. It did not mean of course that Sir Hugh was afraid of any revenge the other might b inclined to take, but it showed that he felt how low he had fallen, and that ne was grateful for the manner in which Guy had effected their recon

(To be Continued.)

Douglas Jerrold was once invited to a sheep's head supper. One gentlenan present was particularly enthusiastic on the excellence of the dish, and, throwing down his knife and fork, exclaimed:-

"Well, sheep's heads for ever!" Jerrold replied: "There's egotism!

SAVED FROM **OPERATIONS**

Two Women Tell How They Escaped the Surgeon's Knife by Taking Lydia E. Pinkham's Vegetable Compound.

Swarthmore, Penn. - "For fifteen years I suffered untold agony, and for

one period of nearly two years I hadhemorrhages and the loctors told me I would have to undergo an operation but I began taking Lydia E. Pinkham's Vegetable Compound and am in good health now. I am all over the

cannot praise your Vegetable Compound too highly. Every woman should take it at that time. I recommend it to both old and young for female troubies." - Mrs. EMILY SUMMERSGILL. Swarthmore, Pa.

Paltimore, Md. - "My troubles began with the loss of a child, and I had hemorrhages for four months. The doctors raid an operation was necessary, but I dreaded it and decided to try Lydia E. Pinkham's Vegetable Compound. The medicine has made me a well woman and I feel strong and do my own work."-Mrs. J. R. Picking, 1260 Sargent St.,

Since we guarantee that all testimonials which we publish are genuine, is it not fair to suppose that if Lydia E. Pinkham's Vegetable Compound has the virtue to help these tue to help these women it will help any other woman who is suffering in a like

MINARD'S LINIMENT CURES DIS-



Improvements.

By GEORGE FITCH, Author of "At Good Old Siwash."

"Improvements" are the afterthoughts of science which keep us poor throwing away perfectly good articles that were the wonder of yes-

Almost everything in the world is suffering these days from "improvements" except Tammany and the old who built a house five years ago and ments" is saving money now to get rid of them so that he may live comfortably at last.

Last year's automobile was the owner looks at it to-day he weeps to it in the new model, making the old affair too crude for anyone

younger than Noah. The burning question which is be fore all investors to-day is-"Will are obsolete?" They will if the curry, but they will be lucky. Many factory is still paying for three

'Improvements" are a good thing a wheelbarrow. But without ng along an automobile of the 1907 millionaire once did when there was "Improvements" have gotten into

nany walks of life where they ar a positive curse. Education has now been improved until the father who add two and two retires with a headache after little Johnny has tried to explain the method which they use at

ountry with discarded wives whose husbands have selected a later and more up-to-date model. And "im provements" have changed the size of fruit jar lids bringing woe and anguish to millions of housewives.

When an inventor invents something he has the rest of his life in which to improve it. When a man says something he has to let it go as it is. There is no chance to im prove it or to take out a new patent If we had more "improvements" in our remarks and fewer in our conveniences we would be more nearly

Notes From Heart's Delight.

ing from here. On the first week of December the L.O.A. had their an-nual meting, and the following officers were elected for the ensuing

F. E. Reid, W. Master, re-elected. Garrett Bryant, D. Master, elected. Elias Crocker, Chaplain, elected. W. J. Reid, Rec. Secy., re-elected. James Reid, Fin. Secy., re-elected. John Legge, Treasurer, re-elected. Gilbert Crocker, D. of C., elected. Orestes Crocker, 1st Lecturer, re-

Aaron Vivian, 2nd Lecturer, elect-

With such officers as these, we are nticipating great things for the So-

On the 30th ult., the Ladies' Aid of the Methodist Church, had their sale of work, the receipts of the evening was eighty-six (\$86.00) dollars; the largest amount ever realized here at any sale. As this is their first attempt to raise money for a new church, great credit is due them, and encouragement should be tendered them.

The Orangemen also had their parade on Jan. 2nd, and as the day was most desirable, practically all the members turned out. We congratulate the S.U.F. band for the very fine music rendered on that day, certainly great credit is due their bandmaster Mr. H. Harnum

The C. of England had their Tree and Sale of Work, realizing eighty (80) dollars for the evening. The men are now engaged cutting timber; if good weather continues, our mill owners will be amply sup-

Wishing all our friends a very prosperous and Happy New Year.

DOES YOUR WATCH REQUIRE ATTENTION?

If so, we ask you to entrust it in our care. We have satisfied hundreds of watch owners. Be among the satisfied and have your repairs done at our store where

PROMPT and UP-TO-DATE RESULTS

are at your service. There is no guess or boy work, but competent men handle the business our customers send

W. & R. ENGLISH, Watchmakers & Jewellers

406 Water Street. - - St. John's, Newloundland.

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Highest Quality CONDENSED MILK.

Put up in an up-to-date factory in Charlottetown, P. E. I, from the Rich Milk of the garden of the St. Lawrence.

As supplied to the British and Japanese Navies by the CHARLOTTETOWN CON-DENSED MILK CO., LTD.



Two cents a mile for the ten thousand miles-what Ford travel recently cost one owner. This is just another striking instance of Ford economy. The Ford has brought motor travel down within reach of the average income. Better buy yours to-

TOURING CAR \$800 Catalogue of information from

GEO. G. R. PARSONS. King's Road.

Read Dr. Fraser's letter in this issue.

Have you

Included in your

New Years' Resolutions NEW-KNIT

Unshrinkable Underwear? Not too late yet.

The Nfld. Knitting Mills, Ltd.

Alexander Street.

is any trouble with Kidneys or Bladder. It usually results in a waste of time and money, and serious injury to the health. GIN PILLS have cured thousands of cases of Kidney and Bladder Trouble, Backache and Rheumatism. GIN PILLS have proved their value. GIN PILLS will cure you. Be guided by this letter and take GIN PILLS. letter and take GIN PILLS.

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THE SAME MISTAKE

Start Right-Save Money-and Get Well By Taking

GIN PILLS for the Kidneys

It is a great mistake to experiment with unknown, untried remedies, if there

After taking one dose of GIN PILLS, he found them to be exactly what he needed, and after taking two boxes of GIN PILLS, was completely cured. We heartily recommend GIN PILLS at every opportunity to our friends and relatives.

MRS. JAMES B. MILFORD. GIN PILLS are known from one end of Canada to the other. They are recommended by thousands of those, who-like Mr. Milford-have tried them and can testify by actual experience to the good that GIN

Remember this—GIN PILLS are sold on a positive guarantee to give prompt relief or money refunded. Get six boxes at your dealer's—take them according to directions-and if they do not do exactly as we say they will, return the empty boxes to your dealer and your money will be promptly refunded. 50c. a box—6 for \$2.50. Sample box free if you write us, mentioning this paper. National Drug and Chemical Co., of Canada Limited, Toronto.

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