

## The Spectator.

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In colleges, especially, the use of slang words and phrases prevails; there, many are always ready to introduce them, and few are unwilling to employ them. Certainly, an exceptional and model institution would be that into which this obnoxious practice would be refused admittance; yet, while convinced of the truth of our assertion, we are sorry to say there is not, perhaps, a single educational institution in America where slang is a thing unheard of. In many it indeed "rules supreme." The less advanced students, nay often those on the threshold of graduation, appear to take special delight in expressing their thoughts through this absurd medium; and instead of increasing their vocabulary by stocking it with classic words, they cram it with all the slang extant. Indeed, slang has taken lately such a deep and firm root in our colleges that it seems impossible to eradicate it. Can it be banished from our halls? Certainly; by constant watchfulness and perseverance we can make it disappear. But for this the hearty co-operation of all is indispensable. Every student should bring and keep plainly before his mind the viciousness of the use of such vulgar language; and none should forget that under no form and no circumstance is it admissible to the circle of refined society. With this, then, before his mind, he should reject all slang and cant expressions, and endeavor to acquire so great a fund of purely English classical words that he may never be at a loss to find suitable and elegant terms in which he may clothe his thoughts.

That Canada does not receive her just quota of emigrants is admitted by all; but why is it thus? Why do some emigrants shun Canada altogether, while others soon after arriving here

leave us to fix their home in the United States? The principal causes of this state of affairs lie undeniably in the following facts: First, it is known that our form of Government is monarchical. Now, the emigrant considers not whether it is constitutional or absolute; in fact he little cares to be informed on this point. One thing, however, which may be deeply impressed upon his mind is that he is a voluntary exile from his native land, and he forgets not that the cause was the despotism of his ruler. With dread, then, and bitter hate of the very name *Monarchy*, he avoids Canada, and chooses as the land of his adoption the neighboring republic. Secondly, when immigrants arrive here, they are left to take care of themselves, and, strangers in the country, after staying but a short time, they hear of the great inducements offered to them by the United States, and embark for that country. There, as soon as they arrive, they are taken care of until employment is found for them, or till they are settled on farms. These, truly, are the primary causes why Canada is deprived of a share of the present emigration, and why she fails to keep what she does receive. The first shall, undoubtedly, be removed by time; the second can and should be attended to immediately.

The preservation of health is a most important duty. A sound mind in a sound body is something to be desired by all. Nothing is more conducive to health than out-door exercise. The student has many means of recreation in the open air, such as hand ball, skating, snow shoes, etc. While to those who do not indulge in these pastimes nothing is more beneficial or enjoyable than a brisk walk in the keen wintry air. The benefits accruing from out-door exercise can hardly be over-estimated. Sleep will be sounder and more refreshing; the brain will become clearer to grapple with those puzzling and intricate questions which the student must invariably meet in his studies; he will be happier and more contented; he will become more social and agreeable among his companions. Why do we so often see the pale, sallow cheek? Why are so many disinclined to study? Why do so many visit the infirmary? It is because exercise in the open air has been neglected. It is truly sad for one, having spent many years in college, to go forth from the walls of his alma mater with a shattered constitution. Yet this frequently happens. And this deplorable state can be attributed, not to overwork; but to lack of proper exercise. This question of health is one which concerns all,