6. I will not put off regular church attendance.

7. I will not put off going to Sundayschool and League.

8. I will not put off giving to God's cause till I have more money.

9. I will not put off helping at home.

I will not put off helping at home.
 I will not put off studying my lessons.

11. I will not put off keeping myself neat and clean. 12. I will not put off till to-marrow

12. I will not put off till to-morrow what I ought to do to-day.

There are a dozen good resolutions for

There are a dozen good resolutions for us all to make. To postpone any of them is very likely to leave it undone altogether. If we get into the habit of keeping things in their place, we will have an orderly life. If not, everything will be in disorder and confusion very soon. And remember, "If at first you don't succeed, try, try again." Say "Good-night" to 1903 with the resolution to greet 1904 with a bright, smilling, and happy "Good-morning."

Jan. 3rd.—"A New Year's Gift." 2 Cor. 8! 5; 9. 15.

God's gift to us-Christ. Our gift to Him—ourselves. New Year's Day is sometimes called our Lord's Name Day, because, reckoning both days, as the Jews did, He was eight days old on New Year's Day, and then He was called "Jesus. Let us make this first New Year's meeting a study of the names given to our Lord. Dr. Crafts, in a beautiful talk to juniors, says: "The first name you will find that was given to the Saviour was that which God spoke to Adam and Eve when He called Jesus "the seed of the woman," so they might know that Jesus would be born as a little babe that might win the love of children. One of the other names that was given to of the other halles that was a cut of the Saviour was this, "A star out of Jacob," a name that was given Him by the prophet Balaam. That was to show "A star out of men that, as the star sheds light into the darkness, so Jesus would bring joy and forgiveness to sad and sinful hearts of men. Moses called Jesus "our brother" when he said, "A prophet shall the Lord raise up unto you from your brethren like unto me;" "Him shall ye hear." This tells us that Jesus is like a big brother, who loves us very much, and is wise enough to teach us and guide us, and strong enough to protect us against those who would do us harm. David called Jesus a king, because all over the world the hearts of men and women and children would learn to love Jesus, and then to obey Him as their Isaiah called the Saviour by many beautiful names. He said, "His name shall be called Wonderful," because of the wonderful words Jesus would speak. and the wonderful works Jesus would speak, and the wonderful works He would do. And he said He would also be called "Counsellor," because when people did not know what was best to do they would come to the words of Jesus in the Bible, and learn there just what ought to be done. And Isalah said Jesus would also be called "Mighty God," because God would live in His soul in such a wonderful way that He could still th wonderful way that he could still the storms upon the sea, and make a little bread enough to feed a great multifude, and could heal people who were sick in a moment, and raise to life those who in a moment, and raise to life those wino were dead. And Isalah said Jesus would be called "The Everlasting Father," because as a father pitieth his children so Jesus would pity the hearts of men. So Malachi called Jesus "a refiner and purifier of silver," because as the refiner takes the silver when it has come out the providing all regions of the momentains all region with lead of the momentains all regions which is the momentain all regions which is the second of the momentain all regions which is the momentain all regions and the momentain all regions are the momentain all regin of the mountains all mixed with lead and rock and dirt, and gets all these impurities out of it to make it pure and precious silver, so Jesus would drive badness out of the hearts of those that loved Him, and make them pure and precious in the sight of God, so that He

would rejoice over them as the woman rejoiced that found the lost piece of sil-ver. John the Baptist called Jesus a "Lamb," because He would be gentle as a lamb, and as the lambs were killed upon the altars so Jesus would die upon the cross that men might be forgiven. Peter often called Jesus "the Christ"a word which means anointed—because when a man was made king precious ointment was poured upon his head, and filled the room with fragrance. when we speak of Jesus as Christ it means that He is a king. James called Jesus the "Lord of Glory," because He is Lord of all the angels in heaven, a well as of the people on the earth John called Jesus the "Son of God," be cause long before the world was made Jesus was with the Father as His only Son, and by Him God made the worlds Paul usually called the Saviour "our Lord Jesus Christ." He calls Him by that name ten times in ten verses of one of his letters.

Junior Anniversary.

