

**Sparkles.**

"THE sky had on its full-dress shirt, with studs of golden stars," wrote a Denver poet.

It seems that the ocean steamers occasionally lose a baker overboard. They probably cannot get accustomed to the rolls of the ship.

"PAPA," said Bobby, sleepily, "Can I ask you one more question if it taint foolish?" "Ya-as, one more." "How much older is a ripe old age than a green old age?"

**OUR DAILY BREAD.**

Heavy and sour bread or biscuit have a vast influence through the digestive organs upon the measure of health we enjoy. How important to our present happiness and future usefulness the blessing of good health and a sound constitution are, we can only realize when we have lost them, and when it is too late to repair the damage. And yet, notwithstanding these facts, thousands of persons daily jeopardize not only their health, but their lives, and the healths and lives of others, by using articles in the preparation of their food the purity and healthfulness of which they know nothing. Perhaps a few cents may have been saved, or it may have been more convenient to obtain the articles used, and the housekeeper takes the responsibility and possibly will never know the mischief that has been wrought. Paterfamilias may have sp'ls of headache, Johnny may have lost his appetite, Susie may look pale; if so, the true cause is rarely suspected. The weather, the lack of outdoor air, or some other cause, is given, and the unwholesome poisonous system of adulterated food goes on. Next to the flour, which should be made of good, sound wheat and not ground too fine, the yeast or baking powder, which furnishes the rising properties, is of the greatest importance, and of the two we prefer baking powder, and always use the Royal, as we thereby retain the original properties of the wheat, no fermentation taking place. The action of the Royal Baking powder upon the dough is simply to swell it and form little cells through every part. These cells are filled with carbonic acid gas, which passes off during the process of baking.

The Royal is made from pure grape acid, and it is the action of this acid upon highly-carbonized bicarb-nate of soda that generates the gas alluded to; and these ingredients are so pure and so perfectly fitted, tested and adapted to each other, that the action is mild and permanent, and is continued during the whole time of baking, and no residue of poisonous ingredients remains to undermine the health, no heavy biscuits, nor sour bread, but if directions are followed every article prepared with the Royal Baking Powder will be found sweet and wholesome.

SHE: "You seem blue; have you lost a friend?" He: "No; I have just gained one. I asked Miss Clara if she would be my wife and she said, 'No, but I'll be your friend.'"

HOSTESS: "What has become of Sandy Smith, who stood so high in your class?" Alumnus: "Oh! he's taken orders some time." "He's in the ministry, then?" "No, in a restaurant."

A WISE PRECAUTION.—During the summer and fall people are liable to sudden attacks of bowel complaints, and with no prompt remedy or medical aid at hand, life may be in danger. Those whose experience has given them wisdom always keep Dr. Fowler's Extract of Wild Strawberry at hand for prompt relief, and a physician is seldom required.

A BOSTON paper says that a wedding was recently celebrated in that city in which both bride and groom were deaf mutes. The newly-wedded pair are no doubt un-speakably happy.

**ADVICE TO MEN.**

During the next few weeks if you can find some business to transact at a distance from home it will save you the unpleasantness of seeing your houses in confusion and your meals spread on the mantle-shelf, and will also give your wives an opportunity of surprising you with one of Jolliffe's New Parlour or Bedroom Suites in point of cost.

CLARA (Bobby's big sister): "I heard father call you a little while ago." Bobby: "Did he say Robert or Bobby?" Clara: "He said Robert." Bobby (with a serious look in his eyes): "Then I guess I had better see what he wants."

**Horsford's Acid Phosphate.**

**In Debility from Overwork.**

Dr. G. W. COLLINS, Tipton, Ind., says: "I used it in nervous debility brought on by overwork in warm weather, with good results."

**Brantford Ladies' College.**

(PRESBYTERIAN.)

The Thirteenth Session of this College will open on Wednesday, the 1st September, 1886.

The number of resident students received is limited, thus affording an opportunity of personal oversight and special attention to the young ladies in all matters appertaining to their social and religious life in the College.

The attention of parents and guardians, who have daughters or wards to educate away from home, is called to the record of this institution, and to the special advantages offered:

1. The thoroughness and high standard of the educational work accomplished. 2. The special qualifications of the teachers in their respective departments. 3. The special advantages offered in French conversation; no less than three of the staff are able to converse freely in French. 4. The healthful location and the beauty of the surroundings. 5. The religious influences thrown around the young ladies whilst prosecuting their education during a very important period of life.

**THE MUSIC DEPARTMENT** is under the able direction of PROFESSOR GARRETT. Instruction is given on the Organ, Piano and Violin. Special attention to *voice culture*. **THE ART DEPARTMENT** continues under the management of the well-known artist, PROFESSOR MARTIN.

**ELOCUTION**.—Special prominence given to the study of *Elocution*. Send for the new Calendar, which contains important announcements of changes, in college terms, in staff, and in the special inducements offered in the Music and Art Department.

T. M. MACINTYRE, LL.B., Ph.D., Principal.

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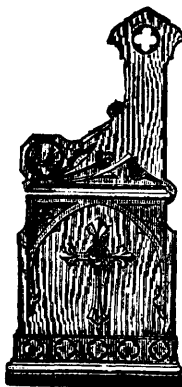
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