

THE HOME

WE'VE ALWAYS BEEN PROVIDED FOR.

The following cheerful and pleasing verses, have been found among some miscellaneous poems belonging to the nineties. The author is not known.

"Good wife, what are you singing for?
You know we've lost the hay;
And what we'll do with horses and
kyle is more than I can say;
While, like as not, with storm and
rain, we'll lose both corn and
wheat."
She looked up with a pleasant face,
and answered low and sweet:
"There is a Heart, there is a Hand,
we feel but cannot see;
We've always been provided for, and
we shall always be."

He turned around with sudden gloom
She said: "Love be at rest;
You cut the grass worked soon and
late;
You did your very best.
That was your work; you've naught
at all to do with wind and rain
And do not doubt but you will reap
rich fields of golden grain;
For there is a Heart and there's a Hand,
we feel, but cannot see;
We've always been provided for, and
we shall always be."

"That's live a woman's reasoning; we
must because we must."
She softly said: "I reason not; I only
work and trust.
The harvest may redeem the hay;
Keep heart, what'er betide;
When one door shuts, I've always
seen another opens wide.
There is a Heart, there is a Hand,
we feel but cannot see;
We've always been provided for, and
we shall always be."

He kissed the calm and tranquil face;
gone was his restless pain.
She heard him with a cheerful step go
whistling down the lane.
And went about her household tasks
with a glad content,
Singing to time her busy hands, and
as to and fro they went:
"There is a Heart, there is a Hand,
we feel but cannot see;
We've always been provided for, and
we shall always be."

Days come and go—'t was Christmas-
tide,
and the great fire burned
clear,
The farmer said: "Dear wife, it's been
a good and happy year;
The fruit was gain, the surplus corn
has bought the hay, you know."
She lifted, then a smiling face, and
said: "I told you so,
There is a Heart, there is a Hand,
we feel, but cannot see;
We've always been provided for, and
we shall always be."

DOLLAR-A-WEEK FOOD.

(Boston Traveller)
Food is expensive enough, as every-
body knows; and yet it's possible to live
inexpensively if one is willing to dis-
pens with porterhouse steaks, im-
ported endive salad and costly
pastries.

Two students have lived for two
years at a cost of less than one dol-
lar a week, and waxed fat on their
diet. Here is what they ate in six
months and the prices paid:

2 1/2 dozen cans baked beans	\$2.27
1 1/2 dozen boxes patent food	2.10
8 cans condensed milk	.79
101 pounds dates	3.92
10 pounds raw peanuts	.60
3 quarts cottonseed oil	.55
Bread, butter and extras	11.79
Total	\$22.02

One of these men was suffering from
tuberculosis when they started their
hard-times diet. He has gained in
weight and is much improved, there-
by demonstrating the nourishing qual-
ity of the food.

There are doubtless people who
would not thrive on such fare, and
possibly the men trying it will tire
of it after a while. But the lesson
is plain. We pay most of our food
money for expensive things that we
don't need. Desirable as it may be to
cut down the middleman's profit, it
seems also desirable to get back to
simpler fare.

I know not where His islands lie
Their fronted palms in air;
I only know I cannot drift
Beyond His love and care.—Whittier

KEEP UP WITH YOUR WORK

Following excellent advice is by an
unnamed writer in a contemporary
abreast of his work, that is to say,
who does not allow his work to "get
behind." The world would indeed go
forward much more pleasantly if every
man or woman who has a certain
task to perform each day would never
permit his or her work to lag or
accumulate until it must finally be
pushed through imperfectly, or at the
inconvenience of others who are
prompt in doing each stroke of work
at the right moment.

"The foremost enemies to prompt
work are 'putting off' unwisely, lack
of concentration, indecision. The
remedies are simple, always at hand
and powerful. For the first robber
habit the worker should get the
'strong hold' on his work by doing
that which is most difficult first. In-
stead of putting off the hard problem
and putting around with the easy
task which looms up like a high stone
wall across the path, go at the hard
job vigorously, stick to it, get it
done.

"If one wakes fairly early in the
morning and then lies in bed a half
hour putting off the 'get-up' let him
break that habit at the peep of day
and start it with a sense of victory.
This self-conquest will help much to
win out against all the other 'put-
ting off' temptations which may arise dur-
ing the working hours that follow.

"As to the two other thieves of
success—lack of concentration and
indecision—break the first by doing
one thing at a time. Take it up, con-
sider it, do it—avoiding the habit
of going part way on a piece of
work and then permitting some other
task to claim attention, out of its
proper order.

"For indecision: Cultivate careful
consideration followed by 'yes' or 'no'
'go' or 'stay'—something to the point.
It is really better to arrive at a
wrong decision at first trial (and
thereby learn what not to do) than to
dilly-dally along without deciding
anything.

NEW WAIST EFFECTS.

