

ONCHITIS SUFFERER
Druggist's Advice With Splendid Result.
You should know the worth of it over his counter every week, and is in a position to what remedy gives the best...

Keeping the Body in Repair
Nature intended that the body should do its own repairing—and it would do so were it not for the fact that most of us live other than a natural life.
Nature didn't intend that we should wear corsets, tight collars or shoes, nor live in badly ventilated and draughty houses...

THE LIVING ROOM.
An Artistic Decorative Treatment For This Apartment.
While a certain simplicity should be maintained in living room furnishings, as in the rest of the rooms in the house, there is more liberty for the use of pictures and other ornamentation...

always permissible in sickness. A neat rival to this was one made of half an eggshell, the trimming painted on.
The making of paper flowers, little May baskets or valentines will appeal to some children, while pasting the old fashioned scrap book is an obsolete joy that the child convalescent loves.

Scissors in the Kitchen.
A pair of scissors are of great help in the kitchen, yet few housewives will buy them on purpose to hang among the strainers and slicers and all the other shining artillery in which they take pride...

In preparing vegetables they are incomparable. Try them in cutting the roots from spinach, trimming rusty lettuce leaves, shaping flowerlets of cauliflower and cutting up asparagus. Fish may be trimmed ready for cooking in the minimum of time by their aid.

Don't Lay Hairpins on Top of Telephone.
In the current issue of Farm and Fireside a telephone expert, writing an article on the construction and use of telephones in rural districts, says:

"Don't use the instrument for a shelf, and above all don't put hairpins or other metals on top of it. I have more than once driven a long road in winter to pick a hairpin or a handful of hairpins off an instrument which they were short circuiting out of business."

\$100 Reward, \$100.

The readers of this paper will be pleased to learn that there is at least one dreaded disease that science has been able to cure in all its stages, and that is Catarrh. Hall's Catarrh Cure is the only positive cure now known to the medical fraternity. Catarrh being a constitutional disease, requires a constitutional treatment. Hall's Catarrh Cure is taken internally, acting directly upon the blood and mucous surfaces of the system, thereby destroying the foundation of the disease, and giving the patient strength by building up the constitution and assisting nature in doing its work...

Something Coming to a Boy
King Solomon's views on the training of the young are still publicly professed in Anglo India, if we may judge from the following advertisement lately appearing in The Pioneer of Allahabad:

"Wanted, a nurse, a strong, God fearing Scotch woman capable of teaching the Shorter catechism, with a working knowledge of the business side of a slipper to look after a boy aged 5, who is endowed with a double dose of original sin. Apply, stating salary required, to L 394 Pioneer Press."

DREAD OF ASTHMA makes countless thousands miserable. Night after night the attacks return and even when brief respite is given the mind is still in torment from continual anticipation. Dr. J. D. Kellogg's Asthma Remedy changes all this. Relief comes, and at once, while future attacks are warded off, leaving the afflicted one in a state of peace and happiness he once believed he could never enjoy. Inexpensive and sold almost everywhere.

FOR CONSTIPATION
A Medicine that Does Not Cost Anything Unless Cured.
The active medicinal ingredients of Rexall Orderlies, which is odorless, tasteless and colorless, is an entirely new discovery. Combined with other extremely valuable ingredients, it forms a perfect bowel regulator, intestinal invigorator and strengthener. Rexall Orderlies are eaten like candy and are notable for their agreeableness to the palate and gentleness of action. They do not cause griping or any disagreeable effect or inconvenience.

SHILOH
quickly stops coughs, cures colds, and heals the throat and lungs. 25 cents.

