

the beggar. From the time when the indescribably entrancing repose following the use of opium occurs, may generally be dated the bondage to the drug, which eventuates in ruined mind, prostrated health and blasted hopes. The majority of morphine habitués take the drug, not because they want it, but to relieve the terrible sensations which attack them when they are without it, and they are thus forced deeper and deeper into a habit which they honestly detest, because they can see no way out of the dilemma into which they have plunged themselves by their habitual use of morphine to relieve nervousness.

There is probably no more terrible suffering than the complete exhaustion, the prostration of mind and body which these patients suffer. Such patients have a full consciousness of their position but are powerless to emancipate themselves from the opium habit. Their miseries and anguish are extreme, but in spite of all effort they find themselves forced back again into the habits.

These cases can be permanently cured by medical aid and systematic treatment. There are no patients with any disease who more require to be lifted up out from the depths of their suffering and are in greater necessity of careful nursing, consideration and attention.

*Treatment.*—The opium or morphine habit is a curable disease, and I only desire to know that an opium sufferer honestly desires a cure to assure him that this result can be accomplished. I know of no disease that yields a better percentage of cures to the proper treatment. Primarily, the patient must put himself under the necessary control and must, as I have said desire a cure himself.

The nervous system of most persons is too delicate to bear the shock of a total deprivation of the morphine at once. Grave nervous disorders follow such a course. In my own plan of treatment I employ a reductionary course of treatment keeping the patient's nervous system quiet with a combination of the bromides, gradually increasing the bromides as I decrease the morphia until on the tenth day after admission my patient is taking no morphia and has avoided all suffering and nervous prostration. For a tonic during this first period of treatment I use the Elixir of Gentian with the Tr Ferri Chlor. I generally combine the bromides of Ammonium and