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Where Will You Spend Your Vacation? WHY NOT ON A FARM

The farmers are short of "hands" now and will be in greater need of them at haying and harvest. In these war times no crop must go to waste because of labor shortage. Two or three weeks spent on a farm means a healthful money-saving vacation, and at the same time you will be giving a patriotic service to your country.

Canada must not only feed herself, but must help largely in feeding the mother country. Nova Scotia must do her part. The season is late, but the general crop outlook is encouraging. Nature is now doing her "bit". Man must do his bit.

If this vacation-on-the-farm idea strikes you favorably, send your name, age, address and the time of your vacation to the Secretary of Industries and Immigration, Box 608, Halifax, N.S.

WANTED—2 or 3 Coopers for making apple and potato barrels. Apply to Melvin Bros., Canning

A REBUKE FROM A SOLDIER

The father of a wounded soldier writes as follows to the editor of the Halifax Herald:

"Sir—The following is part of a letter received from my son, who was wounded at Vimy Ridge, having lost an arm at the elbow. He is now in Echington hospital. I thought you might like to use it to show how our boys feel about equal service:

"The papers here print a story about the labor people in Canada being opposed to equal service, and that the Traders and Labor Council of Halifax has put itself on record against the movement. IS THAT REALLY SO? There are several old union boys in this ward and they say they do not believe it; that they will wait for the Halifax papers to find out if there is any truth in the story. At any rate they feel pretty well down in the mouth over it, and I cannot tell you how bad I feel. I hope it is not true.

"Surely, the labor boys of Halifax would not be guilty of anything of this kind. Why, here are labor boys from Halifax, New Glasgow and Sydney some with legs and arms off, and why? simply because we came over here to fight for the very fellows they say have gone back on us. Here I am with one arm gone. Never again the tram cars for yours truly, and I guess you know I was a pretty good union man when at home. God forgive those fellows if they have left us in the lurch. Send the Halifax papers if you have not done so, for we are anxious to know all about it. I would like to see the names of the men who voted to forsake their former comrades, so would all the boys."

"The reason for the torpedoing of the Kamsan is disclosed," says the New York Herald. "She carried supplies for the Young Men's Christian Association." Some people attributed it to the presence of an unusually large number of babies among the passengers.

A SLICE OF BREAD

A single slice of bread seems an unimportant thing. In many house holds one or more slices of bread daily are thrown away not used for human food. Sometimes stale quarter, or half loaves are thrown out. Yet one good-sized slice of bread—such as a child likes to cut—weights an ounces. It contains almost three-fourths of an ounce of flour.

If every one of the country's 20,000,000 homes wastes on the average only one such slice of bread a day, says an American exchange, the country is throwing away daily over 14,000,000 ounces of flour—over 375,000 pounds, or enough flour for even a million 1-pound loaves a day. For a full year at this rate there would be a waste of over 319,000,000 pounds of flour, 450,000 barrels—enough flour to make 365,000,000 loaves.

As it takes 41-2 bushels of wheat to make a barrel of ordinary flour this waste would represent the flour from over 7,000,000 bushels of wheat. Fourteen and ninetenths bushels of wheat on the average are raised per acre. It would take the fruit of some 470,000 acres just to provide a single slice of bread to be wasted daily in every home.

To produce this much flour calls for an army of farmers, railwaymen, flour-mill people. To get the flour to the consumer calls for many freight cars and the use of many tons of coal.

But some one says a full slice of bread is not wasted in every home. Very well—make it a daily slice for every 4 or every 30 homes—make it a weekly or monthly slice in every home—or make the wasted slice thinner. The waste of flour involved is still appalling—altogether too great to be tolerated when wheat is scarce.

Any waste of bread is inexcusable when there are so many ways of using stale bread to cook delicious dishes.

French shipping losses, by submarine and mine, have totalled about 600,000 tons, but France has built no less new tonnage, and now has 140,060 tons on the stocks. The German submarine campaign has not "got" maritime France any more than military France.

SEDITIONOUS SPEECHES CHARGE.

Amherst News: The case of Frank D. Cormier, charged with uttering seditious speeches against the powers that be, came up yesterday afternoon. The principal witness against him was Sergeant Weatherbee, who laid the charges in the first place. After all the evidence had been heard, Magistrate Casey sent Mr. Cormier up to stand trial before the Supreme Court of Nova Scotia. Bonds for five hundred dollars were taken from Mr. Cormier. Sergeant Weatherbee is in town recruiting, and the words spoken by Mr. Cormier were made before a number of men in a blacksmith shop on Church Street.

PRUSSIAN TREASON

(From the Baltimore American.)

The private secretary of Cardinal Mercier, the heroic primate of Belgium has been sentenced to a year's imprisonment for preaching a sermon on Christian charity. Christian charity, be it known by all the facts in the case, is Prussian treason.

HISSED BLONDIN

QUEBEC, July 16—News guarantee as to its authenticity comes from Three Rivers that yesterday evening the Hon. P. E. Blondin, while crossing the St. Lawrence at Three Rivers on the ferry boat "Progress" was hissed and threatened by some one hundred and fifty passengers. Threats were made against the Hon. Mr. Blondin because of his attitude on conscription.

Employees of the ferry boat had to hide in the toilet cabinet of the ferry boat. There were some thirty autos on the ferry boat at the time and all the drivers simultaneously blew their horns. Motor boats and people on shore joined in the hostile demonstration. Mr. Blondin managed to escape the crowd upon landing.

There is considerable agitation in the United States for the standard loaf, "but we had thought," says the Boston Transcript, "that the vacation period long ago was fixed at two weeks."

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GERMAN PLOT AGAINST RUSSIAN WAR MINISTER.

PETROGRAD, July 14—The Minister of Ways and Communication N. V. Kransanoff, has notified all militia chiefs at the various railway stations that particular intentions against A. F. Kerensky, the War Minister, and urging every precaution.

Government officials, with have sent agents to assassinate from the staff that the Germans information has been received mations that Germans to par-

ATTACKING U-BOAT OF UNUSUAL SIZE.

PARIS, July 16—Advices from Ponta Delgada in the Azores regarding the recent attack upon that port by a German submarine declare the shells fired were of 15 centimetre calibre, indicating that the U-boat was probably of unusual size possibly of 1,000 tons. The vessel is said to carry two



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