Watford Flour Mills
We have the following brands of Flour always in stock and can give you close prices on any quantity.
SUNRISE, First Patent from Manitoba wheat
FIVE ROSE do do do
ROYAL HOUSEHOLD do do do
HORTON do do do
HARVEST QUEEN, 2nd Pat. from Man. wheat
GOLD DUST do do do
RED ROSE, High Grade Blended Flour
NEW ERA, Special Pastry Flour
Get our Prices. They will surprise you. Telephone or leave your order. It will receive prompt attention.
C. B. MATTHEWS & SON.
MILLERS AND FEED MERCHANTS

TRENOUTH & CO.
DEALERS IN
Flour, Oat Meal, Corn Meal, Wheat Kernells, Flaked Wheat and Barley. All Kinds of Feed, Grain, Seeds and Poultry Food
We carry the following makes of Flour, which are giving the BEST OF SATISFACTION:
Five Roses, Harvest Queen, Mitchell's Best, All made from MANITOBA WHEAT.
Mitchell's Pride of the West, a Blended Flour.
Lambert & Son's Gold Dust, a Blended Flour.
Mustard & Son's Eldorado, a Blended Flour.
Pastry Flour, Low Grade Flour, Bran and Shorts made by the above named millers and at close prices.

Bring Your Contracts for Houses, Churches, Barns, Sheds, Verandahs, Etc., to
Watford's Planing Mills
Price Lower Than the Lowest.

Use CYPRESS LUMBER
Recognized as the Leading Lumber of the day.
We Buy Direct From the Largest Mills in the Country, and Can Save You the Middlemen's Profits.
CEDAR POSTS—A Fine Assortment.
Chopping. Coal. Electric Light
Established 1870
GEO. CHAMBERS.

NOTHING BUT THE BEST
Sewing Machines, Mason & Risch Pianos, Gramophones, String Instruments, Music Books and Sheet Music, New Line Curtain Stretchers
A full stock of Edison Records kept in stock and new ones received each month as they are issued. Repairs kept in stock for all kinds of String Instruments. Several Second-hand Sewing Machines in stock that will be sold cheap.
Comfort, Elegance, Durability, and Value are features that our goods are noted for.
Give us a Call and let us see what we can do for you.

HARPER BROS.
Fine Furniture. Phone 31. Funeral Directors

vell's Bakery
First-class Material. A Thorough Knowledge and Personal Attention.
WHY OUR GOODS ARE GAINING NEW CUSTOMERS FOR US.
Wedding Cakes will equal any city style.
SOCIETIES.

WATFORD GRANITE AND MARBLE WORKS
All the Latest Designs in MONUMENTS, HEAD STONES, MARKERS, Etc.
ORDERS PROMPTLY EXECUTED.
E. GALLAHAN, Prop., Watford - Ontario

SOLACE AT OUR EXPENSE
MONEY BACK FOR ANY CASE OF NEURALGIA, MIGRAINE, OR HEADACHE THAT SOLACE FAILS TO REMOVE.
SOLACE REMEDY is a recent medical discovery of three German Scientists that dissolves acid crystals and purifies the blood. It is to take, and will not affect the weakest child.
Guaranteed under the Pure Food and Drug Law to be absolutely free from opiates or any other drugs of any description. SOLACE is a pure specific in every way, and has been proved beyond question to be the surest, quickest remedy for Migraine, Neuralgia, Rheumatism, and all other ailments of a medical nature, no matter how long standing. It reaches and removes the cause of trouble (Uric Acid) and purifies the blood. SOLACE CO. of Battle Creek are the U. S. Agents and have thousands of testimonials from grateful people SOLACE has restored to health. Testimonials, literature and FREE sample sent upon request.
Lee Morris, President of the First National of Chicago, Texas, wrote the Solace Company how he wanted you to send a box of Solace to my father, Memphis, Tenn., for which I enclose \$1.00. The remedy has been used by some friends of mine here and I must say its action was wonderful.
(Signed) R. L. Morris.
Put up in 25c, 50c, and \$1.00 bottles.
IT'S MIGHTY FINE TO BE WELL AND CAN SOON BE SO BY TAKING SOLACE. Special Treatment Schemes or Fees. JUST ACE ALONE does the work. WRITE TO DAY THE FREE BOX, etc.
SOLACE REMEDY CO., BATTLE CREEK, MICH. 5-10

