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Residence—Front st., one block east of Main st.

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Phone 13. Watford, Ontario.  
Office—Main st. Residence—Ontario street, east.  
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LOOK AT YOUR LABEL

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Quickly Relieved By Short Treatment With "FRUIT-A-TIVES"



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"I am writing to tell you that I owe my life to 'Fruit-a-tives'. This fruit medicine relieved me when I had given up all hope of recovering my health.

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"I read about 'Fruit-a-tives' and I tried them. After I had taken a few boxes, I was entirely relieved of the Kidney Trouble, and Dyspepsia, and had gained in strength.

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News your friends forget to write to you; news about the folks you are interested in; the current history of your native town; it is all in Your Home Town Paper. Subscribe today.

The statement that each person in Canada receives some twenty-five letters a year was the cause of some trouble to the Postmaster General. An old lady wrote complaining that during the past twelve months she had received only twenty-two and would like him to search for the others at once.

### STRENGTH AND HEALTH

Red Blood, Vim, Vigor, Vitality Follow This Advice

Niagara Falls, Ont.—"As my parents have used Dr. Pierce's remedies with such wonderful and quick results I take great pleasure in sending a good word to boost the cause of 'Freedom from Illness.' I have used the Golden Medical Discovery at times for the past three years. Am a pressman by occupation and the labor is quite fatiguing and injurious to the system. But today business has no drawback for me. Three cheers for Dr. Pierce's 'Discovery'!"—William H. Dempsey, Jr., 32 Bridge St.

As soon as you begin to take this "Discovery" you begin to feel its bracing, appetizing effect. Buy of your neighborhood drug store in tablets and liquid, or send 10c to Dr. Pierce's Laboratory in Bridgeburg, Ont; for trial pkg. tablets and write for free medical advice.

### AFTER GRIP

Colds, Fevers or a Rundown Condition, Take This Advice  
Pleasantville, N. S.—"Four years ago I was a very sick woman. The doctor said it was pneumonia. It kept me in bed for five weeks and left me so weak that I could hardly get about. A dear friend advised me to try Dr. Pierce's remedies and I did so. After taking a bottle of the Golden Medical Discovery and one of the Favorite Prescription I found I was getting so much stronger that I continued using them, together with Dr. Pierce's Pleasant Pellets, until I fully recovered my strength."—Mrs. Agnes Brunell.

### CHANDRY FARM

Shorthorn Cattle, Lincoln Sheep  
Silver Grey Dorkings  
Black Leghorns

An extra good "Roan Lady" bull calf, good enough for any pure bred herd and priced right, also 1 ram 3 years old, 4 shearlings, and a number of lambs, both sexes. Now is the time to invest in a few sheep. Can spare a few nice cockerels.

ED. DE GEX

KERWOOD ONTARIO

### CANADIAN EGGS AND CHEESE IN GREAT BRITAIN

Interesting information regarding the exhibit of Ontario produce at the recent Dairy Show at London, England, has lately been received by the Colonization and Immigration Branch of the Provincial Department of Agriculture, from Mr. William C. Noxon, agent-general for Ontario in London. The Dairy Show, which is organized by the British Dairy Farmers' Association, is the largest and most important agricultural show of its kind held in England.

As has already been reported, Ontario achieved a signal triumph in the cheese classes. Mr. Noxon says that it was very interesting to see the Ontario cheese on exhibition, and also on the competition bench. The Ontario consignment was badly knocked about in transit; many of the cheese boxes were broken, and the cheese was placed on the competition benches without any preparation whatever. Nearly all the other Overseas entries had been scraped and cleaned, and even polished with wax, while the Ontario cheese was very rough in comparison. The four Ontario cheeses which gained the first prize were matured to a green tint on the outside, and stood out in contrast to the highly polished cheeses from South Africa and Australia. However, so superior was the quality of the Ontario cheese (and, of course quality is everything in cheese), that the judges had no hesitation in awarding all the prizes to the entries from Ontario.