The postilion back and the basque
of the time of our grandmothers come
into being again in the newest of the
season's waists and blouses.
Even upon the separate waist, these
appear, and after the first gasp, one
must grant that they are really pret-
ty.

The sleeveless jacket, so popular in
the time of our grandmothers, has a-
gain made its appearance. It is made
in most instances, from changeable
taffetas, indeed, what is not, this
year? One which I saw in a leading
ladies' furnishing store, had a braided
design around the edge of the tun-
ic and down the front, as well as a-
round the armholes. This pretty con-
cept was worn with a handsome link
cric gown.

LUNCHEON DISH.

Few realize the possibilities of the
fish left over, and many never even
try to utilize it. An appetizing and
economical luncheon may be made
from the bits of any kind of fish, as
follows: Flake the fish and add to it
a few crackers rolled fine, one level
tablespoonful of butter, a dash of
cayenne, salt to suit, one egg beaten
light, one teaspoonful of minced cel-
ery, and one-half tablespoonful of
minced parsley. Moisten with milk
or water sufficiently to form a loaf;
place in a shallow pan and put thin
slices of bacon or salt pork over the
top of the loaf. Bake in a hot oven
for twenty or thirty minutes, accord-
ing to the thickness of the loaf.
Serve with creamed potatoes and a
fish of green peppers.

NOVEL COLLAR.

One of the novelties seen in a
Broadway shop is a collar of fine
Irish crochet brought to a long point
between the shoulders, and terminat-
ed with a long, heavy tassel of
thread sheathed in a tube of Irish
crochet. This smart collar is to use
with a suit coat, giving the light
touch which seems to be required up-
on even the most heavy garments this
season.

Churchill Advocates More Unity

Expresses Hope That Irishmen Will Concentrate for Home Rule.

(Canadian Press Cable)
London, March 2.—Winston Church-
ill, president at a dinner of the
Eighty Club last night in honor of
John Redmond, in referring to Ire-
land's long struggle for home rule,
said that Mr. Redmond and the lib-
eral party after this long pilgrimage
had reached the threshold of success.
It was of the highest importance
that all Irishmen who had fought for
the home rule cause should stand to-
gether. It would be an embarras-
ment and a source of perplexity to
many of those good will and support
might be won throughout the length
and breadth of England if there ap-
peared to be among ardent home
rule rulers friction, which to outsiders,
it might appear could easily be removed.
"We hope at this supreme moment
in the fortunes of the Irish and Brit-
ish peoples," said Mr. Churchill,
"that Ireland will speak with a united
voice and that we shall find the
Irish representatives in the house of
commons will give us united support
in the exertions which the govern-
ment will not hesitate to make to
carry the home rule bill into law."
Mr. Redmond, acknowledging Mr.
Churchill's views, said the miserable
and shameful character, altogether
unnecessary and unchristian, of the
misunderstanding and ill-will between
members in Ireland was almost if
not entirely at an end.

TRAGEDY OF THE PYRENEES

Huge Rock Rolls Down Mountain, De-
stroys Church and Kills Priest at Altar.

Paris, March 1st.—The village of
Cabanes, in the Arize, situated on
one of the rocky butresses of the
Pyrenees, was the scene of a terrible
tragedy the other day. Early in the
morning the great rock known as the
"Rock of the Virgin," which stood
sentinel like above the village, tore
itself away from the hillside and
thundered down the hill. Its path
took it straight to the village church
where there ten or fifteen tons of
rugged granite were not to be held
back by moultering walls of fifteenth
century masonry.

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AUTO FACTORY FOR ST. JOHNS.

St. John March 4—It is learned on the very best authority that it is practically certain that a large automobile manufacturing industry, employing probably five hundred hands, will be started this summer on the Gilbert site, which was recently acquired by prominent local men. There will be considerable local capital in the new venture and the car to be manufactured is one of the best known in America.

Progress in Russia.

The new buildings now being constructed in Russian cities are usually from four to five stories high and are divided into single apartments for either business or residence purposes. The old system of heating by means of porcelain stoves has been entirely abandoned, steam or hot water being generally adopted. Most of the houses are provided with electric elevators, and much care is devoted to sanitation.

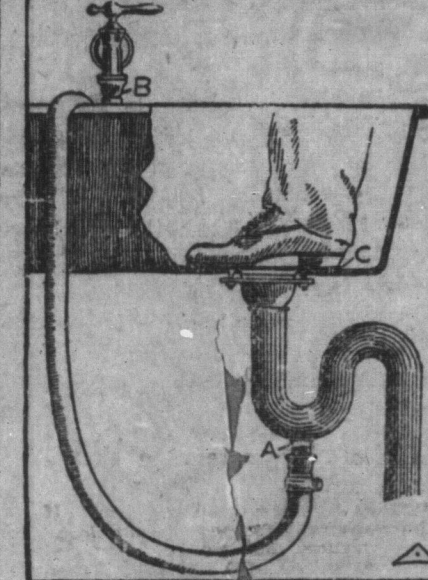
Minard's Liment cures Distemper.