Asthma Catarrh
WHOOPING COUGHS SPASMODIC CROUP BRONCHITIS COUGHS COLDS
Vapo-Cresolene
ESTABLISHED 1878
A simple, safe and effective treatment for bronchial troubles, without dosing the stomach with drugs. Used with success for thirty years.
The air carrying the antiseptic vapor, inspired with every breath, makes breathing easy, soothes the sore throat, and stops the Cough, assuring peaceful nights. Cresolene is invaluable to mothers with young children. It is a BOON to sufferers from Asthma. Send us postal for descriptive booklet.
ALL DRUGGISTS.
Try CRESOLENE ANTIHISTIC THROAT TABLETS for the irritated throat. They are almost effective and antiseptic. Of your druggist or from us. No. in stamps.
Vapo-Cresolene Co.
322 Central St., N.Y.
Looming Mills Building Montreal, Can.

MEDICAL.

JAMES NEWELL, PH. B., M.D.
L. R. C. P., M. B., M. A., England
Watford, Ont.
OFFICE—Main St., next door to Merchants Bank. Residence—Front Street, one block east from Main Street.

R. G. KELLY, M.D.
Watford, Ont.
OFFICE—MAIN STREET, formerly occupied by Dr. McLeay. Residence Front St. East.

THOS. A. BRANDON, M. D., WATFORD, ONT.
FORMERLY OF BARNIA GENERAL HOSPITAL and Western Hospital of Toronto.
OFFICE—Main Street, in office formerly occupied by Dr. Gibson.

DENTAL.

GEORGE HICKS, D.D.S., TRINITY UNIVERSITY, L.D.S., ROYAL College of Dental Surgeons, Post graduate in Bridges and Crown work, Orthodontia and Forcible work. The best methods employed to preserve the natural teeth.
OFFICE—Over Thompson's Confectionery, MAIN ST., WATFORD.
At Queen's Hotel, Arkona, 1st and 3rd Thursdays of each month.

G. N. HOWDEN, D.D.S., L.D.S.
GRADUATE of the Royal College of Dental Surgeons, Ontario, and of the University of Toronto. Only the Latest and Most Approved Appliances and Methods used. Special attention to Crowns and Bridge Work. Office—Over Dr. Kelly's Surgery, MAIN STREET, WATFORD.

Veterinary Surgeon.
J. MCGILLICUDDY
Veterinary Surgeon, HONOR GRADUATE ONTARIO VETERINARY College, Dentiary a Specialty. All diseases of Domestic Animals treated on scientific principles. Office—One floor south of the Guide-Advocate office. Residence—Main Street, one door north of Dr. Brandon's office.

GRAND TRUNK RAILWAY SYSTEM
TIME TABLE.
Trains leave Watford Station as follows:
GOING WEST
Accommodation, 27 8 44 a.m.
Accommodation, 29 2 45 a.m.
Chicago Express, 5 9 27 p.m.
GOING EAST
Ontario Limited, 46 7 46 a.m.
Accommodation, 28 12 03 p.m.
New York Express, 2 3 00 p.m.
Accommodation, 30 5 16 p.m.
C. VAL, Agent Watford

STAGE LINES.

WATFORD AND WARWICK STAGE LEAVES
Watford Village every morning except Sunday, leaving Watford at 11:30 a. m., returning leaves Watford at 3:45 p. m. Passengers and freight conveyed on reasonable terms. C. BARNES, Prop.
WATFORD AND ARKONA STAGE LEAVES
Arkona at 7:45 a. m., Wisbeach at 8:45 a. m., returning leaves Watford at 3:45 p. m. Passengers and freight conveyed on reasonable terms.—WILLIAM EVANS Prop.

OUR CLUBBING LIST.

THE GUIDE-ADVOCATE AND
Family Herald and Weekly Star with premium \$1 85
Weekly Mail-Empire with premium 1 85
Weekly Farmers Sun 1 85
Weekly London Free Press 1 85
Weekly Globe 1 85
Northern Messenger 1 40
Weekly Montreal Witness 1 85
Hamilton Spectator 1 85
Weekly Farmer's Advocate 2 35
Daily News 2 50
Daily Star 2 50
Daily World 4 00
Mail and Empire 4 00
Morning London Free Press 4 00
Evening London Free Press 3 00
Daily London Advertiser 3 00