In addition to the competitions, Ontario had a very fine stand on which was exhibited a representative collection of Ontario farm products. The only other stand to compare with it was the South African stand which is always of a very elaborate and ambitious nature, and had cost some thousands of dollars. However, the Ontario stand did not suffer in the comparisons, because, while South Africa confined its exhibit to bacon, cheese, butter and eggs, Ontario had a very much wider selection of products.

Great interest was taken by provision men in the exhibit of Ontario eggs. An expert stated these eggs were worth 30s. per hundred, which is roughly 86 cents a dozen wholesale. It was also admitted by men in the import business that the Ontario cases and the packing were exactly right. There is no doubt that Ontario could build up a fine trade in eggs in Great Britain if there was a sufficient surplus of eggs to keep up a constant export. This is where the big exporters to the British market like Australia and South Africa, secure individual shipments from these countries are seldom less than a thousand cases, and they arrive practically every week and are immediately disposed of.

Mr. Noxon would like to point out to Ontario farmers who are interested in the exports of Ontario products that the thousands of cases of eggs which regularly arrive in London and other British ports from Denmark, South Africa, Australia and New Zealand, are all surplus eggs. It often happens that the city consumer in these countries is paying more for his eggs than the Londoner who buys the eggs in England. At first sight the Colonial consumer might consider this a grievance, but with regard to eggs and butter the farmers in Australia and South Africa have long been educated to the fact that they cannot hope to dispose of all their products in their own countries, and that if they attempted to do so their market would be glutted, and great quantities of their perishable products would not find a consumer at all. They know that in the British market a surplus is readily disposed of to wholesalers who compete keenly for supplies. If Ontario wishes to build up a market for eggs in Great Britain it could be done, provided that the quality was maintained at a high standard, until it was possible to buy Ontario eggs on the reputation of the brand alone. However, the big men in the trade in England wish to handle large quantities, and before such a trade could be satisfactorily built up there would have to be a large surplus for export available over at least the greater portion of the year. It is in the winter time that the prices for eggs in England are at their highest.

### HALL'S CATARRH MEDICINE

Those who are in a "run down" condition will notice that Catarrh bothers them much more than when they are in good health. This fact proves that while Catarrh is a local disease, it is greatly influenced by constitutional conditions. HALL'S CATARRH MEDICINE is a tonic and Blood Purifier, and acts through the blood upon the mucous surfaces of the body, thus reducing the inflammation and restoring normal conditions.

LOOK AT YOUR LABEL

Is your subscription paid in advance?

### FARMER FINED FOR SHOOTING GRAIN-DESTROYING SQUIRRELS

Milton, Ont.—The sequel to the wholesale slaughter of black and grey squirrels in the bush near Evergreen Cemetery was the summoning of William Main, of Trafalgar Township, to County Police Magistrate Shield's court at Oakville, where he was first fined \$50 and costs. When Mr. Main explained that the squirrels had eaten holes into his granary and done a lot of damage to his grain, the magistrate reduced the fine to \$30 and costs which totalled \$49.

As the result of the game inspector or of Chatham granting farmers permission to shoot the squirrels in that district on account of the wholesale destruction done to their grain by them, Mr. Main will likely ask the provincial game warden or the department to refund the fine imposed on him, as he claims he killed the squirrels to save his crop, the same as the farmers of Kent County are doing with the permission of the game inspector.

**A Corrector of Pulmonary troubles**  
—Many testimonials could be presented showing the great efficacy of Dr. Thomas' Electric Oil in curing disorders of the respiratory processes but the best testimonial is experience and the Oil is recommended to all who suffer from these disorders with the certainty that they will find relief. It will allay inflammation in the bronchial tubes.

### PROTECTION OF PLANTS FOR THE WINTER

A little protection will often bring plants safely through the winter, when, if they are left exposed, they may either be killed outright or badly injured and, in the case of fruit, the crop may be much reduced. Plants are also protected from mice in winter. The plants usually protected from the weather are strawberries, raspberries, grapes and roses.

