



## "Eat Plenty of Fruit."

That's what the Doctors say when one is constipated. Because fruit acts on the liver, causing it to excrete bile which aids digestion and increases the peristaltic action of the bowels, thus prevents constipation. But eating fresh fruit alone, won't CURE. The laxative principle is too weak and in too small quantity.

# *Fruit-a-tives*

or Fruit Liver Tablets

are the tonic and laxative virtues of apples, oranges, figs and prunes, many times intensified—by our secret process of combining the juices—and made into tablets.

"Fruit-a-tives" act gently and naturally—tone up the liver—greatly increase the flow of bile—effectively cure Indigestion, Biliousness, Headache and Constipation—build up and strengthen the whole system.

At all druggists. 50c. a box.

Manufactured by  
**FRUITATIVES, Limited, OTTAWA.**