## SUNDAY SCHOOL

# The Quiet Hour

YOUNG PEOPLE

#### TEMPERANCE LESSON.

By Rev. C. MacKinnon, D.D.

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All things are not Exp. lient, v. 23.
"I am out of patience with that boy," wrote a father to the head master of the school to which he nad sent his son, who still continued to distress him with his dissipated habits. Fr. was somewhat surprised by the questions the head master asked, in rebut, and had to acknowledge that he himself was a moderate drinker, and that his father and his wife's father had also been drinkers. Yes, it was all too true. There were the fac's and it was impossible to evade the consequences. It may seen lawful enough to fally with the wine cup, if it is not used to excess, but is it expedient, for the sake of those who are to come after?

Let No Man Seek Ilis own v. 2b.—The store was filled up with groceries in the front, and a bar room in the rear. The proprietor said, "Come back and have a glass." When the foaming liquor was drawn, little Wille, five years old, looked by and asked, "Papa, what are you driaking?" The father evaded the question. But going out of the store, and again as they walked down the street, the little fellow persisted in his inquiry, nttil the unhappy man exclained. I would give anything in the world if your disk that act back. I go a freid it will have a bad influence on may poor little boy." Every act is a seed, and the keen, bright eyes or children are are older may well be very careful what they do.

The Earth is the Lori's v. 26 -- The

a special invitation to attend one of ner-private theatricals. The sergican hes-itated, and then asked if ner Majesty would graciously allow him to de-cline, for the theatre had been a snape to him in the past. The good Queen, who always admired moral conviction in those about her, was pleased to ch-serve the conscientious scriples of the sergeant, and afterward sent him a mark of her royal favor. The eye a mark of her royal favor. The eye of One greater than any curthly sov-ereign is upon us. May we ever seek by a consistent life to merit His ap-

proval.

My Liberty, v. 29.—On the lawn was a goat, tethered by a rope to a stake. Why was he not at liberty? Why was the rope not cut and the goat allowed to do as he pleased? Because he would

gnaw the bark of the young trees, trample down the garden beds and pull up the strawberry plants by the roots.

gnaw the bark of the young trees, trample down the garden beds and pull up the strawberry plants by the rocts. Yet the cellie dog was tethered by no rope; for he had learned obedience, and so had earned his liberty. When once we have become willing to obey God, He permits us the glorous liberty of His children. It is surery a small price to pay for a great privilege. If we will not pay the price, will not be His children, then He restrains us by the severe restrictions of His law and the threats of His judgment.

That They May be Saved, v. 22—This is the testimony of a young halfbred Indian as to the indicance of the saloon in his town: "It spoils the place for everybody except the drinking fellows. My brother began to hang around that saloon. His wife teld him to quit, or she'd leave, One night he came home and she wasn't there. She had gone to another town where they fight the saloons hard. He followed her, and they won't come lack any more." Why should harmless citizens be driven from their own town, town town town town town town to avoid temptation? Why not abcilish more." Why should harmless citizens be driven from their own town, to avoid temptation? Why not abclish the evil, and save them where they are?

#### CHRIST'S LOVE FOR US.

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This gem is found in "Christ's Service of Love," by Dr. Hugh Black:—"Christ's love does not depend on our faith but our faith depends on his love. Our service depends on his love. Our service depends on his love, also. We need to feed our faith there if we are to serve him at all. If any man serve me, let him follow me. The way to serve is to be a disciple: to sit at his feet, to learn of him, to submit to him. Before we can do his work, we must drink of his spirit and let him teach us his secret. Before we can serve him, we must be humble enough to let him serve us. 'Behold,' said Thomas a Kempis, 'all things are thine which I have and whereby I serve thee. And yet contrariwise thou rather servest me than I thee.'