**Strawberries**  
It has been found by experience that although strawberries will often grow safely through the winter without being mulched there are winters when it pays well to have the plants protected by a light mulch as in such winters if the mulch is not there the plants will be killed. In mulching strawberries the plan is to wait until hard frost or just before winter sets in, and then spread a light covering of loose straw over the plants. All that is necessary in most places is enough to prevent sudden thawing and freezing, or just enough to cover the plants. A thick mulch may do more harm than good. The cleaner the straw the less work there will be in eradicating weeds next summer. Marsh hay, where it can be obtained, is good as it is comparatively free of weed seeds and it will not lie too compactly over the plants.

**Raspberries**  
Where raspberries are injured in the winter, they will be much protected and will, taking one year with another, come through much better if the canes are bent over just before winter sets in and the tips held down with soil. The snow will cover them sooner than if they are not bent down. Where there is very little snow and the winters are very cold it has been found desirable entirely to cover the canes with soil.

**Grapes**  
Except in districts where the grape can be grown commercially, it is necessary to protect the vines to insure a crop. A few days before the ground is expected to freeze up, the vines, having been previously pruned are bent down and covered with soil, which is left on until the following May as it is spring frosts which may cause the loss of the crop.

**Roses**  
Roses must be protected in most places in Canada to help ensure their coming through the winter alive, and protection is not always successful. The most reliable method of protection is to cover the plant with soil. Where this is not easy or possible, the base of the plant can be mounded up with soil to a height of twelve inches or more, and the top then bent over and held down with soil. Then if boughs of leaves are thrown over the top to help collect the snow and give greater protection it is desirable. In the case of climbing roses, a good plan is to cover them with a box filled with dry leaves, making the top water tight so the leaves will keep dry.

**Keep Mice Away**  
Each winter many trees are injured beyond recovery in Canada by mice. This can be prevented by wrapping the trunks of the trees with building paper just before winter sets in, having the paper come close to the ground and putting a little earth about the lower end of the paper so they will not get at the tree from below. Mice will not usually eat through the paper and, as in most cases they are close to the ground, the paper need not be more than eighteen inches to two feet high. The paper should be tied after wrapping so that it will not come off.

## OF INTEREST TO WOMEN

This is a Short Letter, But It Proves the Reliability of Lydia E. Pinkham's Vegetable Compound.

Bothwell, Ont.—"I was weak and run down, had no appetite and was nervous. The nurse who took care of me told me to try Lydia E. Pinkham's Vegetable Compound, and now I am getting strong, irritable, recommend your medicine to my friends, and you may use my testimonial."—Mrs. W. J. Brady, R. R. 2, Bothwell, Ont.

The reason why Lydia E. Pinkham's Vegetable Compound is so successful in overcoming woman's ills is because it contains the tonic, strengthening properties of good old-fashioned roots and herbs, which act on the female organism. Women from all parts of the country are continually testifying to its strengthening, beneficial influence, and as it contains no narcotics or harmful drugs it is a safe medicine for women.

If you want special advice write Lydia E. Pinkham Medicine Co. (confidential), Lynn, Mass. Your letter will be opened, read, and answered by women only.

## How Many Women

with sensitive skins, but what dread another Canadian winter? Yet chapped hands, chilblains, cold-sores and frost-bites are readily overcome by Zam-Buk. This famous balm keeps the skin smooth, healthy and flexible under most trying conditions. Zam-Buk's pure herbal essences are so highly refined that the pores and tissues absorb them readily. They take out smarting pain and irritation instantly, heal roughness and soreness, and prevent eczema and blood-poisoning.

Miss B. Stojas, of East Hansford, N.S., writes:—"My hands bled and became so painfully chapped that I dare not put them in water. Zam-Buk caused smarting pain and soreness to quickly disappear and I continued to use it until my hands were thoroughly healed."

Miss A. Lepard, of Beaverdale, Ont., writes:—"Where other remedies all failed, Zam-Buk soon rid me of chilblains. It speedily ended the itching irritation, drew out the inflammation and healed perfectly." Also splendid in eczema, ulcers, abscesses, piles, poisoned wounds, cuts, burns and scalds. 50c., all dealers.

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