

People in every walk of life are troubled. Have you a Backache? If you have it is the first sign that the kidneys are not working properly.

A neglected Backache leads to serious Kidney Trouble.

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"THE GREAT KIDNEY SPECIFIC." They cure all kinds of Kidney Troubles from Backache to Bright's Disease.

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Practical tests at Toronto and Ottawa Exhibitions showed that one pound of Hercules Fabric is almost six times as strong as one pound woven in any other way. The bed is also more resilient. Doesn't it stand to reason with this immense leverage in our favor that guaranteed

HERCULES **Spring Beds**

are far superior to others both in quality and value.

The sales of guaranteed Hercules Beds show an enormous increase in the past two years. It is as much to your interest as it is to ours that vou insist on your dealer supplying you with a guaranteed Hercules Spring Bed.

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DEPARTMENT

Monthly will send any pattern mentioned below on receipt of price at Order by number, stating size wanted, them Department, The Western Home Monthly, Winnipeg, Man.

6721-6722-A Utility Frock. When Mistress Fashion conceived the shirt waist she realized the acme of good st le and practicability. For general wear there is nothing to compare with the shirt waist dress, and here is a suggestion of smart style in a blouse of soft silk and a gored circular skirt. The waist owes much of its distinction to the plastron yoke, which may be stitched, piped or trimmed with another color. The sleeves may be in three-quarter or full length with a choice of two styles of cuff. The skirt is the latest guise of the circular model, lacking the only fault of the one-piece style, that of sagging, and possessing all of its virtues. It fits smoothly over the hips and hangs with increasing fulness to the lower edge. For the medium size 3½ yards of 27-inch goods are needed for the weight and 28 are needed for the waist and 3% yards

44 inches wide for the skirt. Two patterns: 6721—sizes, 32 to 42



inches bust measure; 6722-sizes, 20

to 32 inches waist.

The price of these patterns is 30c, but either will be sent upon receipt of 15 cents.

Special Offer—This pattern, with any

one other pattern in this issue, together with one year's subscription to The Western Home Monthly—all three for

4024—A Little Slip and Guimpe Dress.

Those who fashion little people's clothes appreciate the amount of labor involved in the garbing of little busybodies who are continually get-ting into dirt of some kind and must yet present a pleasing appearance all of the time. The little guimpe dress has been a favorite for some time, because it enables the small lady to be daintily clad in some soft white stuff next the face, while the frock proper consists of dark material which will not show soil. A guimpe is a small thing to launder, yet it gives the effect of a fresh dress every day. The small dress portrayed consists of a slip made of dark plaid, serge, and a guimpe of white lawn daintily tucked in yoke effect. The slip fastens in back or on the shoulders. It is finished at the waist with a narrow stitched belt. A novel idea for trimming consists in bands of plain or contrasting material which face the neck and armhole edges. The

design is a very practical one, as it is easily made and easy to keep clean. For the medium size the slip requires 21 yards of 36-inch goods, while the guimpe Jemands 11 yards.



4024-sizes, 5 to 12 years. Price,

15 cents. Special Offer-This pattern, with any one other pattern in this issue, together with one year's subscription to The Western Home Monthly, all three for

4751—A Boy's Sailor Blouse Suit.

The small boy's needs are always prominent to the mother who cares for his apparelling. This is often rather expensive if everything must be purchased ready made, so a suggestion for a small sailor blouse is given here. The shield is removable, so that if this is the first to become



soiled it may be replaced by a fresh The broad collar is of the long, one. graceful order, and bordered with another color or braid will be very fetching. The front of the blouse closes in Duchess manner. Cheviot would be excellent for this suit, while white flamed or serge might also serve. For the medium size 23 yards of 36-inch material are needed. 4751-sizes, 4 to 8 years. Price, 15

cents Special Offer-This pattern, with any one other pattern in this issue, together with one year's subscription to The Western Home Monthly-all three for

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J. F. Lavcheveque, Merchant, 491 Champlain St., Montreal.

Sworn before me J. U. PITT, N.P.

This needs no comment.

THE STRONG MAN

One of the indications of a strong man which has been recognized from time immemorial is an abundant growth of hair. It may not be clear at first how the hair on a man's head can effect his strength, but nothing is more certain than the fact that it makes a stronger personality. Physically, it may affect him chiefly as Nature's protection against cold and catarrh, but it also adds to his magnetism, and force of character. These are traits which are absolutely essential to success in life. Can you afford to be without them?

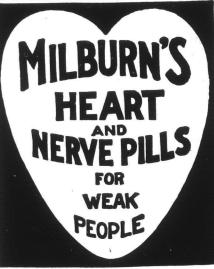
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