This is the root of our faith, the

"This is the root of our faith; the source of our strength, and the very heart of our communion—namely, that the Son of Man came not to be ministered unto, but to minister. There are other aspects of religion—the fight of faith, the witness to the truth, Christian service, and the whole issue in practice of Christian love, but this first, and last also, and this all the time, that our spiritual life depends utterly on Christ. Creep close to the warmth of his love; get near to the source of all your joy and service. Let the Son of Man minister to you, serve you with his own sweet courtesy." "This is the root of our faith,

#### KEEP COURAGE.

Many people are so afraid to die that they have never begun to live. But courage emancipates us and gives us to ourselves, that we may give ourselves freely and without fear to God. How sweet and clear and steady is the life into which this virtue enters day by day, not merely in those great flashes of excitement which come in the moments of crisis, but in the presence of the hourly perils, the continual conflicts. Not to tremble at the shadows which surround us, not to shrink from the foes who threaten us, not to hesitate and falter and stand despairing still among the perplexities and trials of our life, but to move steadily onward without fear, if only we can keep ourselves without reproach—surely that is what the psalmist meant by good courage and strength of heart, and it is a most comfortable, pleasant, peaceful, and happy virtue.—Henry van Dyke, in "The Friendly Year."

Eternity holds time's best, purified and perpetuated. It is a land of homes where there are no breakings up, and no uncongenial traits in any member of the household.

#### LIGHT FROM THE EAST.

By Rev. James Ross, D.D.

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Shambles — Now means only a slaughter house, but once it meant a bench or stall on which goods, and especially meats, were exposed for sale, and hence it was rightly used to denot: the provision market of Corinth, the open square frequented by cooks, fishermen, poutterers, and butchers for the display and sale of their wares. Parts of the meat offered to idols were the perquisite of the attendant, and when he had more than he could use, some of it would go to the market. Occasionally all the meat in the market was consecrated in the morning by a libation to some god, so none could be procured that had not been offered, at least technically, to idols.

Idols — Were representations of

Idols — Were representations of imaginary beings, and yet the sacrifices to them were really made to evil spirits. According to the belief of their worshippers, these gods were subject to an iron fate, they were liable to delusion, and reproached one another with folly and crime. Jupiter was cheated by his wife, was kept in ignorance of the events before Troy. He threaten his fellow delites with blows, and makes Olympus tremble representations Idols He threatens his fellow dettes with blows, and makes Olympus tremble when he shakes his locks in anger. The whole of them were full of envy and wrath, hatred and lust, they prompted men to crime, and provoked one another to lying and cruelty, per-jury and adultery.

#### DAILY BIBLE READINGS.

M.—Fathful prophets, 2 Kings 2:1-8.
T.—A faithful apostle, Acts 28:23-31.
W.—Wisdom, Prov. 3:1-17.
T.—Better days coming, Isa. 35:1-10.
F.—God's kingdom, Ps. 97:1-12.
S.—Objections to missions answered.

Acts 13:1-5.

### PRAYER.

Almighty God, how do they praise and sing Thy name and do Thy service evermore? We wonder, but we cannot tell. We long sometimes to be of their number even but for one moment, that we might return again and praise Thee on earth as they do in their loyalty! Yet may we be growing up toward all this by the grace of Thy Holy Spirit, becoming wiser purer, tenderer, more like Thyself at least in our love of holiness. Help us to grow in grace and in the knowns from foolish and vain notions cerning Thyself. Deliver us from the power of superstition, lest we forget how really to pray, and how truly to worship the threefold name. May we know Thee as a Father, King, mighty one, yet tenderer than a mother, morallove.

#### IRREVERENT.

One of our fellow editors in another One of our fellow editors in another church objects—very reasonably, we think—to the practice on the part of evangelists and pastors of injecting exhortations to "sing faster," or "slow-er," and of shouting "All sing," or even of interrupting the singling altogether and making the congregation repeat a verse. He believes, as we do, that this is inconsistent with the use of song as a part of the service of worship, and destroys reverence. Such proceedings might be proper in a musical reand destroys reverence. Such proceed-ings might be proper in a musical re-hearsal, but not in an evangelistic service. There it is as much out of place, says our editor friend, as it would be for some one in the congre-gation to exhort the preacher to "speak". louder" during prayer.—Western Christian Advocate.

\*S. S. Temperance Lesson, Sept, 26, 1909—1 Cor. 10:23-33. Commit to memory v. 24. Golden Text—Let every one cf us please his neighbor for his good to edification.—Romans 15; 2.