WOMAN COULD NOT WALK

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She Was So Ill-Restored to Health by Lydia E. Pinkham's Vegetable Compound.

Pentwater, Mich. - "A year ago I was very weak and the doctor said I had a



in a chair or walk across the floor and I was in severe pain all the time. I felt discouraged as I had taken everything I could think of and was no better. I

began taking Lydia E. Pinkham's Vegetable Compound and now I am strong and healthy."-Mrs. ALICE DARLING, R.F.D. No. 2, Box 77, Pentwater, Mich.

Read What Another Woman says:

Peoria, Ill.-"I had such backaches that I could hardly stand on my feet. I would feel like crying out lots of times, and had such a heavy feeling in my right side. I had such terrible dull headaches every day and they would make me feel so drowsy and sleepy all the time, yet I could not sleep at night.

"After I had taken Lydia E. Pinkham's Vegetable Compound a week I began to improve. My backache was less and that heavy feeling in my side went away. I continued to take the Compound and am cured.

"You may publish this if you wish." -Miss CLARA L. GAUWITZ, R.R. No. 4, Box 62, Peoria, Ill.

Such letters prove the value of Lydia E. Pinkham's Vegetable Compound for woman's ills. Why don't you try it?

## Guide=Advocate

Watford, Ont. PUBLISUED EVERY FRIDAY.

advance to the United States. \$1,50 in ADVERTISING RATES.

One Year \$65 in 38 Half Year \$38 22 12 822 12 Shorter periods 12 cents per running inch.

Advertissrs will be allowed a change of matter every two weeks. Weekly changes can be had at a slight extra cost. Copy of change must be in printer's hands by Tuesday afternoon. LKGAL ADVERTISING -- First insertion per line, 10 cents; subsequent insertions 4 cents each time per line. Agate measure 14 lines to the inch bosinsmes CARDS-One inch and under, per year 65.00.

so.00, Aucrioners Carbs-35 00 a year. Locais-100, per line each insertion. Miminus pharge 25 cents. Advartisements without specific directions will b beerted till forbid and charged

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HARRIS & CO. PROPRIETORS

## impossibility by this system, which generation the man who haunts the

has been subjected to severe test. Spectacles with big round-eye glasses and heavy tortois shell frames

are quite the fashion now for both nen and women. They originated in Europe and the first ones imported

The great men of the past are honliaments and other prominent public

positions. The real bramy, thinking and aggressive man has no show when it comes to a popular vote.

Patronize Local Stores

Few people ever stop to consider what kind of a world this would be to live in if there were no local stores. Yet some of our people persist in the policy of buying in other cities as far as they can or by mail order. If they want a paltry spool of thread or a box of matches or some other trifle they buy it at home and sometimes there is a margin of profit, then the order goes away.

If the policy of buying away from ome were to become more general, many lines of goods now kept here could not be stocked. The public would suffer a distant inconvenience and the first ones to object would be those who now buy away from home. On the contrary if everyone bought all possible in their home town, many lines of goods would be improved and new ones added, thus making it possible to trade with the least ex-

penditure of time.

Deafness Cannot be Cured

by local applications, as they cannot reach the diseased portion of the ear. There is only one way to cure deafness, There is only one way to cure deafness, and that is by constitutional remedies. Deafness is caused by an inflamed con-dition of the mucous liming of the Eustachian Tube. When this tube is inflamed you have a rumbling sound or imperfect bearing, and when it is en-tirely closed, Deafness is the result, and unless the inflammation can be taken out and this tube restored to its normal

booze cafe and irrigates himself all day will earn but little praise or pay through such an occupation. Schools and the Home

A teacher out in Oregon has hit to this country came from Vienna upon a novel plan of bringing the about five years ago. They sprang school in closer touch with the home. into popularity at once and the fad His scheme is to give credit for inspread gradually westward. At first dustrial work done at home. He they were looked upon with disfavor works it out by crediting the pupils as an affection that was a little too pronounced and those who were bold enough to wear them in public were stared at and even laughed at. But gradually the fashion spread all over the country until now many optic-ians carry a large stock of them. works it out by crediting the pupils with work done according to a pre-arranged schedule. The boy who builds the fire in the morning is credited with 5 minutes; milking a. cow, 5 minutes; splitting and tarrying in wood (12 hours' supply), 10 minutes; gathering eggs, 10 min-10 minutes ; gathering eggs, 10 min-

utes ; cleaning horse, 10 minutes ; The great men of the past are hon-ored and worshipped today, although girl is credited with are : Blacking when they were on earth the masses the stove, 5 minutes; making and crucified and persecuted them. If baking bread, 1 hour; making bisthe stove, 5 minutes ; making and you would lead a peaceful life do not cuits, 10 minutes ; preparing breakget ahead of the masses, for just as soon as you run ahead of the human washing and wiping dishes (1 meal) procession the rocks will be thrown 15 minutes ; sweeping the floor, 5 at you. That is why we find so minutes : making beds, (must be many dubs in our legislatures, par-made after school), each bed, 5 minutes ; arriving at school with clean hands, face, teeth and nails, and with hair combed, 10 minutes ; re-

tiring on or before 9 o'clock, 5 minutes, with a number of other credits. covering the whole list of work that may be done by boys or girls on the

farm. As a further incentive to the boys and girls to do home work, contests are held, and those having the most credits receive prizes. When a pupil has 600 credits he would be granted a holiday, but no oftener than one in 20 days. The parents send in slips each day what work the children have done. The effect even demand delivery. But if it is a question of something on which ness on the part of the pupils to do the different kinds of work. Children that before needed urging to help now become eager to do the work. It has developed a new interest in school and has brought the home and the school closer together.

