

We sacrifice to appearance, and deprive the poor laborer of a more nutritive bread, which he could buy cheaper, by following the practice of the roller method of grinding and the excessive bolting of flour.

Professor Arm. GAUTIER.

(“L'alimentation”).

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France wants to return to her integral bread. She is dying of the almost half century fraud that condemned her by surprise to white bread. She wants no more of it : Death to white bread !

Prof. Maurice LETULLE.

(Preface of “Pain naturel” of Monteuvis).

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I sincerely pity those individuals who during their whole lifetime persist blindly in eating white bread, for they fall little by little, without noticing it, into a physical and intellectual debility that will forcibly and fatally be reflected on their progeny.

Prof. TARNIER.

(Preface of the book “Le pain” of Galippe et Barré).

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Poor France, it is during the critical period of the high cost of living, when the highest ambition is to work for the welfare of the people, that in the name of an obsolete theory, laboratory savants and millers sacrifice to the vogue of white bread the health and vigor of thy children at the same time as, every year, 400 millions of thy national riches ; it is at such a period that in the name of progress they deprive you of the food that made the energy and the qualities of your race.

Dr. MONTEUVIS.

(“Pain naturel”).

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