Looks like ever' thing in the world comes right if we jest wait long enough.—Mrs. Wiggs.

TO CLEAN SINK PIPES.

Simple Method of Removing Clogging Obstructions.

Sink pipes often become clogged with refuse and are hard to clean without the proper plumbing tools. The device shown in the accompanying sketch will do the work quite nicely and can be rigged up by any one, says Popular Mechanics. Connect a hose pipe from the brass clean-out cap A to the faucet B, as shown. Place a sheet of rubber, C, and a block of



wood over the strainer. By standing on the block of wood to hold in the water and turning on the city pressure at the faucet the obstruction can be easily washed out. If the hose can be attached to a hot water faucet the flow of the hot water will wash out all grease that may have accumulated.

THE TEXAN CATTABU.

Cross Between American Cattle and the Sacred Zebu of India.

Six years ago Secretary Wilson of the department of agriculture found in Texas a grade of so called Brahma cattle. Inquiring into their origin, he found that they were the offspring of a zebu bull (the sacred cattle of India) which had been purchased from a circus and liberated in southern Texas. Secretary Wilson found that the Brahma cattle were remarkably free from disease and the thirftiest cattle in all the region, that the dreaded Texas tick did not attack them and that they took quite naturally to the marshes of the gulf coast and thrived where the American and European breeds degenerated and died.

The secretary of agriculture encouraged A. P. Borden, who had great cattle interests in Wharton county, Tex., to import from India a sufficient number of the sacred cattle to make a thorough experiment as to their adaptability and value. In 1906 a consignment of twenty-five head, mostly bulls, were landed and taken to the Pierce ranch in Wharton county. There they have since thrived and multiplied.

The zebu crossed with the American cattle has produced a new creature styled the cattabu, a name derived from its two parents. The cattabu is as immune from the Texas tick, as is its sire. Its skin secretes a sort of wax which is distasteful to the tick. The cattabu also takes naturally to the marshes of the gulf coast. It is believed that the creature will make possible the utilization of a great amount of waste land.

Ozone Treatment of Water.

Our consul at Nice, France, has recently reported on the new system of sterilization adopted by that city for its drinking water. The water is sterilized by the use of ozone, which is produced in an ozone generator. The generator consists of copper plates between which are glass sheets, and the air between the plates is decomposed by a silent discharge at 17,000 volts pressure. The decomposed air is drawn by suction fans through a purifier, which eliminates the nitrogenous compounds, and thereafter the ozone is conducted to a chamber into which the water flows. The water passes through a layer of gravel on a wire netting and falls into the chamber in the form of a heavy rain. The ozone absorbed by the water is thereafter extracted by having the water fall on stone steps. The water is then absolutely free of germs. There are two plants at Nice, one with an output of forty gallons per second and the other with an output of eighty gallons.

Why Balloons Are Yellow.

Perhaps it is rather late in aero-
nautics to explain why the gas and hot air balloons alike should be yellow. But a scientist just now explains that only yellow pigment is adapted to the balloon covering for the reason that the textile fabric of the bag must be made air and water tight by a coating of nontoxic. This substance is disintegrated rapidly under the violet and ultra violet rays of the sun unless the yellow pigment of the bag absorbs them. Chromate of lead, which is used in France, and aniline yellow, used in Germany, are proving unsatisfactory, however, and the balloonists are asking the chemists for a new and better yellow for the purpose.

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IS OUR MOTTO

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GOOD Printing at moderate rates suits our customers.

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ing of a splendid orchard, good hay
farm. Plenty of wood and water, good
buildings.
Part of purchase money can remain
on mortgage if desired.
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Clarence, Jan'y. 29th, 3 mos.

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young orchard yielding 700 to 1000
barrels of apples. A good hard-wood
lot attached. Two good pastures.
Has a good house and barn.
Apply to the owner,
T. A. NEILLY,
Bridgetown, Jan'y. 29th, t.f.

FOR SALE.
The subscriber offers for sale that
valuable farm known as the Col.
Starratt farm at Paradise. Conven-
ient to school, church, and stores.
For further particulars apply to
G. N. BANKS.
Paradise, Feby. 29th.

FARM FOR SALE.
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acres of orchard, plenty pasture and
wood-land, comfortable buildings.
For particulars apply to
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Lawrencetown, Feby. 5th, 3 mos.

IMPORTANT NOTICE

According to the postal law now
in force newspaper publishers can
hold for fraud anyone who takes a
paper from the post office and re-
fuses payment, and the man who al-
lows subscriptions to remain unpaid
and then orders a postmaster to send
notification of discontinuance to the
publishers lays himself liable to ar-
rest and fine. Postmasters are also
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