The Junior Epworth League of C.E. at Durham held an anniversary rally on the evening of November 9th. It was a success in every way, and parents and friends interested in the training of the young for Christian service have abundant reason for gratification. To see and hear a programme one hour and a half in length rendered without any break or failure from start to finish, and all managed by the juniors themselves, showed capability not only to receive, but to carry out and apply instruction. The Junior League was plainly evidenced to be a school by its methods.

struction. In a similar league was plantly evidenced to be a school by its methods. The president, Master Stanley McMally made an excellent chairman and with clear voice and distinct the second of t

and the Bible hero.

The opening chorus, "Welcome to our Junior League," was a much more difficult piece of music than is generally selected for such occasions, but the ninety juniors maintained their reputation already established for time, tone, and expression. The pause and staccato effects were admirable. The rendering of "Lead me every day," as an illustration of reverence in prayer and praise, was sweetly effective, as with uplitted hands and upturned faces they prayed in song for guidance every day.

A fine programme of readings, songs, etc., made up a most enjoyable evening.

Oban Juniors

Miss Ida King, superintendent of the Junior League at Oban, on the Camlachie Circuit, sends the following interesting report of work done by her society:

Our plan of work is about the same as was reported last year. We are making the Bible our chief book of study—learning of Jesus. Our boys and girls are earnestly striving to send the dear old Gospel to those who have it not. This year our aim was to raise thirty dollars for the Forward Movement, so each member was given talent-money, the small sum of ten cents, to invest as he or she desired. This to be collected and reported at our Thanksgiving services. Imagine the grand surprise the superintendent received when collecting the reports and money. The three dollars which had been distributed last spring had grown to \$29.30 Some had

worked pretty hard. The report was very interesting. At the close of meeting, a kind gentleman in the audience gave seventy-five cents, which gave us a title clear "thirty dollars," with five cents to apply on next year's work. So we were a very happy band. One of our juniors made as high as two dollars. The Oban juniors are greatly interested Our Junior League in mission work. in mission work. Our futino League was organized some three years ago by Rev. R. L. Wilson, amid unpromising surroundings—only five present when it was organized, but this League, by the guidance and blessing of God, has grown to twenty-seven in numbers, and has given \$90 to the Missionary Forward Movement, besides doing some little things for the home church, and it is a country League. This year they have memorized some two hundred Bible verses, and kept the pulpit adorned with beautiful flowers, which were distributed to the aged and sick ones of our commun-They also took great delight in studying the Bible questions that Rev. Bartlett conducted in The Epworth Era. wish he would continue them. God's blessing and prosperity has at tended our efforts, and while our hearts rejoice with joy unspeakable, we also are stimulated to press onward with renewed vigor and determination.

Supplementary Studies

A valuable course of thirty-five lessons for the use of juniors in studying the life of Christ has been prepared under the direction of the General Epworth League Board of the M.E. Church of the United States. This course has been heartily approved by our own General Board, and is commended to all junior superintendents as affording a opportunity of giving the juniors systematic study between meetings. The plan is to "do a little every day," and in the progress of the year cover the Gospel record of the life of our Lord. Each study is laid out for seven days, and a little is assigned for each day. The general division of the life is made The general division of the fift is made under four parts, viz., (1) Preparation;
(2) Public Work; (3) Training Work;
(4) Atoning Work. The treatment is so simple that a junior of ten may understand, and yet so full that an adult student may gain an adequate know-ledge of the life in detail. We strongly advise our workers to secure and introduce the course. The book is neatly bound in cloth, contains 220 pages, and may be secured for 50 cents postpaid, by writing to Rev. A. C. Crews, Wesley Buildings, Toronto.

Mother's Tears.

When Cyrus Hamlin was a small boy head seven cents given him by his mother to celebrate Muster Day. The money was for gingerbread, buns, etc. "Perhaps, Cyrus," said she, "you will put a cent or two into the missionary contribution box at Mrs. Farrar's."

As he trudged along he began to ask. "Shall I drop in one cent or two?" I wish she had not said "one or two." He decided on two. Then conscience said, "What, five cents for your stomach and two for the heathen! five for gingerbread and two for souls!" So he said four for gingerbread and three for souls. But presently he felt it must be three for gingerbread and four for souls.

When he came to the box he dumped in the whole seven, to have no more bother about it. When he went home, hungry as a bear, he explained to his mother his unreasonable hunger; and, smilling through tears, she gave him a royal bowl of bread and milk. And he pathetically asks, "What was the meaning of mother's tears?"