Another effect it should have, too, is to remove the impression that many have of the modern school, that it weans the boys and girls away from work.

## THE WESTERN FAIR September 5th to 13th

The Western Fair of London, Ontario will this year without doubt surpass any-thing ever before attempted by the Associthing ever before attempted by the Associ-ation. For months past preparations have been going quietly on for the great Exhi-bition, and when the time arrives it will be found that everything is in first-class condition. Enquiries of all kinds are coming into the general offices and the indications are that the buildings, al-though enlarged this year, will be filled to overflowing. The space in the Main Building is already about allotted. It is expected that the Agricultural and Horticultural Buildings will be crowded, as the Fruit exhibits from the different





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HARRIS & CO. PROPRIETORS.

WATFORD, AUGUST 8, 1913.

NOTE AND COMMENT.

The Scottish temperance bill which marks an enormous advance in British temperance legislation, is now before the British House of Lords. The bill limits the time for licenses to eight years ; there must be a poll of 35 per cent. of the electors on a no license vote, and the majority necessary for the adoption of no license is 55 per cent. of those voting.

of booze for reg'lars and milishy-The washable bank note has, arwho in a speech both terse and brisk rived in England. Mrs. Ernest Hart has turned the key upon the whisky, has invented a system of waterproof- and suelched these gentlemen wh ing which is equally applicable to silk | frisk about on rye and vichy ! weighing one-half ounce to the Sam he up and said, "Methinks that square yard, and to heavy canvasses | from this date there'll be a jinks weighing two pounds to the square yard. When applied to cinemato-keep themselves in pickle; while I hold yard. When applied to cinemato-graph screens clearer pictures are shown. When the process is applied to airship covers, they are made im-pervious to hydrogen and to the to airship covers, they are made im-pervious to hydrogen and to the your bottom nickel! Our army is pervious to hydrogen and to the weather, and further, they are in-visible in the air. Ropes and haws-ers, it is said, can be made unwett-able and unspringable, and would float. Bank notes could be washed' plain that no man with a fuddled able and unspringable, and would millions; but yet the fact is very float. Bank notes could be washed' plain that no man with a fuddled and disinfected and forgery made an brain can properly instruct and train our soldier-boy civilians. No officer



condition, hearing will be destroyed forever; nine cases out of ten are caused as the Fruit exhibits from the different counties will be quite large and very attractive. The Women's Institute throughout Middlesex County will no doubt make a very attractive display in by Catarrh, which is nothing but an inflamed condition of the mucqus sur-

We will give One Hundred Dollars for any case of Deafness (caused by catarth) that cannot be cured by Hall's Catarth Cure. Send for circulars free. F. J. CHENEY & CO., Toledo, O.

Sold by Druggists, 75c. Take Hall's Family Pills for constipa-

Sam Hughes

their competition, Prize lists, entry forms and informa-tion of all kinds regarding the Exhibition will be given on application to the Secretary, A. M. Hunt, General offices,

Room 302 Dominion Savings Building, London, Ontario.

## The Simple Man

You never heard him boasting loud, His name is seldom in the press, He never tries to sway a crowd, (By Sherwood Hart.) He doesn't talk about success Let's raise a cheer for Samuel He doesn't think that wealth and fame Are all that really are worth while, Nor crave the popular acclaim Before he'll condescend to smile. Hughes, who had the spunk to state his views with force upon the theme

He merely goes along his way, And daily does the best he can, And those who know him learn some day The greatness of the simple man.

Fo The case with which corns' and warts can be removed by Holloway's Corn Cure is its strongest recommendations. It seldom fails. m

have fixed the following dates for the fairs of that circuit :

terminator has ranked as the most effec-tive preparation manufactured, and it always maintains its reputation. m

who soaks up gin can like a soldier wag his chin and lead his men Last week the neighbors and friends of Chas. Clark, ith line, Bosanquet, raised by subscription about \$300 towards the erection of a new barn, to replace the one which was burned down on July 18th. IT WILL PREVENT ULCERATED THROAT.—At the first symptoms of sore throat, which presages ulceration and through thick and thin-that notion is exploded. The chap who can't eschew strong drink will put his chances on the blink—I warn him

which was burned down on July 13th. Near Mitchell a farmer's dog which was lyingon the road, was run over and killed by an auto. The farmer asked for damages for the loss of his dog, but it was shown to him that the car had the right-of-way, and if the machine or its occupants had been injured he would have had to settle. throat, which presages ulceration and sugar to it parts a spoonful of Dr. Thomas' Eclectric Oil. Add a little sugar to it to make it palatable. It will all y the irritation and prevent the nlceration and swelling that are so pain-ful. Those who were periodically sub-immune to attack, m with all his views-in this our have had to settle.



Out Regardless of Cost

best and simplest cleaning agent. The Western District Fair Association

Thomas Baker, an employee of the Pe-stitches.

choosing sites for sixteen mail boxes, which are to be placed at different points throughout the town, Mr. Ross, the government official who looks after the work, stated that he would recommend Strathroy has a tax rate of 25 mills for work, stated that he would recommend to the department the necessity of alter-ing the inside of the post office and making it more in keeping with the size and importance of Petrolia. It is likely that the encire interior will be rebuilt and new boxes and drawers installed.

> FOR FLETCHER'S CASTORIA

Thomas Baker, an employee of the re-trolia Wagon Works Company, was struck on the head on Saturday afternoon by some gearing, which fell on him and gashed his right temple. The wound necessitated D1. Calder putting in several

When in Petrolia a few weeks ago

Children Cry